

VISION & VIEWS

NEWS LETTER



கிலட்சயமும்
பார்வையும்

理想与观察

PERSATUAN PARANJOTHI PARIPURANA GNANAM, MALAYSIA

[GP MAHAN'S WORLD PEACE SANCTUARY (M)] Registration No. 1721/93

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WHAT IS WISDOM KNOWLEDGE AND WHERE DOES LEARNING ORIGINATE FROM? PERSPECTIVE FROM HH GP MAHAN By Gurupiran Mahen Sankaran

His Holiness Gnanavallal Paranjothi Mahan spoke about wisdom knowledge and where it originates from. Here is his quote:

*"What we learn and give up is wisdom.
What we learn and acquire is wisdom.
What we learn by and through such learning is wisdom.
The clarity we attain in and by such learning is wisdom".
Where does learning originate? Which is the organ of learning?
Learning originates at the six fold layers of the brain by the pressure of sensations
(awareness) passing beyond the eye of perception.
Act of lust originates in the backbone.
Lustful thought is bred in the eyes.
Lust can be controlled and subdued at the forehead
Lust can be completely annihilated at the top of the brain."*

I-God p. 227 - Six Layers of Brain (six states)

WHAT I LEARNT FROM HH GP MAHAN'S TEACHINGS ABOVE:

The human mind becomes refined when it has the capacity to analyse every information channelled by the sense organs in holistic and universal ways.

Mahan's meditation method will strengthen the neural activity in the six layers of the brain that are important for sight, hearing, smell, taste, touch and extrasensory perception (ability to be aware of the universe around you – ability to get intellectual insights, knowledge and undertake critical analysis). These are important regions in the brain for you to perceive and be aware of the world around you and within you.

When these six regions of the brain are enriched, they have the power to help the intellect analyse very subtle and complex information.

With a refined mind and sharp intellect; a practitioner of Mahan's meditation method will know how to give up things that are outdated and negative; continuously learn about them-self &

the world around them; put to practise what they learn - learn to divinise every thought, speech and action; and learn to combine abstract spiritual ideas into practical living so as to build their own wisdom knowledge. In the acquisition of the knowledge, they will realise the universe around them; and the symbiotic relationship between them and everything around them.

The source of all your learning is your brain and your mind (they are the important hardware and software of life). You need both to operate well in this material world. The wisdom knowledge also acts as antivirus software to keep out the virus and other negative thoughts that cause the brain and mind to operate inefficiently. In worst case, these viruses and negative thoughts can cripple the brain, mind and intellect completely.

Keep your brain and mind healthy by not taking any intoxicants (drugs, alcohol, tobacco and other harmful substances). These toxic substances damage the cells, neurotransmitters and nerves in the brain. When these important parts of the brain are damaged, it will have a negative impact on the flow of information into the brain and its ability to analyse the information properly.

Keep your brain and mind healthy by nurturing divine thoughts via divine relationships and interactions. Avoid toxic relationships and interactions that causes tension, depression, and other emotional turbulences - all of which, will lead to damaging your brain and mind; and make your intellect blunt.

Be kind, meaningful, inspirational and powerful with your speech. Avoid unnecessary and unproductive talk or speech. How you speak reflects the state of your mind. If you are harsh with your words, it reflects the state of your mind. If your speech is kind, gentle, inspirational and power pact; it reflects that state of your mind.

What comes out from you must be what you have in you. If you have venom in your mind; that is what will be reflected in the speech and action - be watchful. If your mind is filled with beautiful honey; that will show up in your speech and action - nurture it.

If you want an inspirational life; learn to take care of your brain and mind. Meditate intensively and regularly the third eye and the crest eye meditation as show by HH GP Mahan. The third eye meditation will help you manage challenging thoughts and experiences. The crest eye meditation will help you completely overcome these challenging thoughts by mastering them and then transcending them – you become completely free from them. By practising Mahan's meditation method, you will cultivate inspirational thoughts, always speak in an inspirational way (if you cannot do this, be silent); and undertake inspirational things that will enrich and enlighten your life and that of others.

These are the lessons I learnt from Mahan personally, from his meditation, philosophy and way of life.

The brain and mind are the most powerful tools you have - they are the temples of the Divinity (God); the source of God-realisation; and the source of learning & wisdom knowledge. The entire universe is imprinted in your brain and mind. Take a closer look at them and the Universe will show up as your Universal Divine Mind.

Santhosam and peace be with you.

*Gurupiran Paranjothi Mahen Sankaran
PPGM, 11 November, 2019*

**General – Secretary Report from Paranjothi Paripurana Gnanam, Malaysia
[G.P Mahan’s World Peace Sanctuary (M)]**

2019 Over the past 12 months, PPPGM has conducted several events:

- a) Paranjothi Mahan’s Remembrance Day and Gurupiran Siva Sanggaran’s 84th Birthday on 12 January, 2019. On that day, compilation of Vision & Views Newsletter, Volume 3 were distributed.
- b) PPPGM’s 13th Biennial General Meeting (BGM), on 16 March, 2019. On that day, UPSR, PT3, PMR, and SPM students from poor families were given revision books under Gurupiran Siva Sanggaran’s Education Fund. Constitution of PPPGM was also distributed to branches.
- c) Paranjothi Mahan’s 119th Jayanthi celebration on 4th May, 2019. During that day, Gurupiran Mahendhiran and family gave out a cheque of RM 10,000 for Gurupiran Siva Sanggaran Education Fund. The following day on 5th May, PPPGM Sg.Petani branch, celebrated Paranjothi Mahan’s Jayanthi in a grand manner.
- d) Visitation of Gurupiran Mahendhiran and his family to Universal Peace Sanctuary, Chennai 17 – 21 May, 2019
- e) Guru Purnima Day on 14 September, 2019. On that day, a scholarship of RM 5,000 was given to one of our Sabhai member’s daughter, Ms. Tilakawathi who is a 3rd year Medical Student at Mahsa University.
- f) Attended the UN’s International Day of Peace Event at Pure Life Society, Puchong on 21 September, 2019

Upcoming Events :

- g) Paranjothi Mahan’s 108th Dawn of Wisdom, Group Meditation and gathering on 11th November, 2019
- h) Paranjothi Mahan’s 108th Dawn of Wisdom Celebration on 16th November, 2019
- i) Gurupiran’s Siva Sanggaran’s Remembrance Day at Sabhai, 20th November, 2019
- j) Gurupiran’s Siva Sanggaran’s Remembrance Day at Nilai Memorial, 24th November, 2019

Santhosam

Magesvarry S. Karuppiah

General - Secretary

Persatuan Paranjothi Paripurana Gnanam Malaysia

[G.P. Mahan’s World Peace Sanctuary, (M)]

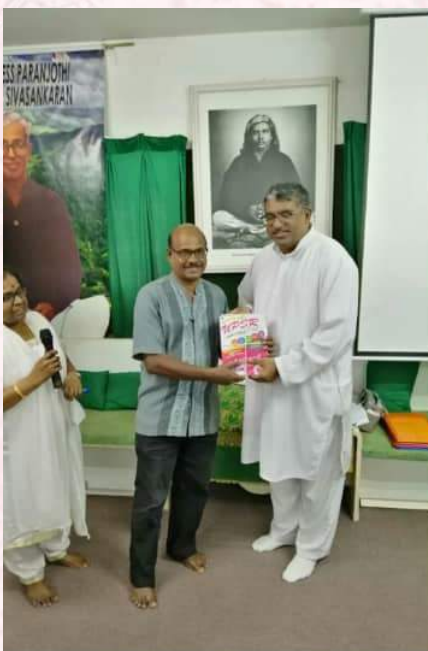
Biennial General Meeting - National Body



