

Head and Heart Week 6: You Have a Purpose – Be Definite

Napoleon Hill is an author and has two major books: *Success Habits & Think and Grow Rich*. I have had the privilege of reading both of these pieces of work. Before I tell you my biggest takeaway from these two pieces, I think it is important to begin to understand the background of Hill. He was hired by Andrew Carnegie (the steel mogul), and his entire goal was to study some of the most successful people in the world. He would then document and report back to Carnegie, as it almost turned into a mentorship between the two. He also served as an advisor to FDR and Woodrow Wilson, so this guy had exposure to various degrees of successful people – businessmen and politicians alike.

After reading both of his books, it was obvious that Hill was extremely keen on one principle: *Be Definitive in Your Purpose*. In fact, he encouraged us to write out our purpose every day. He alluded to the fact that something is extremely likely to come to fruition when you are writing it down and constantly keeping it at the center of your focus. Is our faith not the same way?

When we keep our faith at the center of our lives, it begins to shape everything. It shapes our relationships, choices, principles.... The list could go on forever. **Just like Hill suggested, writing down your purpose daily, Scripture calls us to write God's Word on our hearts.**

When we are definitive in our purpose, it doesn't just mean knowing what we want out of our lives, but it means knowing who we belong to.

God continues to call us in our lives to live with purpose and intention. Proverbs 29:18 says, *“Where there is no vision, the people perish.”* Just as Hill encouraged people to define their earthly goals, Scripture reminds us to anchor our spiritual goals — not just in success, but in *significance*. If we begin wandering in our lives with no real sense of direction and purpose, then it becomes very easy to lose sight of what matters most: **OUR RELATIONSHIP WITH THE ONE TRUE KING — JESUS CHRIST.**

When we wake up every day, we should remind ourselves of what our purpose is on Earth. That alone should give our minds the sense of peace that is needed to tackle the challenges that each one of us faces each day. We can truly protect our minds from envy, lust, comparison, and confusion. When we lack purpose, our minds begin to wander, and a wandering mind will open up our minds to anxiety. However, **A DEFINITIVE MIND WITH A FIXED PURPOSE LEADS TO PEACE.** Philippians 4:8 tells us, *“Whatever is true, whatever is noble, whatever is right, whatever is pure... think about such things.”* When we focus on our God-given purpose, we train our minds to think on what is meaningful rather than what is uncertain.

It is amazing how mental clarity is often a product of spiritual clarity. When we lack a sense of purpose, it is easy to feel unmotivated, lost, and in some extreme cases... depressed. However, when we define our ‘why’ in life, our mind has structure, which can lead to peace. Purpose does not remove pain, and that is not what I am saying it does. However, it gives pain context. It reminds us that there is meaning behind struggle – and that all things will work for the good of those who keep the Lord at the center.

So here's a simple practice for this week:

1. **Write down your purpose** — not just your career goals, but the kind of person God is calling you to be.
2. **Repeat it daily.** Speak it over yourself when you wake up.
3. **Pray for alignment** — ask God to match your plans with His plans.
4. **Notice your mental state.** Pay attention to how purpose grounds your thoughts and brings calm to your emotions.

**BE DEFINITE IN YOUR SPIRITUAL PURPOSE AND WATCH ALL THE CARDS
FALL INTO PLACE!!**

LOVE YOU ALL – TY