

How To Mop A Floor Correctly in 5 Steps

Gather your mop, bucket and cleaning supplies. Although you have many choices when it comes to mops, always be sure to choose the best for your flooring type. Whether you choose a sponge mop, string mop or another type of mop, be sure the head of the mop is clean before each use to prevent the spread of bacteria.

Step 1: Prep your floor

Make sure you thoroughly sweep/vacuum your floor to get the dirt or fuzzies out of the way. If you skip this step, you could end up regretting it quickly. Not prepping your floor can drag leftover dust or mud on your clean floors. The dirt will react to the water causing a muddy mess.

Step 2: Prepare to Mop

Now you can fill the bucket up with your water and cleaner of your choice. (Be sure not to add too much cleaner!) You do not want to have a bubble mess on your floor. Adding too much cleaner can make your floor sticky or slippery once it dries.

Step 3: Correctly Mopping your Floors

Dip your mop into the bucket and wring out the excess water from the mop itself. If you are using a different mop, we will get to that topic here in a few. Once you have all the water out of your mop, slowly and carefully mop your floor from top to bottom using your mop in a straight-line pattern. ALWAYS, remain on unmopped floor so you do not slip or put yourself in danger of slipping. Frequently change your dirty water. Once you have thoroughly mopped your floor, allow it to dry. Again, please do not try to attempt to walk across the wet floor!

Step 4: Cleaning Your Mop & Bucket

While your floor is drying, clean your mop and bucket good and hang your mop to dry. This prevents mildew from growing on your mop head. Keep in mind, you should change your regular mop head frequently as it can become dirty if not washed or cleaned properly after each use.

Step 5: But wait, There's More!

Remember when I stated above that depending on the mop you use can play a factor on how to mop a floor correctly? I didn't forget I promise. As you know, people have different floor plans. You can have wood, linoleum, laminated flooring, vinyl and many more. Which comes to my next topic of finding the best mopping technique for each.