Members who attended the BGM



New Committee members of PPGM (2019-2020)



Guru Siva Sankaran's Education Fund : Donation of Books to Children in each branch



Presentation of sabhai's constitution to branch chairmen



Presentation of sabhai's constitution to branch chairmen



Celebration of Gurupiran Siva Sankaran's Birthday



President of PPGM, Guru Uma giving a speech on Guru Purnima Day



Members who attended Guru Purnima Day



Gurupiran receiving certification of appreciation from organisers of peace day

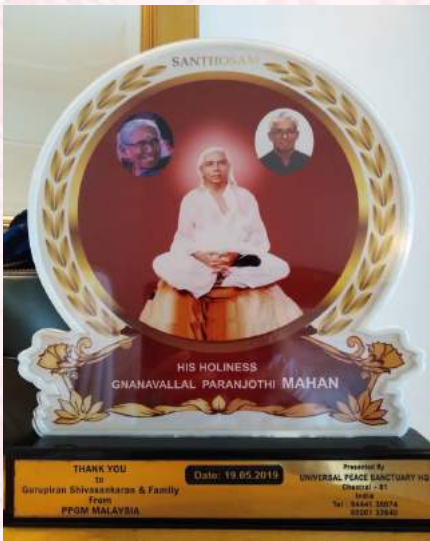


Gurus attending the UN's International Day of Peace

Distribution of Vision and Views compilation to members of the sabhai



Gurupiran Mahen and family's visit to Mahan's sabhai in Chennai



Gurupiran Mahen and Family visited Mahan's sabhai and samadhi in May 2019. They were hosted by Guru Paranjothi Norruddin (Mahan's grand son) and mother. Guru Norruddin and family showed Gurupiran Mahan's samadhi and prepared a nice lunch treat. In the evening Guru Norruddin and mother honoured Gurupiran and family for the long and dedicated service to Mahan's work in Malaysia. Both Guru Norruddin and Gurupiran Mahen conducted the meditation for the evening and then discussed how to propogate Mahan's teachings across the globe. santhosam



Gurupiran Siva Sankaran's Family donating RM10,000 to the Guru Siva Sankaran education fund



Distribution of fruits after Meditation



Disciples & Gurus who attended the function



Cake cutting ceremony



Guru Palani giving a speech



Disciples at the Birthday Celebration




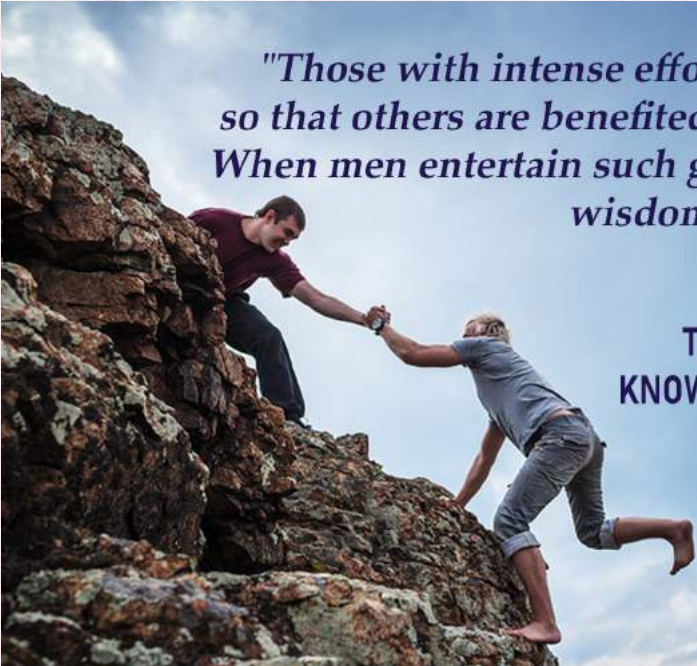
Gurupiran Siva Sangkaran's daughter giving speech



Cutting the cake for Mahan's birthday

"Those with intense effort, bring them into practice so that others are benefited by them and end in success. When men entertain such good thoughts then dawns the wisdom in them "

**GOD BECOMES MAN
THE MAN BY HIS POWER
KNOWLEDGE REALIZES HIMSELF
(I-GOD)**



நினைவின் அலைகள்



1. நினைவினிடத்தில் நினைவை நினைத்து நினைவை நிறுத்தி, நினைவைச் சுழற்றி நினைவில் நிலைத்து, நினைவாய் நினைவில் நினைவோடு நின்ற, நினைவும் நானே. மேற் கண்ட நான் - கடவுள் வாசகம் எதைக் குறிக்கிறது?

இப்பொன்மொழி தியான நியதிகளைப் போதிப்பதாகும். எல்லாச் செயல்களுக்கும் கருவாயுள்ளது நினைவேயாகும்.

2. 'நினைவினிடத்தில் நினைவை நினைத்து' என்ற வாசகத்தில் கூறப்படும் நினைவிடத்தில் என்ற சொல் எந்த நினைவைக் குறிக்கிறது?

'நினைவினிடத்தில் நினைவை நினைத்து' என்பது இப்பிரபஞ்ச இயக்கங்கள் அனைத்திற்கும் ஆதியின் நினைவே காரணம். இந்த நினைவின் உணர்வுதான் பரிணாமச் சுழற்சிகளாகவும், பிரபஞ்ச இயக்கங்களாகவும் பரிணமிக்கின்றது. எந்தவொரு சலனமும், எந்தவொரு செயலும் தன்னை உணர்ந்த பிறகே நடைபெறும். நினைவு என்ற செயலுக்கும் தன் சுய உணர்வுதான் அடிப்படைக் காரணமாகும். எனவே நினைவு என்ற அலைகளின் தோற்றம் உணர்வு என்ற கடலில்தான்.

நினைவின் கரு உணர்வேயாகும். இந்த உணர்வு என்ற நினைவின் கருவானது ஒவ்வொரு உருவங்களினுள்ளும் நிலைபெற்றுள்ளது. இதுவே நினைவுகள் தோன்றக் காரணமாக இருக்கும் இடமாகும்.

3) 'நினைவினிடத்தில் நினைவை நினைத்து' என்ற வாசகத்தில் கூறப்படும் இரண்டாவது நினைவு எதை குறிக்கிறது?

முதலில் கூறிய நினைவு சீவனின் உள்ளியக்கங்களுக்கு மூலகாரணமாயுள்ள நினைவாகும். இரண்டாவதாகக் கூறிய நினைவு சாதகனின் விழிப்புக் காலங்களில் தோன்றக் கூடிய நினைவலைகளாகும். சாதகனின் நினைவலைகளை 'மனம்' எனக்கூறுவர். ஆதலினால் இரண்டாவதாகக் கூறியுள்ள 'நினைவு' என்ற சொல்லானது மனத்தினைக் குறிப்பதாகும். மூலகாரண நினைவில்தான் சீவனின், அதாவது சாதகனின் மனம், புத்தி என்ற - நினைவினை நினைக்க வேண்டும்.

