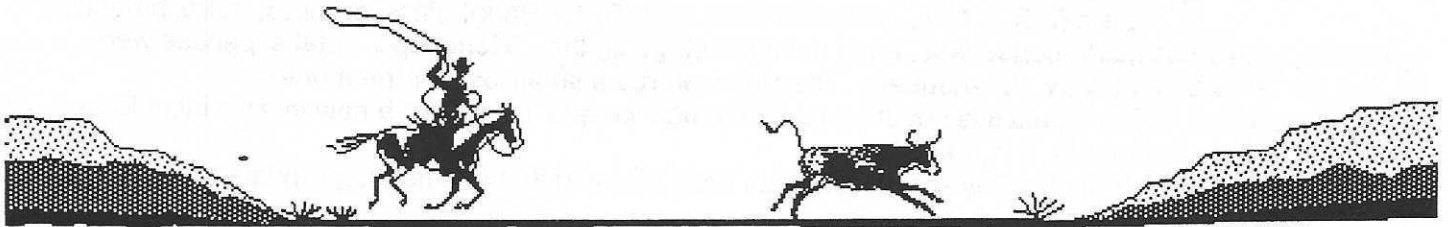


# THE ROUNDUP

MARCH, 2003



## BOOTS 'N' BUCKLES NEWSLETTER

[www.linedancefun.com/bootsnbucklesclub.htm](http://www.linedancefun.com/bootsnbucklesclub.htm)

Volume 14 Issue 3

Bucklesdance@aol.com



I hope everyone had a great February and a wonderful Valentines Day. We had a good turn out for our Valentines Dance - sixty-three attendees! All were greeted at the door and given a numbered red heart to be worn until break when two lucky numbers would be called to win one of two one-pound boxes of See's candy! Joyce MacCrae and another lucky

winner, whom I've unfortunately misplaced the name, took the yummy prizes with smiles!

Our next special dance will be for St. Patrick's Day, and will be held on Friday, March 14th. The pinching brigade will be out in force, so be sure to be wearin' your green and Shamrocks for luck. This is the one day when EVERYBODY is Irish! We'll have special prizes that night also, so come prepared for another fun-filled dance. And as always on these special nights, finger foods are welcome!

On April 11th, please be sure to bring your appetite and dancing shoes! The pasta dinner will be from 7PM to 9PM for \$6.00! Yes, \$6.00 will get you admission to the dance and also the pasta dinner. Please be sure to sign up as soon as possible (sign-up sheet on the water table) so we can tell Walter and Doug how many dinners to prepare. You need to sign up by March 28 to get in for the low price of \$6.00. Also, that night we'll be giving away one free raffle ticket to anyone wearing Boots n Buckles shirts or jackets. It's going to be a great night! So sign up!

The Board is putting on their thinking caps and starting to work on plans for the annual workshop that will be held on Saturday, June 7, 2003. We're looking at some different ideas to make this year's event exciting and a real success. So mark your calendars! More information will follow.

I have a short story to share with all of you. Some of you have already heard it, but for the ones that didn't, here goes...

I went to the bank to make a deposit for Boots n Buckles and there was a new teller. She took my deposit and said, "Would you sign here Miss Buckles?" At that point I was trying to keep a straight face and I said, "Oh, you can call me Boots!" She just went on with the transaction and when she was finished she said, "Have a nice day Miss Buckles." I left the bank with a big smile on my face. I thought that was very funny. So if anyone wants to call me Boots, that would be all right with me! LOL!!

Not having had enough Valentine's Day dancing on Friday night, I went to the Quick Steppers Valentine's dance on Saturday. I had a wonderful time! Everyone was so warm and friendly! I want to start attending other clubs' dances on Saturday nights in addition to our Friday night Boots n Buckles dances. It's so nice to meet all the different people and to see what dances the other clubs are doing.

What a wonderful area we live in...so many places to dance, with so many wonderful people!

Happy St. Patrick's Day to all! Stay healthy and keep dancing!! See ya on Friday night!

Helen Phillips (aka "Boots"), President



**Friday, MARCH 7, 2003**

Line Dance with Michael Barr

All lessons start at 8:00 pm

**Friday, MARCH 14, 2003**

ST. PATRICK'S

at 8:00 pm



DAY  
DANCE

Bring finger food to share . . .

**Friday, MARCH 21, 2003**

Couples dance with Carole & Glen



Upcoming Events:

March 21 - 1st Day of Spring!!

April 6 - Daylight Savings begins . . .

