



MUSA Tae Kwon Do



Adult Home Report Card

-Must be returned in for the testing

- To be filled out by spouse.

- Blank line can be filled with individual family needs

Student Name _____ Age _____ Present belt _____

Grading Keys: A= Excellent, B=Good, C=Average, D=Needs, F=Fail (Please use + or- for a better or less grade)

Discipline	
Task	Grade
Make bed first thing in the morning	
Contribute to household chores	
Spend quality time with family	

Respect	
Task	Grade
Listen and respect others with different opinions	
Be cooperative with others	
Be polite when speaking with people	

Self Esteem	
Task	Grade
Complete work assignments on time	
Read books for improvement	
Exercise outside of class	

Self Confidence	
Task	Grade
Attend to Personal Hygiene	
Eat balanced, nutritional meals	
Practice Poom sae (Form)	

Please answer: Explain any improvement in your spouse's daily pattern compared to last time (or before taking Taekwondo lessons).