4) "நினைவை நிறுத்தி நினைவைச் சுழற்றி" இது எதை குறிக்கின்றது?

சீவனின் உள்ளுறுப்புகளின் இயக்கங்களின் மூலகாரணமாகிய 'உணர்வு' என்ற நினைவிடத்தில் சாதகனின் மனத்தினை நினைவாக்கி அந்த நினைவில் நினைவை நிறுத்தவேண்டும். நினைவு என்ற எண்ணச் சுழற்சி எங்கு துவங்குகிறதோ, அதே இடத்தில் சாதகன், தன் நினைவை

நிலையாக நிறுத்துதல் வேண்டும். சகஸ்ராரத்தின் மெல்லிய பூங்காற்றின் இனிய சுழற்சியில் சாதகனின் நினைவினையும் உடன் சுழற்றுதல் வேண்டும்

5) 'நினைவோடு நின்ற நினைவும் நானே' என்றபோது நினைவோடு நினைவில் நின்ற நான் யார்?

எந்த துணிவுடைய நினைவு பிரபஞ்ச சராசரங்கள் அனைத்திற்கும் காரணமாக உள்ளதோ, அது உன்னுள்ளும் என்னுள்ளும் இருக்கிறது.

அதனோடு இணைய முயன்றால் உன்னுள் உள்ள நினைவின் சலனத்திற்கு அப்பால் ஏதும் இல்லை, இல்லை இல்லவே இல்லை என்பதை அறியலாமே.

அதுதான் எகபராபரம். பரம் என்றால் - சத்தியம், என்பது நானே நான் என்பதை உன்னுள் நீ அறிந்து - ஆனந்தம் அடையலாமே

சந்தோஷம்

பரஞ்சோதிஞான குரு துரைச்சாம்



**The dirt in the residence,
The dirt in the dress,
The dirt in the body,
The dirt in the mind,
Wise men are they,
who have not these dirt.**

- Mahan

Questions On Life

(Philosophy of Life)

Gurupiran Paranjothi Mahen Sankaran



These are questions posed by disciples in the PPGM whatsapp forum and the responses by Gurupiran Mahen.

KUNDALINI

Question 1: Why is the kundalini force described as a coiled serpent form and coiled earthform?

Answer: The kundalini force lies dormant in the base of the spine. Through the initiation process, it is awoken and the rise of the energy is somewhat like the serpent rising.

In the full state of awareness of the mind, it is like a cobra in full state of awareness, moving to the movement of the snake charmer.

The visualisation of the earthworm coiled is the reflection of the atomic structure of kundalini, where the center consists of the nucleus and around the nucleus is the intense movement of the electrons. This atomic structure looks like a coiled earthworm.

Increased electromagnetic force fields in the brain will project the images of the energy and the atomic structure, which looks like an earthworm.

Question 2

Why is the kundalini experience said to be similar to an earthworm burrowing the soil or a serpent?

Answer:

When earthworm burrow the soil, they release micro level vibrations with a very subtle sound. These vibrations and sound are similar to kundalini vibrations, generated by the rising electromagnetic energy.

Yes, the kundalini sakthi has also been correlated with experience of a serpent coiled up in the muladhara (Sanskrit term for a region at the base of spine).

The kundalini has been referred to as the serpent, as both share similar type of characteristics.

Often a snake sits quietly in the basket. When the basket is open, it will still not rise until the snake charmer taps the basket two or three times.

This is how a guru also awakens the kundalini, he/she taps the base of the spine in the first stage of the initiation.

The snake then rises to the movement of the snake charmer.

Similarly, the kundalini forces (electromagnetic energy) rises through the spine to the forehead and crest eye with the movement of the Guru's finger.

After the initiation, the disciples raise the kundalini using their mind. Some disciples have expressed the movement of the kundalini as like the movements of a serpent.

When the unarvu (Tamil term for vibration/feeling) passes through the pituitary and pineal gland, the entire neural network in our brain feel the vibration and energy flow. This expansion is correlated with the standing tall and fully open head of a cobra.

This association was made during a time when the knowledge of electromagnetic fields was not well known.

So, saints and scholars associated them with this natural phenomenon. In this instance - the movement of the snake provided a good description of the rise of the kundalini force.

I hope my explanation to the correlation of kundalini energy and earthworms and serpents are a little clearer.

ENLIGHTENMENT

Question:

What is enlightenment and why must we get enlightened?

What difference will it make to me and my life here? Am I going to sit in Samadhi once I get enlightened?

Is there any difference in the activity of an enlightened person and a normal person?

Is Enlightenment who we really are?

Answer:

Enlightenment means knowing about your untapped potential and power. For an ordinary person, the mind is often caught in mundane material activities of the material world.

As such the mind is caught by the forces of cause and effect (karmic forces).

In some cases, people are unable to overcome these forces and become emotional and in the worse case become depressed and unproductive.

Meditation leads to enlightenment, which enables a person's mind to transcend the cause and effect.

Then we can live in this material world beautifully as an experiencer but not impacted by it.

Enlightenment also leads the mind to achieve quietude-absence of material thoughts. These material thoughts are replaced by spiritual thoughts that are eternal, enriching and elevating.

When the mind attains the spiritual state, the thoughts becomes spiritual, the intelligence becomes spiritual and the actions becomes spiritual.

A spiritual mind and intelligence are the most creative mind, an abode where God resides. If your mind and intelligence are Godly, do you need anything else? The answer is no. Everything is omnipresent, omnipotent and omniscient for a spiritual mind.

This is the power of an enlightened mind.

Going back home means Samadhi :

Sama = same;

Adi = beginning.

So, when we say a person has attained Samadhi, it means they have gone back to their original state, to the spiritual or godly state.

The only way to achieve this is to bend the mind inwards and not let the thoughts of the external world impact you. Only meditation and introspection, coupled with divine service will enable the mind to achieve the spiritual and godly state.

You asked who we are. Let me answer that. Most people think their material body is them. So what happens in sleep? Who makes the body breathe, or puts the body asleep or awakens the body when rested.

It is none other than your spiritual body called the atma or soul (the Big I). That is what enables you to cognise everything. That is your true being, not your body. The soul has no birth or death. It is not touched by the forces of the material world and karma.

Your soul's DNA (Divine Nectar of Awareness) is from the primordial God. So, your soul is godly and the only real thing. Know it through meditation; cherish it for it provides guidance and illumination in this material world; immerse your mind in it always and it gives the mind it's spiritual power and enlightenment.

So, who are we? We are god.

God in Tamil is 'Kadavul' means;

Kada = embark;

Vul or ool = within;

So, God is within you as your soul.

Meditate and you will realise it.

The miracle is in all of us, yet we go searching elsewhere and outside us.

An enlightened person stops all external searches and knows he is that.

Yes, you need the right password to log on to God's force in you. You need to know something about how your hardware and software works so that you can learn to clear all the bugs in your system. Once the bugs are gone you will auto-connect to the God's force.

UNARVU

(Tamil term for vibration)

Question:

How does this 'unarvu' bring about big changes in us just by focusing?

Answer:

A series of things takes place.

