

# LCFA 2025 FAMILY & COMMUNITY HEALTH DIVISION RULES

## I. Rules

1. \*\*Each entry must be entirely the work of the exhibitor. Failure to do your own work will mean disqualification. Food entries must have been produced in 2025, except for canned foods. All non-food entries and canned entries must have been produced no earlier than March 1, 2024.
2. \*\*FCH Validation with an **UPLOADED COPY OF THE RECIPE** are due March 1, 2025, by 11:59 pm. through the online registration at showman.app.
3. Entry fees and yearly family membership fees are due by March 1, 2025, and may be paid by Cash or check or online at showman.app. Cash or checks may be paid in person to Mica Trojacek at Studio Move, 1023 N. Ellis St., Groesbeck, or at the Limestone County Fair Annex building during validation on March 1, 2025, from 8:00 a.m. to 10:00 a.m. Checks may be mailed to LCFA, P.O. Box 965, Groesbeck, TX 76642, but must be post-marked by March 1, 2025. Please do not send cash in the mail and make checks payable to LCFA.
4. Entry fees - \$10.00 for each food item and \$5.00 for all other items.
5. Only one entry per class, per exhibitor is allowed.
6. All entries must be brought to the Groesbeck High School Auditorium between 7:00 a.m. and 8:00 a.m. on Monday, March 24, 2025. Entries will not be accepted at check-in if they do not comply with all rules, especially rule 11. Items must be complete upon arrival. You will not be allowed to adjust or set-up entries once you have checked in.
7. One copy of the recipe on a 3x5 index card, **without** the participant's name, must be attached to the food item upon arrival. All recipes must be on a 3x5 index card and may be written or typed and **exhibitors will not be allowed** to write your recipe down during check in. No logos on recipe cards, such as 4-H, FFA, FCCLA, or other will be allowed. Judges will disqualify entries without a recipe card.
8. \*\*For food safety purposes, NO item requiring refrigeration will be accepted at check-in. This includes cheesecakes, custards, etc., as well as any recipes containing those words in title (Example: cheesecake brownies.) Please do NOT bring butter or other toppings for items.
9. \*\*All food entries must be on a disposable cardboard cake plate or a disposable (one use) foil pan. Items may not be sent in a container purchased at store bakery. Items brought in

plastic containers, chargers, plates, baskets, **BOXES** etc. will not be accepted. Items may be wrapped with clear plastic wrap or covered with the plastic lid that comes with the disposable (one use) foil pan. **No entries will be accepted covered in foil or with any added decorations.**

10. All Items will be limited to the following sizes/amounts:

- a. Cakes/Breads + Cake boards may not exceed 10in x 10in (Whole sheet cakes or items larger than 10in x 10 in will not be accepted)
- b. Cookies may not exceed 1 dozen.
- c. Muffins/cupcakes may not exceed 1 dozen.
- d. Candies may not exceed 2 dozen.

11. No purchased kits will be allowed in arts and crafts. Work must be entirely of the participant and original. This includes coloring pages, paint by number, etc.

12. Entries in the pie class must contain homemade pie crust: store bought crusts will not be allowed.

13. Decorated Cakes will be judged based on presentation only and will not be eligible for Grand/Reserve.

14. Judging will begin at 9:00 am. The doors will be locked, and no one will be allowed into the judging area while judging is taking place.

15. Ribbons will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places in each class at the judge's discretion.

16. There will be a Grand Champion and Reserve Grand Champion awarded in the following categories: Cakes, Pies, Cookies, Breads, Brownies & Bar Cookies, and Candies. Decorated cakes will be judged on presentation only and will not be considered for Grand/Reserve. Only the Grand Champion will be auctioned.

17. A student can sell only one Grand Champion food item.

18. Any recipe that makes it to the auction cannot be entered the following year.

19. A Grand Champion winner must present the buyer with a freshly baked item. **It cannot be the item that was judged in the show.**

20. All entries must be left on exhibit until Silent Auction.

21. Every precaution is taken to protect all articles, but it is distinctly understood that in no case shall LCFA, its Board Members or Limestone County and its employees be held responsible for any loss, damage, or injury of any character to any person, animal,

vehicle, art work, exhibit or article, while participating in FCS Division at the county fair. Any insurance deemed necessary by an exhibitor must be provided by that exhibitor.

22. An exhibitor may enter his or her food item in classes 1 through 9 to be sold in a bake sale. The LCFA cannot guarantee that items placed in the bake sale will be sold. Exhibitors receive all monies from items being sold in the bake sale. Any food item not sold in the bake sale will be discarded after the bake sale.
23. \*\*If an exhibitor does NOT want to place his or her items into the Silent Auction, he or she needs to have selected the DO NOT SELL IN SILENT AUCTION during the online registration process and pick up the item(s) during the designated pick-up time. **LCFA and Limestone County are not liable for any items being placed in the Silent Auction by mistake.**
24. Absolutely no animals allowed in the FCH Division building at any time.
25. There will be no viewing of items prior to Silent Auction taking place. Results will be posted outside the building for all to see once judging is complete.

### III. Age Divisions (grade as of 9/1/2024)

Pee-Wee	Grades K-3 <sup>rd</sup>
Juniors	Grades 4 <sup>th</sup> -8 <sup>th</sup>
Seniors	Grades 9 <sup>th</sup> -12 <sup>th</sup>

### IV. Entries may be submitted in the following categories:

#### Foods

Class 1 – Cakes

Class 2 – Pies

Class 3 – Cookies

Class 4 – Candies

Class 5 – Quick Breads

Class 6 – Yeast Breads

Class 7 – Cake Mix Plus Cakes

Class 8 – Brownies & Bar Cookies

Class 9 – Decorated Cakes

#### Food Preservation – proper canning seal required, and standard canning jars are to be used:

Class 10 – Canned Fruit

Class 11 – Canned Vegetables

Class 12 – Jellies & Jams

Class 13 – Preserves, Butters, & Marmalade

Class 14 – Pickles

Class 15 – Relishes

Arts & Crafts

Class 16 – Paintings (Oil, Acrylics, Watercolor, Paint-by-number)

Class 17 – Photography (Must be framed or mounted)

Class 18 – Sculptures

Class 19 – Woodwork

Class 20 – Needlework and Cross Stitch

Class 21 – Knit and Crochet

Class 22 – Quilts

Class 23 – Misc. Arts & Crafts

Sewing

Class 24 – Clothing and accessories

Class 25 – Decorative Textiles

Class 26 – Home Décor

*For more information, contact Laci Lowry at (979) 571-6476 or Mica Trojacek at (214) 636-4045.*