

# Lypossage®

## *What is Lypossage®?*

Lypossage® is an outcome based, non-invasive body contouring treatment that may help with temporarily diminishing the look of Cellulite. It also improves elasticity and skin tone around the face, neck and upper arms. Lypossage® is a healthy, research based treatment based on Complex Physical Therapy for Lymphedema and Myofascial Massage. Lypossage® Body Contouring Massage is delivered by a Licensed Massage Therapist, known as a Lypotherapist. In addition to being a hand's-on treatment, your Lypotherapist may also incorporate the use of The G5® Cellutec Massage Machine, with specific protocols unique to Lypossage®. For optimum result Lypossage® can also be combined with lymphatic massage techniques and LypoSlim® Wraps.

THE ALL NATURAL WAY TO A BEAUTIFUL BODY

## WHY DO I HAVE CELLULITE, LUMPS AND BULGES?

The exact mechanism is unknown in the look of cellulite. There is some evidence that the fatty tissue can become engorged due natural & other external causes such as over eating, lack of exercise & engineered foods. This may cause the "dippled" look of cellulite. Lymph Congestion can also cause swelling.

## HOW DOES IT WORK AND IS IT SAFE?

Lypossage® helps move stalled lymphatic fluid (Lymphoedema) that can create the lumps and bulges we know as figure imbalance & contribute to the "look" of cellulite. The deeper Lypossage® strokes smooth out uneven appearance of cellulite. Lypossage® also tones the muscles by lifting and firming sagging tissue.

## WHERE DOES THIS TECHNIQUE COME FROM?

The treatment is a specific blend of massage modalities that derive from physical therapy, including deep lymphatic drainage and myofascial techniques. The treatment was created by Charles W. Wiltsie III, LMT, an internationally recognized massage therapy educator and practitioner. After conducted a year long study of 100 female subjects, that documented the effectiveness of the technique, his re-search was published in Massage and Bodywork Magazine in 1999. The study demonstrated measurable results that included an average inch loss per thigh of almost 1 & 1/2 inches.

## WHAT PARTS OF THE BODY RESPOND TO LYPOSSAGE®?

Lypossage® is performed on the lower body, including the buttocks, hip, thighs and lower abdomen, as well as the upper body, including the arms, and the face, neck and head. Lypossage® has some of its most dramatic effects on areas prone to sagging, such as the lower face and neck, as well as the buttocks, bust & upper thighs.

## HOW DO I GET STARTED?

Schedule a private consultation today with a Certified Lypotherapist! We are ready to host you today at Black Bella Spa.