1. When the spiritual nectar in the muladhara (base of the spine) is stimulated by the touch of the Guru and with the concentrated mind of the disciple, a series of kundalini (electromagnetic) vibrations are released at the base of the spine.
2. The guru then guides the electromagnetic force fields via the spinal cord of the disciple to the forehead eye and then to the crest eye. Note that only a Guru who is experienced and who has intense power can guide this force field via the spinal cord of the disciple to the third eye and crest eye. The spinal cord is like a fibre-cable that channels electromagnetic vibrations to the brains.
3. To receive the electromagnetic force fields, the mind must be concentrated. This is achieved by concentrating at the tip of the nose and gentle clenching of the teeth.
4. As the electromagnetic force fields makes its way to the brains, the Guru then anchors it at the pituitary gland (third eye), where there is high concentration of nerves and receptors. This is the reason the throbbing becomes really strong at the third eye.
5. In the third stage, the kundalini force is anchored at another important gland called the pineal gland. This

too has a lot of nerve and receptors. The throbbing is intense in these spots.

6. When the pituitary and pineal glands vibrate intensively, they release various hormones that harmonise the body. One hormone called Melatonin is released due to the vibration in the pineal gland. Melatonin is a relaxant - makes your mind calm and cool.

7. Two things happen in this stage. First, the Melatonin reduces external thoughts due to the relaxation feeling. Second, the neural pathways in your brain is fully charged with kundalini (electromagnetic) vibrations.

8. When the neural network pathways are fully charged, the existing pathways become stronger and new pathways form in areas of the brain that there were no neural connections. So, the existing information highways in the brain becomes stronger and new highways form. This will lead to the following:

- I. Information flow in the brain become more efficient and understanding complex ideas becomes easier.
- II. Power of analysis, reasoning and inference becomes powerful - power of the intellect increases.
- III. Memory power increases.

9. When fully charged, the brain's neural network will send reinforced kundalini vibrations through the spinal cord back to the muladhara (base of the spine).

10. When the muladhara is charged, it sends back the reinforced kundalini energy back to the brain's neural networks.

11. The two-way flow of the kundalini energy will increase the bandwidth of the muladhara, spinal cord and the brain's neural networks.

12. Increasing bandwidth allows the ability to acquire, analyse and understand very complex knowledge, ultimately acquiring the universal knowledge of God realisation (the entire knowledge of the primordial atom-God).

Swamiji states that man through the acquisition of Gnana will realise he/she is God.

The evolution of God realisation starts with a trickle flow of the kundalini force from the muladhara via the spinalcord to the neural networks in the brain.

Continuous practice leading to intense flow of kundalini force and the expansion of the bandwidth for the acquisition of Gnana (true knowledge) will lead to the 'I-God' state.

The changes we experience are amazing.

We become calmer, patient, compassionate, inspired, intelligent, creative, enlightened and finally attain God realisation.

DISCIPLE EXPERIENCE

Question:

My experience is when I focus on any material or object, it can be anything, I can see the object vibrating. Can you please explain Guru?

Answer:

The objects are imprinted on your mind and if your mind is vibrating, obviously the images are also vibrating.

The reason the mind is vibrating is because it is wedded and welded to the body identity.

The body is made out of material compounds originated from the big-bang. Hence, the body has a particular frequency it resonates due to the big-bang phenomena. Every particle in the material universe resonates according to this universal vibration.

Note that if the water has a lot of ripples, the images reflected on it will also have it.

So, what you are experiencing is quite normal in the meditational journey of a person.

Your mind is starting to lock-on to the body's vibration as opposed to that of the straying thoughts. This is good. The body vibration here means the vibrating of the pituitary, pineal and base glands during the kundalini meditation and thereafter.

Therefore, you feel the objects are also vibrating.

Good first step.

Next you need to learn to lock the mind onto the Soul, which is silent and still.

So, cultivate a silent mind by anchoring it on the Soul (God). The projection of the material world and the objects will be Divine. A sense of bliss and peace will dawn upon you.

This will require more intensive and deeper kundalini meditation practice and deeper exploration of the mind, which I will speak about in the Satsanghs in the coming weeks.

Keep up the intensity in meditation, exploration and introspection. Only then you can migrate from a vibrating substratum to the substratum in you that is quiet and has infinite-possibility.

யார் மேல் குற்றம் ?

என் உயிரினும் மேலான பரஞ்சோதி குடும்பங்களே, இன்று நாம் என்ன நினைக்கிறோம்? உழைக்காமலேயே பொருள் வந்து விடவேண்டும் என்று நினைக்கிறோம் அல்லவா! வெகுசிலர்.

பன்னெடுங் காலங்களுக்கு முன்பு சித்தர்கள், முனிவர்கள், மகான்கள், ரிஷிகள், தவசிகள் என யாவரும் பல ஆண்டுகள் ஒற்றைக்காலில் நின்று தவம் புரிந்து மகத்தான சக்தி பெற்றார்கள். மகத்தான அற்புதங்களை நிகழ்த்தினார்கள். அற்புத சக்திகளை பெற்று இந்த உலகத்திற்கு பல்வேறு சித்த மருத்துவம் என எண்ணற்ற வகைகளை இந்த மண் உலகத்திற்கு கொடுத்து சென்றுள்ளார்கள்.

அப்படி ஒரு மனிதன் பல ஆண்டுகள் தவம் புரிந்து பெற்ற இந்த குண்டலினி வித்தையை நாம் எப்படி பெற்றோம்? ஒரு வருடம் தவம் செய்தோமா அல்லது ஒரு மாதம் தவம் செய்தோமா அல்லது ஒரு நாள் தவம் செய்தோமா இல்லையே. அப்படி இருக்க நமக்கு எப்படி கிடைத்தது? நோகாமல் நொங்கு தின்றோம் அப்படி தானே.

எத்தனையோ மகான்கள் எத்தனையோ மகரிஷிகள் எத்தனையோ சித்தர்கள் எத்தனையோ முனிவர்கள் தோன்றினார்கள், வாழ்ந்தார்கள், மறைந்தார்கள், எழுதி வைத்தார்கள். ஆனால் எல்லோருக்கும் இந்த குண்டலினி உபதேசத்தை கற்றுக் கொடுக்கவில்லை.

ஏனென்றால் இதில் எல்லோரும் தேர்ச்சி பெற முடியாத ஒன்று. அனைவராலும் இது

அறிந்து கொள்ள முடியாத, புரிந்து கொள்ள முடியாத மாபெரும் ஒரு வகையான அஸ்திரம் இது. இந்த அஸ்திரத்தை எப்படி வேண்டுமானாலும் பயன்படுத்தலாம். வித்தைகளைக் கற்றவன் கைதேர்ந்தவன்; இதன் மாண்பு அறிந்தவன்.

ஆனால் முதன்முதலாக எத்தனையோ மகான்கள், மகரிஷிகள் மறைத்துவைத்து சென்று இந்த குண்டலினி உபதேசத்தை முதன்முதலாக எல்லோருக்கும் கிடைக்கவேண்டும் என்று ஏட்டளவில் உள்ளதை அறிய வைத்த அம்பலத்து அரசர் யார்? அவர்தான் ஞான வள்ளல் பரஞ்ஜோதி மகான்!

