

# WELLNESS CARE PLAN

At the Sacramento Cat Hospital, we recommend that our patients follow an ongoing wellness care plan, including regular physical exams plus routine care such as vaccinations, dental disease prevention, and parasite control. Remember, one year in your cat's life is equivalent to 5–6 years for you. Regular wellness care will help keep your kitty happy and healthy through all stages of his or her life.

## Less Than 1 Year of Age

1. Routine physical exams while growing
2. Initial vaccinations and boosters
3. Spay or neuter
4. Feline Leukemia (FeLV), Feline AIDS (FIV), and heartworm tests
5. Stool analysis and deworming medication
6. Start regular dental care program: brushing teeth, dental chews
7. Feed a good-quality kitten or growth formula diet

## 1 to 3 Years of Age

1. Physical examination every 6 months
2. Annual vaccinations
3. Baseline blood panel and urinalysis
4. Feline Leukemia and Feline AIDS test (if cat is at high risk or has never been tested); heartworm test
5. Dental cleanings, as needed
6. Feed a good-quality adult maintenance diet
7. Annual stool analysis to check for intestinal parasites

## 4 to 6 Years of Age

1. Physical examination every 6 months (especially to evaluate for dental disease)
2. Annual vaccinations
3. Feline Leukemia and Feline AIDS test (if cat is at high risk or has never been tested); heartworm test
4. Feed a good-quality adult maintenance diet
5. Dental cleanings, as needed
6. Annual comparative blood panel and urinalysis
7. Baseline thyroid assessment
8. Baseline blood pressure check
9. Annual stool analysis to check for intestinal parasites

## 7 to 10 Years of Age

1. Physical examination every 6 months (especially to evaluate for dental disease)
2. Annual vaccinations
3. Feline Leukemia and Feline AIDS test (if cat is at high risk or has never been tested); heartworm test
4. Feed a good-quality senior or geriatric diet
5. Dental cleanings, as needed
6. Annual comparative blood panel, urinalysis, and thyroid assessment
7. Blood pressure check
8. Baseline thoracic (chest) and abdominal radiographs (x-rays)
9. Annual stool analysis to check for intestinal parasites

## 10 to 12 Years of Age

1. Physical examination every 6 months (especially to evaluate for metabolic disease)
2. Annual vaccinations
3. Feline Leukemia and Feline AIDS test (if cat is at high risk or has never been tested); heartworm test
4. Feed a good-quality senior or geriatric diet
5. Dental cleanings, as needed
6. Annual comparative blood panel, urinalysis, and thyroid assessment
7. Blood pressure check
8. Annual stool analysis to check for intestinal parasites

## 12 to 15 Years of Age

1. Physical examination every 6 months (especially to evaluate for metabolic disease)
2. Annual vaccinations
3. Feline Leukemia and Feline AIDS test (if cat is at high risk or has never been tested); heartworm test
4. Feed a good-quality senior or geriatric diet

5. Dental cleanings, as needed
6. Annual comparative blood panel, urinalysis, and thyroid assessment
7. Blood pressure check
8. Comparative thoracic (chest) and abdominal radiographs (x-rays)
9. Annual stool analysis to check for intestinal parasites

## Greater than 15 Years of Age

1. Physical examination every 6 months (especially to evaluate for metabolic disease)
2. Annual vaccinations
3. Feline Leukemia and Feline AIDS test (if cat is at high risk or has never been tested); heartworm test
4. Feed a good-quality senior or geriatric diet
5. Dental cleanings, as needed
6. Annual comparative blood panel, urinalysis, and thyroid assessment
7. Blood pressure check
8. Comparative thoracic (chest) and abdominal radiographs (x-rays)
9. Annual stool analysis to check for intestinal parasites



For more information about our recommended wellness care plan, please speak with one of our doctors.