

4th Annual In-School Friendship Tae Kwon Do Championship

DATE: 11/17/2018/SAT

VENUE: The Activity Center at Bohrer Park, Summit Hall
(506 S. Frederick Ave., Gaithersburg, MD 20877)

EVENT: *Poom-Sae(Form) *Kyuk-Pa(Breaking) *Gyu-Roo-Gi(Sparring)

FEE: (Early Bird Registration: \$50 for one event and \$10 for additional event
before Saturday, October 27, 2018)

\$60.00 for one event & \$10.00 for each additional event **Oct 28, – Nov 15,**

*There will be "NO on-site registration" *No refunds after registration.*

SPECTATOR: \$5.00 at the door (*CASH ONLY*). Kids 5 & under/seniors 65 & over are FREE!

AWARDS: Everyone will get a medal for each event.

I am entering:

Form

Sparring

Breaking *Competitor must purchase breaking boards at the championship venue.

*Number of board: Ages under 6 or White, Yellow, Orange belt: **Up to 3 boards.**
Green belt & Up: **3-5 boards.**

Name: _____ Age _____ DOB: _____ Sex: M, F

Cell#: _____ Emergency#: _____

Rank of belt: _____ TKD School Name: _____

All competitors in the tournament must have their own sparring equipments (head gear, chest guard, mouth piece, groin cup, forearm pad, gloves, shin & instep pad), white official uniform, and boards for breaking.

Waiver & Release: I, the undersigned, do hereby voluntarily submit my application for attendance and participation in the Friendship Taekwondo Championship. I hereby agree to waive claims against any person, MUDO USA, TK M.Arts, MUSA Martial arts, King Tiger Martial Arts, Lion Choi's Taekwondo, Kwon's Taekwondo, JS Taekwondo, Grand Tiger M.Arts, JEONGS Taekwondo and their staffs for any injuries I may sustain and likewise will assume full responsibility for all my actions in connection with the championship. I also understand further that I shall strictly obey the rules and regulations governing this championship.

Parent/Guardian's Printed Name

Parent/Guardian's Signature

Date

*Competitors under the age of 18 years old must have a Parent/Guardian's signature.

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SCHEDULE:

8:00 AM	All masters and referees volunteers meeting.
9:00 AM	Door open for competitors and spectators.
9:30 AM	Form competition.
10:00AM	Breaking Competition.
11:00 AM	Sparring Competition
11:45AM	Team sparring competition.
12:00 PM	Lunch break
12:30PM	Continue sparring competition
5:00PM	Closing.

AWARDS: Everyone will get a medal for each event.

SCORING POLICY:

*Form Competition: 1) Confidence with Great Yell! 2) Snap & Power
3) Proper and Clean Kicks 4) Posture
5) Mistakes of movements will results in deduction of points
*****It's not necessary to follow kukkiwon FORM formation.**

*Breaking Competition: 1) Confidence w/ yell! 2) Focus & Accuracy 3) Balance & Posture
4) High technique point (only applies to Green belt and Up)
5) 2 attempts per station are allowed.
6) Mistakes of movements will results in deduction of points.

👉 Number of board: Ages under 6 or White, Yellow, Orange belt - 3 techniques (using 3 boards).
Green belt & Up – Up to 5 techniques (Allow to using 3-5 boards).

*Sparring Competition:

All Sparring rules for all color & black belts are followed by modified USAT & WTF rules apply. **“No Head Contact for all ages and belts”**

Round: All Belts all ages – 1 Minute, 2 Rounds

Points: Body kick 2 points, Punch 1 point. Spinning Body kick 3 points.

Division: Beginners (White, Yellow, Orange or Green belts)

Intermediates (Green, Blue, Purple belts)

Advanced (Brown, Red, Bo Dan belts)

Black Belts

Age: 5 & under, 6-7, 8-9, 10-11, 12-13, 14-17, 18-32, 33 & Up

Weight: Light, Middle, Heavy weight.