பன்னெடுங் காலங்கள் வாழ்ந்த முனிவர்கள் என்ன செய்தார்கள்? இந்த குண்டலினி உபதேசத்தை தனக்குப் பின் சீடர்களுக்கு இதைக் கற்றுத் தேர்ந்து அவர்கள் மூலம் மிகப்பெரும் பயிற்சிகளை வித்தைகளை இந்த மனித குலத்திற்கு அருளச் செய்தார்கள். ஆனால் பரஞ்ஜோதி மகான் அப்படி செய்யவில்லை. எல்லோருக்கும் இதை சாதி, மதம், இனம், மொழி, பேத போதங்களை எல்லாம் கடந்து எல்லோருக்கும் இந்த குண்டலினி உபதேசத்தை எளியமுறையில் வகுத்துக் கொடுத்தவர். இந்த மண்ணுலகில் ஈடு இணையற்ற ஒரு மகான், அவர்தான் ஞான வள்ளல் பரஞ்ஜோதி மகான்!

மகான் அவர்கள் பெயரை விரும்பவில்லை. புகழை விரும்பவில்லை, மரியாதையை விரும்பவில்லை, அந்தஸ்தை விரும்பவில்லை. ஆனால் எளிமையின் சிகரமாக வாழ்ந்தார்கள். ஏழைகளின் இலக்கணமாக வாழ்ந்தார்கள்.

தத்துவத்தின் வேதமாக வாழ்ந்தார்கள். மண்ணுலக மாமனிதராக வாழ்ந்தார்கள். மாமனிதர் போற்றும் அரசராக வாழ்ந்தார்கள்.

ஒரு மனிதன் போட்ட கணக்கு தவறாகலாம். ஆனால் ஞான வள்ளல் பரஞ்சோதி மகான் போட்ட விதை ஒருபோதும் தவறாது முளைக்கும். முளைத்தே தீரும்.

கற்பக விருட்சம் போல வாழையடி வாழையாக விதைத்த இந்த பரஞ்சோதி மகானின் வம்சம் இன்னும் பல ஆயிர நூற்றாண்டுகள் இந்த மனித குலத்தில், இந்த மண்ணுலகம் மீண்டும் வெளிச்சம் பெறுவதற்கு ஒரு ஆதாரமாக இருக்கும்

ஆக குண்டலினி சக்தியை பயிற்சி பெறாத உணராத அனுபவிக்காத நாம் குருமார்களை குறை சொல்வதை விடுத்து நாம் பயிற்சி செய்தோமா நாம் தவம் செய்தோமா நாம் முயற்சி செய்தோமா என்று நம்மை நாம் ஆராய்ச்சி செய்யவேண்டும். நாம் எந்த ஒரு முயற்சியும் பயிற்சியும் செய்யாமல் குரு எனக்கு கற்றுக் கொடுக்கவில்லை குரு எனக்கு முறையாக சொல்லித் தரவில்லை என்று நாம் குருமார்களை குறை சொல்லிக் கொண்டு திரிகிறோம் அல்லவா!

ஆக அன்புக்குரிய பரஞ்சோதி சீடர்களே, தங்கள் தவத்தை நம்புங்கள், தவம் மகத்தானது. அதன் அற்புதத்தை சொல்ல இயலாது, வர்ணிக்க இயலாது, எழுத இயலாது, படிக்க இயலாது, பார்க்கவும் இயலாது, அனுபவிக்க மட்டுமே இயலும். ஆகவே தவத்தை உணர்ந்து புரிந்து அனுபவியுங்கள். அனுபவமே சிறந்த ஆசான், அனுபவமே உங்கள் குரு, அனுபவமே உங்கள்

வழிகாட்டி. ஆக உங்களுக்குள் இருக்கும் இந்த மாபெரும் சக்தியை நம்புங்கள்.

தவத்திற்கு எதையும் செய்யும் ஆற்றல் உள்ளது. ஆனால் நாம் எதையும் செய்யாமலே மேலோட்டமாக செய்துவிட்டு எதுவுமே நடக்கவில்லை என்று புலம்பினால் என்ன செய்வது. தவறு நம் மீது தான் உள்ளது. நம் மீது உள்ள தவறை நாம் தான் சரிசெய்ய வேண்டும். ஆகவே ஒரு முறைக்கு பலமுறை நாம் யோசித்துப் பார்த்தால் தவறுகள் நம் மீது உள்ளதை அறியலாம். குண்டலினி உபதேசம் நமக்கு கொடுக்கப்பட்டது. அதன்பிறகு பயிற்சி செய்வது நம்முடைய கடமை. ஏதோ கண்களை மூடி நாம் 20 நிமிடம் தவம் செய்தோம் என்பது அல்ல. ஒரு நிமிடம் தவம் செய்தாலும் உணர்ந்து உள்வாங்கி கடந்து தவம் செய்யுங்கள், அது போதும். நமக்கு நினைவுகள் தோன்றும் பொழுது எல்லாம் நிற்பது, நடப்பது, பார்ப்பது, கேட்பது என அனைத்திலும் தவ நாட்டம் கொள்ளுங்கள். தவ நாட்டம் கொண்டு வாருங்கள். தவமே உலகத்தின் பிரம்மாஸ்திரம். தவம்தான் நமக்கு ஆதாரமாக விளங்கும்.

நடந்ததெல்லாம் பெரும் நன்மைக்கே என்று உணர்ந்து இனி நடக்கப்போவது நல்லதாகவே நடக்கும் என்று உணர்ந்து நாம் வாழ்வோம்.

என் அன்புக்குரிய இருதய மலர்களே, இதைப் படித்த அத்துனை நெஞ்சங்களுக்கும் என்னுடைய நன்றியை தெரிவித்துக் கொள்கிறேன்.

சந்தோசம்.

வீரதுறவ்

பரஞ்சோத் மாமுன்வர்



அறிவை அறிந்தோர் அண்பை மறவார்;
பொருளை யறிந்தோர் புகழை விரும்பார்;
கருவை யறிந்தோர் கடவுளை நாடார்;
குருவை யடையந்தரிந்தோர் குறையில்லாதார் சந்தேகமில்லாதார்.
பற்றற்ற துணிவாய்ப் பற்றற்ற நிலையில்
பற்றற்று இருப்பதுவே முத்தி.

- மகான்

Tribute to Srimathi Saratha Gurupiran Siva Sankaran

A Life of Service



I would like to take this opportunity to write a tribute to my mother, who attained Samadhi at 1.38 pm on 12 April, 2019. She was a dynamic person, who played a key role in shaping my father's life and her children's life. For her, the parents, her guru, her family were the centre of her universe. She led a quiet life; yet silently nurturing, transforming and sustaining the people close to her. Here is the story of this divine soul that supported and nurtured us and powered many of us to reach great heights.

1. My mother's early childhood

My mother was born on 3rd August, 1936 in a small town of Muar, Johor to Mr and Mrs Paramoo. The family was rather a middle class large family based on current family size and standard of living. Her father worked for the public works department and mother was a housewife. My mother was the youngest in the family of seven brothers and one eldest sister. All the brothers took on jobs in the public sector and her eldest sister got married very young. Being the last child and not married, she was the pet in the family. She was one of the last ones to leave their parent's nest, as the others had their own families in other cities across Malaysia. As the others left the family home, my mother's relationship with her parent grew stronger – she loved them a lot and they too. Her mother taught her to be a good cook, while her father taught her Tamil and Malayalam. My mother had an amazing flair for languages, both mastering English, Tamil, Malayalam and Malay. Even until her last days, my mother continued to speak fondly about her relationship with her parents.

