

HEALING IS FOR YOU

September 19, 2025

'Jesus went throughout Galilee, **teaching** in their synagogues, **preaching** the good news of the kingdom, and **healing** every disease and sickness among the preaching people.' - Matthew 4:23 NIV (Teaching explains the kingdom, proclaims it and healing demonstrates it)

GOD WANTS YOU WHOLE

May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. - 1 Thessalonians 5:23

- God created man to be healthy - Genesis 1:31 Everything was very good
- All of us have a desire to be healthy - eg. we go to the doctor for that reason
- God has placed healing properties in our body - eg. a cut will naturally heal in a process
- Healing is in one of God's names - Exodus 15:26 'I am the Lord who heals you' / Jehovah Rapha
- Healing is part of God's covenant - Exodus 23:20-26, Deuteronomy 7:14-15
- Healing was in the shadow of the cross - Numbers 21:4-9, John 3:14-15
- Healing is one of the benefits for a believer - Psalm 103:1-3
- Healing is in Jesus at the scourging post and the cross - Isaiah 52:13-15; 53:1-7,
- Healing includes payment for our sins, healing for our soul - 1 Peter 2:24
- Healing is in God's Word - Proverbs 4:20-27
- Healing is in the pastor/shepherd ministry - Ezekiel 34:1-4, Psalm 23, Luke 4:18-19
- Healing is part of Jesus and the Kingdom of God ministry - Matthew 4:23-25; 8:1-16 9:35, Matthew 11:5-6,12; Isaiah 61:1-3. The 4 gospels have 3779 verses and 727 mention healing etc.
- Faith in Jesus' healing power was a factor in 13 of the 21 cases in the New Testament
 - Healing is part of the early church and its growth with over 20 miracles mentioned in Acts
- Healing has continued throughout church history - eg. In his later years, St. Augustine went from being a cessationist (miracles ceased after the 1st century) to believing in miracles when he witnessed numerous miracles in N. Africa
- Healing is included in the gifts of the Spirit - 1 Corinthians 12:9-10
- The Lord's supper can be a place for healing or for death - 1 Corinthians 11:29-30
- The Bible gives over 20 ways we can receive healing - eg. Lay hands and they recover Mark 16:18
- Healing is not a sign of your goodness but of God's grace, power, compassion and goodness

ONE CAUSE OF DISEASE: Malfunctioning cells

TWO CAUSES OF MALFUNCTIONING CELLS: **Toxicity** (toxins) and **Deficiency** (lack of nutrients)
- Raymond Francis Ph.D.

As I pondered that quote from his book, *Never Be Sick Again*, I realized that this is not only a good description of physical disease, but it can also be applied to the church and our spiritual lives. Our physical world is full of dangerous toxins from which we must detox and also our food is filled with empty calories with little minerals and other nutrients. Similarly, our spiritual lives contain toxins and lack of the Word of God. See our **Health and Healing** section on our site: jesusreigns.net

Spiritual Toxins: Satan, demonic influence, sin, man's fallen nature, idolatry

- Spiritual /mental stress: guilt, fear, worry, bitterness, brooding anger, hate, unforgiveness, unbelief, disobedience, divisions in the body of Christ are like cancers that spread
- Physical stress: Lack of exercise and good sleep, immoral sexual behavior, ignore sabbath rest

Vital Nutrients: Filled with Word of God and Holy Spirit, live in shalom / peace and rest

- Walk in love and the light, maintain fellowship with God and others
- Live a life of praise and thanksgiving, pray the Word of God, confess God's Word
- Laughter is good medicine
- Blood of Jesus / take communion often, remember God's benefits - Psalm 103:1-3

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