



VIEW THE GLASS HALF FULL COACHING

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Our philosophy at View The Glass Half Full Coaching is rooted in the belief that every individual possesses unique talents and a purpose in life. We understand that most people require encouragement, motivation, and guidance to fully embrace a prosperous and fulfilling life. Our role as coaches is to inspire and empower others to reframe their actions and adopt a positive perspective through thoughts and words.

Through our coaching services, clients become intentional about improving the direction of their lives. We support them in breaking old habits, making positive declarations, taking action, speaking life-changing words and changing their perspective. It is important to note that our job as coaches is not to provide the answers, but rather to guide clients in developing the necessary skills to find solutions to the challenges they face. Similar to an athletic coach, we believe that clients already possess the talent and skills needed for success, and our role is to help them utilize those skills in the best possible way. By changing your perspective, you can change your life.

Our mission at View The Glass Half Full Coaching is to provide high-quality coaching that helps our clients lead intentional, focused, and positive lives. We achieve this by:

- Collaborating with our clients to create individualized plans to achieve their goals.
- Setting goals and establishing accountability with our clients.
- Respecting, inspiring, listening to, and encouraging our clients.
- Motivating our clients to embrace a positive mindset.
- Assisting our clients in identifying and replacing destructive habits with positive changes.
- Operating with integrity in a judgment-free, caring, and biblically based manner.

Our vision is to empower our clients to live lives filled with positivity, shaped by their thoughts and the words they speak to themselves and others, as well as the actions they take.

We believe in transparency and want to make it known that we are unapologetic believers in Jesus Christ. God is the foundation upon which our business is built. However, it is important to note that our clients are not required to adhere to our beliefs. We may occasionally reference God and use scripture in our coaching sessions.

LIFE IS BETTER WHEN YOU VIEW THE GLASS HALF FULL.



VIEW THE GLASS HALF FULL LLC. COACHING

Client Contact Information

Client Information

First Name_____ Last Name_____

Name you like to be called_____

Address_____

City_____ State_____ Zip Code_____

Telephone Numbers/ Contact Details

Cell_____ Work_____

Home_____ email_____

Preferred method of contact_____

Employment Information

Occupation_____

Personal Information

Age_____ Martial Status_____

Number of children_____

Names of Children and Ages_____

All personal information is confidential and treated appropriately.



Coaching Contract

Client Name: _____

This agreement, between View The Glass Half Full (VTGHF) and the above-mentioned client will begin on: (Date)_____.

Fees

The fee for the initial meeting is \$_0.00__.

Alternately, you are choosing one-on-one coaching twice a month for approximately 30-60 minutes at a time, at \$35.00 per session. Group coaching and courses will be available during specific times and will be subject to different fee schedule based on the selected program. The fee schedule for group coaching and courses will be provided to participants prior to enrollment. Additional appointments can be scheduled as needed. To cancel an appointment, please provide at least 24-hour notice or you will be billed for the appointment. These fees must be paid in advance.

Services:

The services to be provided by the VTGHF to the client will be face-to-face, video conference, or telephone conference as agreed between the coach and the client. Coaching may address clients personal, financial, relationship, spiritual or career goals. Other services include brainstorming, creating action plans, clarifying questions, and accountability.

The client understands that coaching will involve a collaborative approach between the client and the coach. In the coaching relationship the coach is the facilitator of change, but the client is responsible for the actions that bring about the change.

Coaching and counselling are not the same. I do not engage in therapy with my coaching clients. By signing this agreement, you are agreeing that if any mental health difficulties arise during the coaching relationship, you will notify me immediately so I can discuss an appropriate referral.

Privacy:

The client can, at any point declare his or her preference not to discuss a specific issue by simply saying they would prefer not to discuss it. The coach agrees to respect the boundaries.

Confidentiality:

Both parties agree to maintain the confidentiality of any sensitive information shared during coaching and courses. All information between the client and coach will be strictly confidential except where decreed by law.

Exceptions to confidentiality relate to circumstances such as intent to harm yourself, or someone else. Otherwise all information is confidential.

Termination:

The coach and client agree to provide each other with two weeks' notice in the event it is desired to terminate the coaching agreement. Otherwise the coaching will continue for the duration until one or both parties terminate the agreement.

To proceed, please review the attached contract/agreement, which outlines the terms, pricing, and scope of our engagement. Should you have any questions, please do not hesitate to reach out to us.

We look forward to the opportunity of working with you and contributing to your success. Kindly sign and return the contract/agreement at your earliest convenience to secure your spot.

Your signature indicates complete understanding and agreement to the outlined information.

Client Signature

Date