2. A studious student with ambitious career aspiration

My mother was a studious student and did very well in her studies up to Senior Cambridge. She completed her studies in a Christian missionary school in Muar. Her ambition in life was to be a teacher. Her teachers, who mostly were nuns really liked her and encouraged her to be teacher. When she completed her studies, one of the nuns helped my mother apply for a teacher's position in the public sector. But, coming from a conservative Hindu family, my grandmother was not keen for her to go to work. They worried that she may be posted to rural areas far away from home. Those days, many of the rural areas were very under developed and unsafe; and parents were not keen to send their children for rural posting. My mother was very disappointed of not being able to pursue her dream of being a government school teacher. She told us she cried for many days. She never gave up her ambition of being a teacher – she gave tuition to school children near her home and many of them were her nephews and nieces. They all spoke fondly of my mother as a teacher. Many of them have become successful as doctors, teachers and in other profession; and they attribute their success to my mother's early years of giving them a sound foundation in their studies.

3. As one chapter closes, another opens - losing her parents and meeting her soulmate

At the age of 26, my grandparents were very keen to get my mother married to a nice boy. This is when a proposal from my father's side came. I was told that a delegation from my father's side visited my mother's family to seek my mother's



Gurupiran Siva Sankaran's family at his Samadhi at Nilai Memorial Park

hand in marriage. During the meeting, my father told my mother that he will not be able to make a decision until he consulted his guru in India. My father got my mother's picture and personal details and sent to HH GP Mahan for approval. As soon as Mahan received the message, he sent a telegram to my father that my mother was the most suitable life partner for him and he gave his approval. Mahan mentioned that the Sankaran-Saratha union would be a divine one and to go ahead with the marriage plans and he would be there to bless them during the wedding ceremony. Upon receiving the approval from Mahan, my father informed my mother's family and marriage was arranged on 9 December, 1961.

Unfortunately, before the wedding, my grandmother passed away – my mother said that the loss impacted her significantly - it was one of the saddest moment of her life. The marriage was to continue as instructed by the then ailing grandmother before she passed on. The wedding took place as planned. In 1965 my grandfather

too passed away and this too had a major impact on her life, as he was her foundation and support all her life. He was her guru and guide – she was lost for words. Whenever, she spoke about her parents, she always had tears in her eyes – the love she had for her parents was amazing. Perhaps, her DNA is in us siblings – we were very close to our parents too. As the saying goes “the leaf do not fall far away from the trees”.

4. Married life – challenges, acceptance and progress.

After the marriage, my parents moved to Port Swettenham (the city changed its name to Pandamaran and now Port Klang). The home was in Chinese Village and the house was a simple hut with attap roof. There were close to 30 family members living in the home, supported by my father's meagre income in the survey department. It was a major shock for my mother, who came from a much more well to do family. In her home in Muar, she was the pet of the family – centre of attention and love from her parents.

Now in her new home, things were much more different with 30 other family members that needed attention. She struggled with this new life in her early years; but slowly learned to cope with her new life.

Slowly my parents started planning their family, and by 3rd September, 1962 my oldest brother arrived. I and my third brother arrived on 20 January, 1964 and on 26 April, 1965, respectively. My parents, after three boys, were keen for a daughter. They undertook all types of spiritual austerities for a daughter, and finally my sister Geetha arrive, 8 March, 1969. Both my parent was ecstatic with this new bundle of joy. Finally, the final member of the family arrived on 14 January 1972 in a Pongal day.

As the family size grew, my parents acquired a new property – 83 Jalan Mata Kucing, Klang. My father consulted Mahan on the purchase of the house – Mahan told him to name the house as “Mahan Illam” – the divine abode of the Mahan. Getting this home was a struggle for my parents, as they had quite a few people to support with a meagre income of my father. I was told that my grandfather gave my mother the down payment for the house and she used all her jewellery to get the necessary furniture and other amenities to transform the house into our home.

5. Meeting the Mahan and helping build his sabhai in Malaysia

In 1963, when Mahan visited Malaysia, my mother had a chance to meet Mahan and get his blessings. She also had the opportunity to prepare food for Mahan, as he was staying in Klang, which was close by their home in Port Swettenham. Mahan took a liking to my mother and called her his daughter. My mother accepted Mahan as her guru; and with a new vigour she gave my father all the support to help Mahan spread his teachings in Malaysia.

As time progressed, our home became Mahan’s Sabhai (Headquarters) and the sabhai flourished under the leadership of my father HH Gurupiran Siva Sankaran. This would not have been possible without the strong support of my mother, who made sure the home was comfortable for the

disciples. The family home became a public property for two days a week.

During Mahan’s visit to Malaysia, he stayed in our home. Hundreds of people who visited our home on a daily basis. On weekends, the number of disciples that came to our home was in thousands.

My mother was the person preparing Mahan’s food, washing his clothes and making sure Mahan stay in Malaysia was a good one so that he can perform his duty well. Mahan truly appreciated my mother’s effort to look after him. She also marshalled my siblings and me to ensure the house was clean, especially the bathrooms for the guests who visit Mahan.

There was one incident I remember very well, where my mother had to give Mahan the extra care, when he went to the dentist to pull out his teeth. Mahan was in a lot of pain, and he did not want to take any pain-killers. My mother provided him soothing soups and porridge and use ointment on his gums to relief the pain. I recall an incident where Mahan came to my parent’s room in early hours of the morning with a towel soaked in blood, as the wound in his gums was bleeding profusely. My mother treated Mahan, cleaned his clothes, bed and room; and gave him some drinks, which helped him sleep comfortably. Over the years, her relationship with Mahan grew closer – she regarded him as her father and started transforming our home into truly a ‘Mahan Illam’ – the Mahan’s divine abode.

Upon the Samadhi on Mahan on 7 January, 1981, my father Gurupiran Siva Sankaran took full charge of Mahan’s sabhai in Malaysia. Our home became the headquarters of Mahan’s sabhai for almost 20 years – and throughout the years, my father had the solid support from my mother to put the sabhai on a strong foundation. Today, Mahan’s sabhai in Malaysia is doing well because of her effort too - she was instrumental for the development of the sabhai in Malaysia.

6. The teacher in her re-emerges

My mother was the first teacher for my siblings and me. She made sure we were acquired the necessary skills before we got into the public



Gurupiran Siva Sankaran's family with HH GP Mahan in 1976

school system. We were all well prepared before we went to Primary 1. She also made sure we completed our school homework and other lessons every day before we retired for the day. She was also very strong inclination to culture and tradition. She made sure we had time for religious and spiritual activities; and it was balanced with other extra-curricular activities such as sports. My love for Carnatic music comes from her and my father.

By the way, though my father's family was from Kerala, because my father and his family grew up in the estate, their primary communication language was Tamil. Even among my father's siblings they

spoke in Tamil. The arrival of my mother to the house, changed the language dynamics in the house. My father learnt Malayalam (spoken and written) from my mother – so she was his Guru. She became the main medium of communication with relatives in Kerala, India. She also taught and spoke to all family members in the house in Malayalam and to the younger family members in English. Their proficiency in Malayalam and English improved significantly.

