

176 Summer

Summer 2015

Thinking BIG for Our Children

Volume 4, Issue 4

Swimming at CYCSI, Summer 2015

It's summer time, which means summer camp, ice cream, and now swimming!

Community Youth Care Services and the Greater YMCA of Jamaica Queens teamed up to bring Instructional Swimming to the campers of CYCSI. Instructional Swimming has been a highly anticipated activity for the kids and parents of CYCSI as swimming is a great skill for kids to learn.

According to The Center for Disease Control and Prevention about ten people die from unintentional drowning each day. One fifth of these deaths are children 14 years old or younger. More than half of drowning victims require hospitalization, further care, or incur irreversible brain damage that can lead to death.

The three top factors that increases the risk of drowning are:

- The inability to swim
- A lack of barriers
- A lack of close supervision.

Research has found that swimming skills help and that taking part in formal swimming lessons reduces the risk of drowning. It is our hope that Instructional Swimming at C.Y.C.S.I summer camp can prevent our campers, your children from being included in these statistics. Our goal here at C.Y.C.S.I is for your children to have fun, learn, and create, but most of all to be safe.

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2040: Stepping into the Future

"Children are the living messages we send to a time that we will not see."

- Neil Postman

Here at C.Y.C.S.I we believe that it is important for our kids in their formative years to know what they want to do when they grow up. Through our trips, lessons, and classes we aim to help kids learn more about themselves and how they can contribute to the improvement of our communities.

Helping children learn more about themselves earlier minimizes the effects of peer pressure as they become older. We are not only in the business of thinking big for our children, but we are also in the business of building our boys and girls.

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Students Opinions on Swimming

When I started swimming it was fun. I'm glad I'm learning to swim now because it can be harder to learn how to swim when I am older. When you can do something that other people can't it's a great accomplishment. Swimming at the YMCA was fun; I like to swim without the noodle to test my limits.

- • Toryn Matheiu



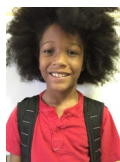
My first day at swimming was scary because I didn't know how to swim. I felt very anxious. When it was my turn to get into the pool, I was scared because I thought I would drown but it wasn't that bad. I started moving my feet in the water and I had a good time. (Except for when I was cold and damp walking out of the pool).

- • Kaelah Smikle



In the second group of swimmers we swam without the floatees. We kept repeating the same motions in the water for six weeks. We had to repeat those things so that we could learn how to swim. I think it's important to learn how to swim because if you are drowning in an ocean you can swim to the closest shore.

- • Rashad Townsley



2040: Stepping into the Future (Cont. from page 1)

This section of the newsletter contains snippets of real conversations I've had with the campers of C.Y.C.S.I. about the future. This is our initial attempt to cultivate the habit of creating innovative ideas and creating a habit of excellence.

Swimming at the YMCA



3D Printing

Paris Clarke: Teachers always forget their chalk in the car. In 10-20 years teachers will be able to have 3-D printers in their classrooms and when they forget their chalk they could just print another piece.

Ms. Jessica: Yeah! But wait, what about food? Like printing a piece of candy and being able to control the amount of calories in it?

Olivia Vaughn: Right? What about Jolly Ranchers?

Paris Clarke: You'll be able to make your own gummy jolly ranchers! Even your own flavors!

Ms. Jessica: I predict soon you'll be able to buy a 3-D printer and fit it in your back pocket.

Paris Clarke: Wow, then everyone will be so lazy.

(All Together): Agreed.

The Merging of Medicine and Technology

Toryn: Maybe, if you have a sickness and you want to get married you can live inside the robot and control it and the robot could administer your medication, and if you're dying it can revive you.

Lordina: As a doctor, I want to work with kids, I'll use liquid sugary types of medicines that will solve their medical problems

Victorya F: If you're sick but you have work to do a robot will take your place.

Creation of Droids

Rashad T.: I want to build a company that creates droids so that people no longer have to work. By having Droids work in the place of humans, humans will be able to pursue their dreams that do not fit into "conventional careers". .

