

Jan/Feb 2020

JOIN US!

For more info on this and other meetings go to

Tarrant Co ENA www.TCENA.org

Texas ENA www.TxENA.org

ENA www.ENA.org

Tarrant County ENA has 567 members!

MARK YOUR CALENDARS

SEE PAGE 4 FOR OTHER **CHAPTER AND** STATE DATES TO KNOW!



THE ROADRUNNER

TARRANT COUNTY



EMERGENCY NURSES ASSOCIATION



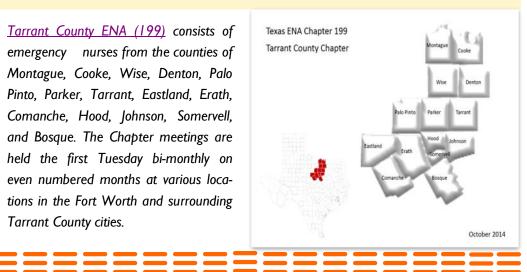
!! JOIN US !!

Tarrant County ENA meeting February 4, 2020 7:00 p.m. - 9:00 p.m. Texas Health Harris Methodist Hospital-Cleburne **Basement Conference Rooms** 201 Walls drive, Cleburne.

Educational: ALTO—Ketamine & Prehospital Use by Mickey Hanes BSN RN CEN TCRN CPEN EMT-P

Dinner will be provided. Bring canned goods for Tarrant County Foodbank.

Tarrant County ENA (199) consists of emergency nurses from the counties of Montague, Cooke, Wise, Denton, Palo Pinto, Parker, Tarrant, Eastland, Erath, Comanche, Hood, Johnson, Somervell, and Bosque. The Chapter meetings are held the first Tuesday bi-monthly on even numbered months at various locations in the Fort Worth and surrounding Tarrant County cities.





President's Message by Susan Raven, RN, CEN

Welcome to Tarrant County ENA 2020! National ENA is celebrating their 50th year in 2020 and they are planning a huge celebration at the ENA Annual Meeting from September 8-11, 2020 in Las Vegas, Nevada. I hope everyone has started the year with positive attitude regarding their career as an Emergency Room Nurse.

I was a ER nurse for about 30 years and loved every minute until the physicality of nursing took a toll on my body. I was most proud that I was a Professional ER nurse. When I graduated from nursing school, I developed a plan of how I needed to grow as an ER nurse, professionally, educationally and socially. I started taking courses to improve my practice, got involved in my nursing organization on local level and attended my first National ENA convention in 1994 in San Antonio. From there I was hooked to all that my ENA organization had to offer to help its membership to grow. My best friends are other ER nurses who I have learned so much from and I continue to look to them for guidance even as a retired nurse. Truly an ER nurse never really retires but there are many ways to stay involved to help the next generation of nurses who are replacing us. We can continue to teach, aid the local organization and even take on responsibilities at the state and national levels.

My goal is assist the next group of nursing graduates formulate their path to being a professional nurse. Today on Facebook I saw that nursing was ranked the most *trusted profession* for the 18th year in a row (Gallup Poll). We are in our departments to help heal and bring our patients safely to full wellness. We are leaders in our field and we use everything in our power to be a patient advocate but we also need to be nurse advocates. Seasoned nurses need to guide new nurses in how to rise and succeed in our field. Each nurse even in the ER has a specialty whether it be cardiac, pediatrics, geriatrics, forensic, or other specialties. Find a mentor who can guide you. I have to say that ER nurses are some of the most passionate people that I have ever met regarding their profession. I want to encourage senior student nurses and new graduates to attend a meeting at any levels of their professional organization whether it is ER, L&D or other specialties and find that one nurse who is as passionate about a subject or subjects as you are.

As Emergency Nurses, we want to grow our members and share our experiences in this new decade. Join ENA and let's grow together.

Raven



Tarrant County Emergency Nurses Association 2020 CHAPTER MEETINGS

Feb 4, 2020 7:00-9:00 pm

Texas Health Harris Methodist Hospital-Cleburne

Apr 7, 2020, 7:00-9:00 pm

Medical City-North Hills, Fort Worth

Jun 2, 2020, 7:00-9:00 pm

Wise Health System, Decatur

Aug 4, 2020, 7:00-9:00 pm

Baylor Scott&White All Saints Medical Center, Fort Worth

Oct 6, 2020, 7:00-9:00 pm

TBA—watch the website

Dec 1, 2020, 7:00-9:00 pm

Cook Children's Medical Center

Visit the Tarrant County EMA website for current updates at www.tcena.org

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Texas ENA & National ENA events

MARK YOUR CALENDARS!



Texas ENA 3rd Quarter Business Meeting will be in the DFW area!

July 10-11, 2020 ** Frisco, Texas

JOIN US FOR ENA's 50th Birthday Party!!

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Emergency Nursing 2020 Las Vegas, CA Sep 8-11, 2020 www.ENA.org