My mother was very fond of my sister taking on Indian classical dance and spent considerable time and effort to ensure that my sister enjoyed and became excellent in her dance career. She used

to accompany my sister for her dance classes and public shows, always encouraging and motivating her to excel in what she loved. My sister became a very accomplished dancer in the country and runs her own school now – and she attributes all her success to the guidance, mentorship and support of my mother.

When my father was on long outstation trips for his work, or busy with his trade union activities or sabhai duties; it was my mother who stepped in his shoes to ensure we had a comfortable home environment. I must say all of us were very successful in our studies, career and family life because of the strong foundational knowledge in our studies, arts, culture, family values, a peaceful home environment and love for one another and life.

7. Life after the Samadhi of Gurupiran Siva Sankaran

When my father, attained samadhi on 20 November, 1994, my mother stood in his place to make sure the sabhai continued its function. At that time, my brothers and I were overseas for our studies and my sister was outstation for a dance program. My mother worked with key sabhai members to make all the funeral arrangements. And, when I arrived in Malaysia from Canada for the funeral services, the first thing she told me was that I was not to be too emotional about the passing of my dad – he had lived an excellent life and that we should continue his work. Seeing her, I got my emotional strength to perform all the final rites for my father and made sure things were put in place for the sabhai to continue my father's legacy of service to Mahan's work in Malaysia. I stayed back for 3 months to sort out a few family matters before going back to Canada to complete my doctoral studies. Before I left she said "go finish your studies, I will look after things here – but make sure you come back so that you can takeover". She held the fort for three years, until I got back to Malaysia in 1997.

When I returned from Canada after completing my studies, I and my family stayed with her for close to 20 years, until her last two years before she moved to my apartment in KL to be closer to her hospital in Bangsar and closer to my sister and younger brother. During my stay in her home

in Klang, she gave me all the support as how she gave my father to lead the sabhai. She was so happy and gave me her blessing for me to take on the role as a Guru of the sabhai in 1999 and the Gurupiran's role in 2014 to continue the work of Mahan, Gurupiran Siva Sankaran and all the other gurus that came before me.

She was also very happy that her lonely life was again rejuvenated by her loving family members, especially the grandchildren enriching her life. She was happy that she now could devote more time for her religious activities, her readings and with her grandchildren.

8. The final farewell – a celebration a life well lived

As she was approaching 80 years, she had an interesting request – she wanted to celebrate her 80th birthday in a grand way as how Mahan's 80th birthday was celebrated in our home in 1980. We made arrangements to have a grand celebration for her – we invited all her family members and friends. She even selected the menu for the evening. She really enjoyed the cultural performance from my sister and her children; and all the poetry recitations from all the grandchildren. She was in awe with the love and kindness everyone showered upon her.

In 2017, she had a bad fall, where she fractured her hip bone and was bedridden. In spite of the deteriorating medical condition; she was in full spirit. She knew the end was near; and she wanted to spend quality time with her family members. All of us took the time to be with her and made sure we cherished every moment with her. I have had numerous conversations with her on her final journey; and she constantly mentioned that she was ready to move on to her next phase. She was not afraid of death, but saw it as a natural state of evolution – she said that everything she learnt from her father, guru and husband on enlightened living and the Samadhi state has given her peace to accept the next transition state and to accept it with a calm, peaceful and joyful mind. In her final days, we witnessed her clapping her hands and laughing like a child – that innocence of the human spirit permeated by her is imprinted in me forever.

Interestingly, she was preparing us for her final state of evolution, including her final rites – she told us she did not want a funeral, but a celebration of life. And, my siblings, our spouses and her 11 grandchildren gave her a “Celebration of Life”. All five children and one of her grandchild was present when she breathed her last breath at 1.38pm on 12 April, 2019. It was one of the most beautiful scene I have witnessed. I witnessed her mortal soul reaching out to the Universal Primordial Supreme Personality, to be one with it in the final moments of her life – the attainment of the Samadhi (our original state before we took on this mortal state) for her took place at 1.38pm on 12 April, 2019.

What an amazing scene! A state I have experience in my deep meditation; but to witness it in my mortal life was truly a gift from my mother to us who were there in the room with her – how she embraced her Supreme Mother that gave rise to her mortal existence - the divine universe slowly embraced her unto itself. In her final gasp for breath – she signalled “I am Merged” (attainment of the I-God State) with the ECG take two major final spikes (like an ‘M’) and then flat lined.

9. What I learnt from my mother – my first Guru

Life is an interesting journey, where we meet many people that leave various imprints in our heart and mind. Some leave challenging imprints, while others enlightening, enriching and inspirational imprints. I have witnessed my mother’s life – her struggles and great moments. In all this, one thing was certain - that her commitment and love for her parents, guru, husband, her children, grandchildren and the sabhai were truly amazing. She saw them as a source of her strength. She also infused her strength in them too. It was an important symbiotic relationship of love,

kindness, compassion, inspiration, forgiveness, grace and positivity that nourished one another. But, at the core of this enriching and enlightening experiences for me was my mother – my first guru; and the guru that nourished my body, mind and intellect; and showed me how to embrace the universal spirit with my mortal mind while living and in the final moments of life.

My Spiritual Guru (HH GP Mahan) – showed how to unify the mortal mind with my inner self and take a rational/scientific approach to life.

My Father (Gurupiran Siva Sankaran) – showed me how to use my mortal mind in a productive way, by example – he demonstrated amazing discipline, dedication and leadership qualities.

My teachers / research supervisors – showed me how to transform my mind to be analytical and scientific in understanding this material universe better.

My mother – showed me how human challenges and fragilities can be overcome through kindness, generosity and compassion (which I also saw in my siblings during the most challenging moments); and more importantly, how to embrace the universal spirit with a mortal mind in the final moments of life – that death is not to be feared, but a natural state of enlightenment and bliss.

Thank you Amma – you completed my Apprenticeship training as an ‘Explorer’ in this mortal world.

Santhosam and peace be with you.

Gurupiran Paranjothi Mahen Sankaran

4th Principal Gurupiran of Paranjothi Paripurana Gnanam Malaysia.

11 November, 2019



Hear my words with your heart,
and you will become extremely courageous.

Hear me with your forehead,
and you will conquer fear of death.

Hear me with the top of your head,
and you will shine in intelligence.

Be swift and poised in all that you do and you will know everything within yourself. Do not act contrary to truth.

என் குறையை நிவர்த்தி

செய்தவர்

குருபிரான் சிவசங்கரன்



என்னுடைய சொந்த பார்வையில் நான் பல நன்மைகளைப் பெற்றுள்ளேன். இந்த பரஞ்சோதி பரிபூரண ஞானசபையின் முதல் குருபிரான் சிவசங்கரன் அவர்களை சந்தித்ததற்கு நான் மிகவும் பெருமைப் படுகிறேன். அதே சமயத்தில் நான் ஒரு அதிஷ்டசாலி என்று கருதுகிறேன். இதற்கு முன் குருபிரானையோ, ஞான வள்ளல் பரஞ்சோதி மகானையோ, குண்டலினி யோகத்தை பற்றியோ எனக்கு ஒன்றும் தெரியாது.

