

Week 22: Coffee to Water

So I saw a great illusion today on Facebook Reels. It was a person with a cup of black coffee, which, in this illusion, represented someone with a dirty past, and he put it under a faucet. As he poured the clear water over the cup of coffee, it was obvious that the cup's brown color would not change immediately when the water started pouring; instead, it gradually became lighter over time. It would continue to turn clearer and clearer until, after a few minutes of watching the video, it was only the clear water in the cup. At first, I did not really understand what the point of the video was... until I took a look in the comment section. And then it clicked. This video was trying to convey to us that progress will take time, and you cannot rid all your baggage and bad habits at once. However, with enough dedication and clean habits, you will at some point be free from the chains of baggage that Satan puts on us.

As Christians, this is exactly what our walk with Christ often looks like. The moment we accept Jesus, we are forgiven completely. But becoming more like Him is a lifelong process. God doesn't expect instant perfection; He calls us to daily obedience. Every time we choose prayer over pride, Scripture over temptation, forgiveness over bitterness, or love over anger, another drop of clean water is poured into our lives.

There will still be days when the "coffee" seems to rise back to the surface. Old temptations, old habits, and old ways of thinking don't disappear overnight. That doesn't mean God has abandoned His work in us. It simply means the process isn't finished yet. We often become

discouraged because we compare ourselves to who we wish we were instead of remembering how far God has already brought us.

The beautiful part of the illustration is that the water never stopped flowing. If it had been turned off halfway through, the coffee would have remained cloudy forever. Likewise, if we stop spending time with God, stop praying, stop reading His Word, and stop surrounding ourselves with other believers, our spiritual growth begins to stall. But if we continually allow Christ to pour into us, He gradually replaces what once defined us.

Philippians 1:6 reminds us of this promise: *"He who began a good work in you will carry it on to completion until the day of Christ Jesus."* God is not finished with you. The person you are today does not have to be the person you are a year from now if you continue allowing Him to transform your heart.

Don't become discouraged if your cup isn't clear yet. Keep showing up. Keep praying. Keep reading. Keep trusting. Every drop of living water is changing you, even when you can't see it.

GOD BLESS - TY