April 11 - Pasta Dinner Night

June 7 - Annual Workshop

**NO WEDNESDAY NIGHT  
CLASSES IN MARCH**



Ah...where's me lucky charms??? It's March already, which means that St. Patrick's Day, and the official first day of spring is fast approaching. Why won't time slow down just a little bit?

This report is for the month of January 2003. Boots 'n Buckles held 5 dances for the month. Revenues from these as well as those from dues, 50/50 raffle sales, shirts, and rent collected from classes totaled \$2,576.00. Expenses incurred for the month were for music (DJ), raffles, instructor fees, rent (Swiss Park), office supplies, refreshments, insurance, yearly business license fees, and printing/postage of the "Roundup". Total expenses were \$2,794.30. As you can tell by the numbers, the club incurred a small loss for the month.

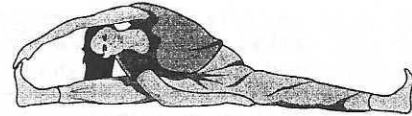
In comparison to years past it is not unusual for the first couple months of a new year to incur losses. The checking account balance is \$11,395.84.

Since it will be St. Patrick's Day soon, I found an Irish blessing that seemed appropriate to share:

May you always have  
Walls for the winds,  
A roof for the rain,  
Tea beside the fire,  
Laughter to cheer you,  
Those you love near you,  
And all your heart might desire!

This concludes my report. Keep on dancing!

Respectfully,  
Debbie Bloodworth



"Should I be warming up before my dance lesson?"

Yes of course you should stretch before any kind of dance class or social. Muscles can be cold and tight and injured easily if you're not careful. At least five minutes to stretch your body a little before social dancing can help ward off injuries.

It is very easy to hurt shoulder joints for both the ladies and the gentlemen when leading turns and following them. Even knees and hip joints due to rotating incorrectly or the wrong kind of shoes worn that stick to the floor.

Be careful with your body, it only takes leaving a few minutes earlier for class to give yourself enough time to stretch and warm up. Ideas for stretching include: rolling your head around to loosen up neck joints, rolling shoulders in a backward and forward rotation as well as pushing them down and back for a feeling of proper dance posture, moving arms up above your head and behind you, circling ankles in and outwards so you don't twist them, moving legs from the hip joint forward and back to loosen those joints up as well.

Bottom line...stretch, stretch, stretch!



Well, did I tell you LOVE was in the air, or what? We've got another engaged couple! Congratulations go out to Stefanie Rinaldi and Steve Crosby. The LOVE BUG made it official on February 14th

(awh, how romantic!) when Steve asked Stefanie to be his bride. They made their announcement at the Saturday Night Quick Steppers Valentine's Dance. So it's not just happening at Boots n Buckles, it's happening all over! OK, where next? Keep your eyes, ears and hearts open. It could happen at a Cactus Corners Dance, a Country Hustler's Dance, a Y Dance, a TGIF Dance, a Keep On Dancin' Dance, ooh, how about at a Heart Dance! That would be so appropriate! And keep those love notes coming in! We need more love and happiness in this world!

Tid Bits Duo (aka Leslie Brazelton & Carole Glasgow)

Happy Birthday

To You...!



Joanne Costantino	3/11
Lisa McGuire	3/11
Teri Bach	3/15
Janet Clayton	3/22
Harry Emmett	3/27
Debbie Kachalkin	3/27
Patti Mahlstedt	3/27

The time has come for me to resign as your editor. I have enjoyed editing this paper for the last 8 years, but can no longer give it the time and energy it deserves. If YOU are interested in being the new editor, please contact any Board member. Thank you for all your articles and support - please give your new editor the same.

Judi Grater

**BOOTS N'BUCKLES DANCE CLUB  
SWISS PARK  
5911 MOWRY AVENUE  
NEWARK CALIFORNIA 94560**

# **ST PATRICKS DAY DANCE**

**FRIDAY MARCH 14 TH  
8 P.M. TIL 11:30 P.M.**

**WEAR YOUR GREEN AND BRING IN A  
REFRESHMENT TO SHARE**



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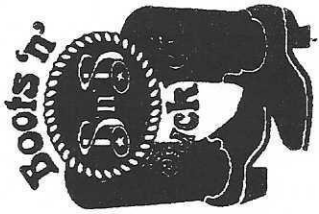
FIRST FRIDAY NIGHT DANCE LESSON

**FRIDAY, MARCH 7, 2003**  
**8 P.M. TIL 11:30 P.M.**

FEATURING

**MICHAEL  
BARR**

**'MR. BOOGIE TIL THE COWS  
COME HOME'**



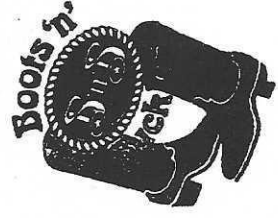
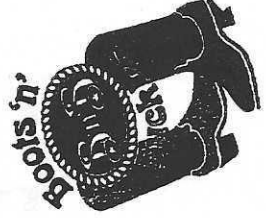
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**FRIDAY MARCH 21 2003**  
**8 P.M.**