என்னுடைய வாழ்க்கையில் 25 வருடங்கள் புகைப்பிடிக்கும் பழக்கத்தினால் உடல்நிலை பாதிக்கப்பட்டது. நான் இரத்த அழுத்தம், வயிற்றுக் கடுப்பு (Gastric) ஒற்றைத் தலைவலி ஆகிய நோய்களினால் சிரமப்பட்டேன். என்

மருத்துவர் புகைப்பிடிக்கும் பழக்கத்தை நிறுத்திக் கொள்ளவேண்டும் என்று எச்சரிக்கை விடுத்தார். என் வாழ்க்கையில் ஒரு சரியான திசைகாட்டி இல்லாமல் தத்தளித்துக்கொண்டிருந்தேன். அப்பொழுதுதான் பரஞ்சோதி குருபிரான் சிவசங்கரன் அவர்களுடைய இரு சீடர்களை சந்தித்தேன். இவர்கள் ஒரு வருட காலமாக குருபிரானைப் பற்றி குறிப்பிட்டுள்ளார்கள்.

குண்டலினி தியானம் செய்தால் கண்டிப்பாக புகைப்பிடிக்கும் பழக்கத்தை நிறுத்திக் கொள்ளலாம் என்று அடிக்கடி அறிவுரை கூறினர். இவர்களுடைய பெயர் சீடர் அலாமின், சீடர் கோதண்டபானி. இவர்களுடைய அறிவுரை என் நினைவில் இருந்து கொண்டே இருக்கும். நாம் ஏன் முயற்சி செய்யக் கூடாது என்று நினைத்து ஒரு நாள் சுவாமி அறையில் விளக்கின் முன் தனியாக அமர்ந்து தியானம் செய்தேன். தொடர்ந்து மூன்றாவது நாள் யாரோ என் உச்சியில் படரென்று தட்டும் ஒலியால் முன்புறம் தள்ளப்பட்டேன். என் வீட்டில் உள்ளவர்கள் ஓடிவந்து என்னை தூக்கி சமாதானம் படுத்தினார்கள். உடல் உஷ்ணம் மிகுதியாகிவிட்டது அப்படியே உறங்கிவிட்டேன். காலையில் உதடுகள் வெடித்து லேசாக இரத்தம் கசிந்திருந்தது. என் வீட்டினர் எல்லோரும் பயந்துவிட்டனர்.

என் மனைவி மெய்ஞான செல்வர் பாணியை தொடர்பு கொண்டு வீட்டுக்கு வரும்படி கேட்டுக்கொண்டார். அவருடைய சீடர் அலாமினும் வீட்டுக்கு வந்தார்கள். நடந்த விசயங்களைச் சொன்னோம். உடனே அவர்கள் 11.3.1986ம் தேதி அன்று குருபிரான் சிவசங்கரன் அவர்களுடன் தொடர்பு கொண்டு அன்று இரவு மணி 10.00க்கு அவரை சந்திக்க ஏற்பாடு செய்தார்கள். நாங்களும் குருபிரான் வீட்டிற்குச் சென்றோம். அவர் ஒரு நிகழ்ச்சிக்கு சென்றுவிட்டு வந்தார். நாங்கள் எல்லோரும் குருபிரானை வணங்கினோம். அவருடைய பார்வையோ என் உடலைச் சிலிரக்கச் செய்தது. என்னைப் பார்த்து சிரித்துக்கொண்டே சரியான இடத்திற்குத் தான் வந்திருக்கிறாய் என்று சொல்லி மகானுடைய நல்லாசியோடு எல்லாம் நலமாக நடக்கும் என்று சொல்லி எல்லோரையும் ஆசிரவதித்தார். பிறகு ஒரு கோப்பையில் நீர் நிரப்பி குருபிரான் கையில் சில நிமிட நேரம் வைத்திருந்து பிறகு என்னை அதனை குடிக்கச் சொன்னார். அதனால் எனக்கு உற்சாகமும் தெம்பும் உண்டாயிற்று. தியானத்தைப் பற்றி பல விளக்கங்களை கொடுத்தார். இதில் குருமாதா அம்மையாரும் கலந்து கொண்டார்கள்.

நீ கண்டிப்பாக உபதேசம் பெறவேண்டுமென்று கேட்டுக்கொண்டார். நாளை வருகிறோம் என்று சொல்லி விடைபெற்றோம். அடுத்த நாள் அதாவது 12.3.1986 இரவு நாங்கள் மீண்டும் சென்றோம். குருபிரான் மீண்டும் சில விளக்கங்கள் கொடுத்தார். அதனால் மனம் தடுமாற்றம் அடைந்து உடல் உஷ்ணம் மிகுதியாகிவிட்டது. நீர் மந்திரித்துக் கொடுத்தார்.

குருபார்வை இல்லாமல் தவம் செய்யவேண்டாம் என்று சொல்லிவிட்டார். அடுத்த நாள் மீண்டும் சென்றோம்.

“குறையை நிவர்த்திக்க கூறிய குரல் கடவுள், குறையை நிவர்த்தித்த உருவச் செயல் கடவுள்” இப்படியாக மகானுடைய பொன்மொழியைப் பின்பற்றி குருபிரானை 11.03.1986இல் சந்தித்து 13.03.1986ஆம் நாளன்று குருபிரானிடம் உபதேசம் பெற்றுக் கொண்டேன். பல வருடம் புகைப்பிடிக்கும் பழக்கத்திலிருந்த நான் ஒரே நாளில் அப்பழக்கத்தை நிறுத்திட குருபிரான் சிவசங்கரனே கடவுளாக வந்தார். அன்று முதல் என் வாழ்க்கையில் ஒரு மாபெரும் திருப்பம் ஏற்பட்டதென்றால் அது மிகையாகாது.

பிறகு குண்டலினி தவத்தினால் நோய்களை நீக்கி உடல் ஆரோக்கியத்தை வளர்த்துக் கொண்டேன். பின்னர் சபையின் நிர்வாகத்தில் சேர்க்கப்பட்டேன். சபைக்கு தொண்டு செய்யும் பாக்கியம் கிடைத்தது. இதன் பிறகு குருபிரானுடைய அன்பையும் குரு சிசியர்களுடைய விசுவாசத்தையும் அறிந்து கொண்டேன்.

“உன்னில் தோன்றும் நினைவுகளை, நீயே உணர்ந்தால் ஆயிரம் குருக்களின் பலனை நீ அடைவாய்”.

வளர்க மெய்ஞானம், வாழ்க சமாதானம், சந்தோஷம்.

ஞான குருபரஞ்சோதி

S. ஐய்யரமணியம் PPPG (M) சபை.



அறிவின் அறிவால்,
அறிவின் தெளிவால்,
தெளிவிலும் தெளிவாய்த்
தேர்ந்தது ஞானம்
ஞானமே உணர்வு,
உணர்வே உயர்வு,
உயர்வே உணர்வு
உணர்வை உணர்வது
உங்களின் அறிவு

Gnana is the essence of refined knowledge achieved through constant research, Gnana is self - realisation worthy of aspiration . It is your knowledge that attains this self realisation.

- MAHAN

TRIBUTE TO:

Paranjothi Gnana Guru Subramaniam Suppiah



Departed On: 17.09.2019

Paranjothi Gnana Guru M.Ananthan



Departed On: 14.10.2019



Disciple Ms. Neoh Li Leng



Departed On: 13.10.2019



With Paranjothi Mahan's blessings, the sabhai and the Guru council is thankful to the dedicated Gurus and disciple who served the Sabhai during their period.