



**THE GREYSTONE CENTER**  
**5510 US-280**  
**BIRMINGHAM, AL 35242**  
**WWW.YASDANCE.COM**

# SEASON 24/25

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## **CLASS REGISTRATION INFORMATION**

We offer a variety of dance genres to provide our students with a well-rounded learning experience. In order to provide a wide range of classes, we utilize a “Rotating Genre” type of schedule. This allows different genres to rotate each week (e.g., Ballet Burn one week, Jazz the next). This approach maximizes exposure to a wide range of styles, enhancing versatility and preparing students for diverse performance opportunities.

In each class, dancers will focus on technique and learn combinations specific to the genre being taught, ensuring continuous skill development while keeping every class fresh and dynamic. The class schedules are listed by Level and Rotating Genre classes are indicated by a class name, followed by a “/” with a second class name.

Classes are organized by skill level, rather than based solely on age. This ensures we are able to provide individualized instruction and allows for dancer to advance in the quickest way possible across all genres. A dancer may be a Level One in one genre and Level Two in another. Students are assessed at their first class, and adjustments are made throughout the season to ensure they are placed in the appropriate level.

**For first-time registrations, please choose classes based on your child’s age:**

- Creative Movement: Ages 2-5
- Level One: Ages 6-8
- Level Two: Ages 9-12
- Level Three: Ages 13+

### **Beyond the Steps: Choreography Program**

Our choreography program is open to all students, regardless of whether they train at YAS. Students aged 10+ can apply to participate in this program.



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## CREATIVE MOVEMENT & LEVEL ONE SCHEDULE AGES 2 TO 5 & 6 TO 8

**MONDAY**

4:15 PM TO 5:15 PM  
BALLET/TAP (LEVEL 1)

5:15 PM TO 6:00 PM  
LEAPS & TURNS (LEVEL 1)

6:00 PM TO 6:45 PM  
FIT & FLEX

**TUESDAY**

4:00 PM TO 5:00 PM  
CONVENTION READINESS/HIP-HOP  
LEVEL 1

**THURSDAY**

3:00 PM TO 3:45 PM  
CREATIVE MOVEMENT  
(AGES 2 TO 5)

4:00 PM TO 5:00 PM  
JAZZ/CONTEMPORARY (LEVEL 1)

5:00 PM TO 6:15 PM  
FIT & FLEX (LEVEL 1)

**FRIDAY**

4:00 PM TO 5:00 PM  
BALLET (LEVEL 1)

5:00 PM TO 5:45 PM  
LEAPS & TURNS (LEVEL 1)





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## LEVEL 3 SCHEDULE AGES 13+

**MONDAY**

5:15 PM TO 6:00 PM  
CONVENTION READINESS

6:00 PM TO 6:45 PM  
FIT & FLEX

6:45 PM TO 7:45 PM  
TRICKS/MODERN

**TUESDAY**

4:15 PM TO 5:00 PM  
COMPETITION TECH

5:00 PM TO 6:00 PM  
TAP/HIP-HOP

6:00 PM TO 6:45 PM  
LEAPS & TURNS

6:45 PM TO 7:45 PM  
BALLET BURN/JAZZ

**WEDNESDAY**

4:15 PM TO 5:45 PM  
BALLET

6:00 PM TO 6:45 PM  
CONCERT CONTEMPORARY/  
CONVENTION READINESS

6:45 PM TO 7:45 PM  
LEAPS & TURNS

**THURSDAY**

5:00 PM TO 6:15 PM  
FIT & FLEX

6:15 PM TO 7:15 PM  
CONTEMPORARY/LYRICAL

7:30 PM TO 8:30 PM  
BALLROOM/JAZZ FUNK

**SUNDAY**

3:00 PM TO 4:30 PM

BEYOND THE STEPS:  
CHOREO PROGRAM

AGES 10+