

March 2023

2023 Officers

President Barry Hudson

President-Elect Kris Powell

Treasurer Larry Lookingbill

> Secretary Susan Raven

Secretary Elect Colvn Turnbow

Immediate Past **President Patricia Yancey**

Tarrant County ENA meets at 7:00 p.m. on the 1st Tuesday of even months in Feb, Apr, Jun, Aug, Oct, and **Dec. Locations** vary so check out the TCENA website at www.TCENA.org

> Newsletter Editor Kris Powell

THE ROADRUNNER



Newsletter of the TARRANT COUNTY EMERGENCY NURSES ASSOCIATION



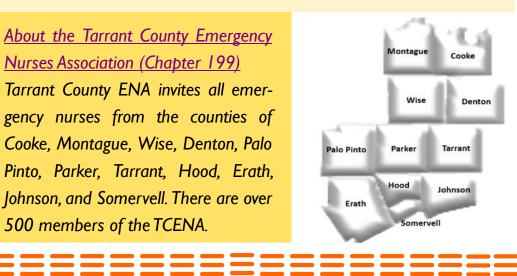
LETTER FROM THE PRESIDENT-TARRANT COUNTY ENA **Barry Hudson**

I am Barry Hudson, your 2023 president for Tarrant County ENA. I would like to extend an invitation to each member to continue the theme "Recharge". We are past the trials and pitfalls of Covid; some became ill, others worked extra to fill the gaps at work and many have become exhausted. I encourage each of you to take quality time off for yourself. ER nurses are notorious for compassion to their patients, families, and co-workers, but neglect themselves. Take time for you! Enjoy! Part of your recharge should include being a part of your professional organization. Not just a member but active in your organization to promote and improve that organization as well as all the people it influences. Be a part of the activities of your local ENA chapter. This year Tarrant County is going to visit the EDs and nursing schools in our area to promote the organization and encourage active membership. Come join us in supporting our chapter as we participate in community activities. We have chapter meetings the first Tuesday of every even month at 7pm throughout the year. We offer free CEs, sponsored dinners, and networking opportunities you wouldn't get elsewhere. The chapter will also sponsor some educational activities and conferences you may attend. Information on meetings and locations can be found on the website at www.tcena.org or visit us on our Facebook page. Soon members will be added to our new Microsoft Teams. Come join us and RE-CHARGE. Thank each of you for what you do.

Barry Hudson Tarrant County ENA, President

About the Tarrant County Emergency Nurses Association (Chapter 199)

Tarrant County ENA invites all emergency nurses from the counties of Cooke, Montague, Wise, Denton, Palo Pinto, Parker, Tarrant, Hood, Erath, Johnson, and Somervell. There are over 500 members of the TCENA.





2023 CHAPTER MEETINGS & EDUCATIONAL CLASSES

Tarrant County Chapter

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February 7, 2023
June 6, 2023
October 3, 2023

April 4, 2023 August 1, 2023 December 5, 2022

All meetings start at 7:00 p.m. *****

Details will be posted at www.tcena.org

Education Classes sponsored by TCENA

AHA Classes at USMD Arlington

BLS: 2/21; 3/21; 4/18; 5/23; 6/20; 7/25;

8/22; 9/5; 10/24; 11/14; 12/19

ACLS: 2/17-18; 4/14-15; 6/9-10; 8/18-19;

10/13-14; 12/8-9

PALS: 3/3-4; 6/23-24; 9/29-30; 12/22-23

TNCC: 4/3-4; 4/17-18; 10/16-17

ENPC: 3/24-25; 4/5-6; 5/15-16