2040: Story Catchers

Story Catchers

(Noun)

Someone who makes sense of life through the power and practice of story. (A book by Christina Baldwin).

This section of the newsletter contains stories and poems from some of our campers at C.Y.C.S.I that describe their visions of the future.

Thank You to my assistant, Jordan Francois for his contribution.

Love in The Future By: Dominique Jerome

In the beginning
I opened your eyes,
For the first time.

What if I told you
Dreams,
Can be caught up
And so gone tomorrow.

I saved the night
And held on longer.
And I aimed high

You and I,
Were made to love.
Like an angel
We loved it!

And all of me became true!

Inspired by the tracklist from John Legend's 2013 Album,
"Love in the Future"



Dominique Jerome
1st Grade

The Cinderella Part of Me By: Jasmine Mayers

As we dance under the neon lights
We don't mind to check if it's midnight.
Tonight I'm giving my heart a break
For the sadness and pain I will not take

I'll travel a long distance,
To a place called La La Land.
And I'll be burnin' up the dance floor,
Dancing to a new band.

This is me, yet it isn't
And I hope to see it again.
But once the clock strikes midnight
I'm back to my original sight.



This is 2040 By: Jordan Francois

In the year 2040, kids didn't go outside and play with their friends or watch television. Everything was done through virtual screens.

A businesswomen named Alexander, was the senior sales person of one of the richest companies in America She is the mother of two twin boys Jaen and Kaedin, and a wife to a loving and lazy husband Bill. Her job took her everywhere from conferences in New York to meetings in Hong Kong. After work she had to hustle home to work so she never has time for herself. However, with the power of technology she communicates with big executives worldwide through the power of one screen. The world of 2040 has gained millions of people their sense of security and independence through the power of advanced technology.

2040!

Game Day

This summer the Media and Arts Club hosted game day.

Each room contained different types of games was hosted by a group of activity specialists.

The Media Room was the hub for computer games and game systems such as PlayStation and X-Box.

The Science Room housed portable gaming systems such as the Nintendo DS.

The ELA and Speech Room housed Board and Card games.

Each grade rotated from room to room but only kids who completed a video game review were able to play in the Media Room.

Summer Birthdays

Happy Birthday to our campers and staff!

Campers

- Olivia Vaughn
- Matthew Guy
- Janine Pratt
- Gabrielle Brown
- Noel Boone

Staff

- Mr. Jonathan
- Ms. Imanie

We wish you many more happy days!!!

Game Day Cont.



Clubs: Summer 2015

Double Dutch

Jonathan Sutherland, one of C.Y.C.S.I.'s new activity specialists organized the first Double Dutch club. Sutherland competed professionally with his school in April, May, and June of 2015.

He said, "I realized how important learning [Double Dutch]. Double Dutch taught me rhythm, how to be observant, and how to listen well."

Sutherland aims to provide instruction to the kids to improve their observation and concentration skills.

Photography

Jonathan Sutherland founded the first Photography Club for C.Y.C.S.I in an effort to teach kids how to understand perspective. Alexia Forbes, an assistant of Sutherlands' said that the kids were taught about different angles.

The final project consisted of photo collages created by the kids, which include photos of: shoes, eyes, transportation, dance poses, and patterns.

Home Economics

This summer Ruth Cowans spear-headed the Home Economics club, which aimed to teach skills for every day living such as, sewing and cooking.

Olivia Vaughn, a 4th grader said, "We learned how to use a sewing machine and how to perform basic, hem, and x stitches."

In addition, they cooked pizza and prepared salads. The final products of the class include the creation of pillows, purses, and aprons.

Our Visit To Vaughn College

Vaughn College of Aeronautic Engineering, Aviation and Technology prides itself on being the leading educator of the next generation that will make the world work. The mission of Vaughn College is to "...educate and train our leaders in the future proof fields of engineering and technology, management and aviation." The goal of this trip was to introduce the campers to future careers in engineering, technology, airport management, and aviation. As we proceed into what seems like the unknown, it is important for our campers to be aware of the career fields of the future.

