

EMPOWERFUL GRATITUDE



WHAT 5 THINGS ARE YOU MOST
GRATEFUL FOR?

- 1.
- 2.
- 3.
- 4.
- 5.

WHAT BOOK HAS MADE A
DIFFERENCE IN YOUR LIFE?

WHO WOULD YOU LIKE TO ASK TO
BE YOUR GRATITUDE PARTNER?

HOW IS YOUR LIFE BETTER NOW
THAN IT WAS A YEAR AGO?

IS THERE A CHORE YOU ALWAYS
PUT OFF? HOW CAN YOU
APPROACH IT WITH GRATITUDE?

WHOM SHALL YOU SHOWER WITH
GRATITUDE?
HOW WILL YOU DO IT?