**COUPLES DANCE  
LESSON**

TAUGHT BY

**CAROLE & GLEN**



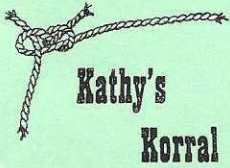


# SWISS PARK INTERMEDIATE LINE DANCE LESSONS ~MARCH~

<p><i>March 3rd</i> <i>The Next Best Thing</i> <i>Choreographed by Mike Sliter &amp; Roxanne Ashley</i> <i>Whoosh</i> <i>Choreographed by Bill Bader</i></p>	<p><i>March 10th</i> <i>High Tide</i> <i>Choreographed by Michael Vera-Lobos</i></p>
<p><i>March 17th</i> <i>Instructor's Choice - TBD</i></p>	<p><i>March 24th</i> <i>OLDIE - Le Doux Shuffle</i> <i>Choreographed by Kenny Edwards</i></p>
<p><i>March 31<sup>st</sup></i> <i>Rodeo Moon</i> <i>Choreographed by Terry Hogan</i></p>	

*Monday 7:30 pm to 9:30 pm*  
*\$7 per class*

*Instructor: Gary Clayton (925) 846-8192*  
*Swiss Park, Newark*



During the month of January, Connie Silva's Wednesday Night Dance Class was treated to a special group of new, upcoming line dancers. Julie Myers, who teaches at Irvington High School in Fremont, has been bringing her Social Dance students to Swiss Park to learn some of the dances being taught in order to broaden their understanding of social dancing. It is very evident that Julie has an extremely talented group and that she is devoted to helping the students realize this talent,

whether it be for pure enjoyment, exercise or maybe someday a career in Fine Arts.

The first night, some of us 'Old Timers' thought the kids would have a hard time picking up the steps, but were we ever fooled. Julie's students had no problem at all and by the end of the evening it was the 'Old Timers' who were worn out and decided to sit back and enjoy their dancing and endless energy.

Julie has been teaching her Social Dance PE Class at Irvington High for the past five years. The first year she began, there were only 28 kids in the class. Presently her program has grown to 3 classes per week with over 150 students attending. Julie teaches about 50% Country Line Dancing to pop music that she knows the kids like and will enjoy dancing to. The rest of her class is made up of partner dancing, West Coast Swing, Night Club Two-step and ChaCha. Julie picked up many of her dances from choreographers like Charlotte Skeeters, Jo Thompson, Rachel McEnaney and

Rob I. Julie also started a competition team using the concept of Swing and Hip Hop. They call the team 'Swip Swop'.

Julie was a guest instructor for Connie during one of the Wednesday night sessions and taught 'Bad Attitude' by Rachel McEnaney. The dance was very cute and looked so easy when the kids demonstrated it, however, us 'Old Timers' soon learned that our bodies didn't quite want to move in all those directions at once. Some of the moves we forgot were even possible, so after a few tries, many of us decided to just watch. The second dance Julie taught was 'Pop Ya Collar', choreographer unknown. This dance was more of the style we were used to. By the time this dance was over, we were all starting to feel like a group. Unfortunately Julie was not feeling well that night and had to leave shortly after the lessons, however, the kids all stayed on with us. After Julie left, the kids began requesting some of the original line dances so we were all able to get out there and boogie together. We began to bond when Connie decided to teach them 'L-O-V-E'. It was amazing that they all knew most of the words to the song and they were also very good singers. After a couple of walls, everyone was singing along to the song. Connie was also surprised and made a few mistakes teaching the dance but the kids straightened her out quickly.

Julie says she is not trying to influence these kids to go out and become dancers, although in my opinion, some of them certainly could. She is hoping they will just like dancing and once they have completed their education, they will remember how much fun they had dancing at Swiss Park or Two Left Feet in Danville. Once they remember, maybe they will come back just to enjoy the fun of dancing.



*DID YA ALL KNOW* that Patrick repeatedly preached to converts the belief of the Trinity as being one, but separate. While struggling to explain this in a sermon, he spotted a three-leifed shamrock. He held up the shamrock asking the congregation to imagine the three leaves as representing the Father, Son and Holy Ghost and the stem as the single Godhead from which they proceeded. In homage, after Patrick's death, his converts wore a shamrock as a religious symbol on his feast day.



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