Paris Clarke, a 4th grader said, "We went on a tour of the campus. We went to the plan hangars and saw engineers working on different planes". Olivia Vaughn, a 4th grader quickly interjected and said, "I thought that the engineers who worked on the planes were able to fly them afterwards. But, our tour guide told us that if they were able to fly their own planes there would be a lot of problems with the surrounding airports and the Air Traffic Control". Aniya Weaver, a 4th grader said, "I really enjoyed seeing all of the planes and watching engineers work on them." Clarke concluded

When asked what the most interesting part of the tour was Paris Clarke, Olivia Vaughn, and Aniya Weaver all unanimously agreed that it was meeting the Robotics club. Clarke said, "The robotics club showed us their Loki Robot", named after Marvel's comic book character Loki, the adopted brother of the fictional character Thor, "and we learned that the Vaughn College Robotics Club traveled across the United States participating in robotics competitions. They won most of them..."

Lastly, all three girls enthusiastically discussed their amazement with 3-D printing. Clarke reported that the tour guide informed them that it took seven hours to print a 3-D shark but only thirty minutes to print a human finger. Clarke said that they discussed using robots to pick up trash in the future and Vaughn expressed their amazement about printing 3-D gears.

Aeronautics and Engineering



The Cradle Aviation Museum

Star Lab

Imagine crawling into the abyss of space on your hands and knees (with the guidance of a space angel), and then watching the sky light up before your eyes. As your eyes become more adjusted, you begin to see more stars. And each star is but a small portion of the portrait of the galaxy. The constellations begin to show and your space angels point out the shapes. You ask questions about the stars and their story, and with enthusiasm and wonder your space angel tells you the story of the stars' creation.

That is what the StarLab was for our campers, volunteers, and staff. We hope that the sense of wonder instilled in your children will carry on into their ideas, creativity, and schoolwork in the upcoming year.



Space and Rocket Workshops

Did you know that a rocket needs to go 17,600 miles per hour to completely escape Earth's gravity?

Did you know that Astronauts can't bring water into space because of a lack of gravity?

Did you know that space food is dehydrated before it leaves the earth?

AND

Did you know that Astronauts have to exercise three hours every day in space to keep their muscle mass?

Neither did we, until the Aviation Space Museum visited C.Y.C.S.I Summer Camp.

Kite Workshop

For many of us kites have been a topic full of wonder and mystery. Fortunately, the Cradle Aviation Museum, came to teach the kids other fun facts about kites!

Kites are fun to look at, but some kites are important because they send messages. For example in China, a flying kite can be a reminder that the wall of china is closing.

- Kal-el Douglass



The Home Depot Workshop

"You must learn to extract things of value out of things that seem totally worthless."

The one word that comes to mind when I think about our campers growing up is: Build.

Our campers are building their personalities and friendships; this summer they built scooters, bug houses, and more! The Home Depot Workshop lead by our senior staff and volunteers on August 8th was a great success. With a few pieces of wood and some direction, our campers transformed meaningless wood into artwork.



Field Day 2015..A day of Relaxation and Fun!

Thank you New York City Department of Parks. The Sports Mobile had many fun activities, especially the bag race.



Councilman Daneek Miller Visit to Our Program

Thank you to Councilman Daneek Miller for visiting our program in his new position as Councilman of the 27th District in Southeast Queens (Hollis, St. Albans, Cambria Heights, Addisleigh Park, Jamaica, and Springfield Gardens). We appreciate his support.



Thank-You!



Again, this year we participated in the NYC Department of Youth and Community Development SYEP program. A number of students sourced from LaGuardia Community College supported the staff of our summer program. They learned how to execute a lesson plan and how to communicate clearly and effectively with others. In addition, a number of middle and high school students volunteered to support our program. We greatly appreciated their assistance and wish them much success in their future endeavors!

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