

THE HEIDELBERG GLUTEN FREE MENU

APPETIZERS

MARTY'S SEASONED WINGS*

Wings deep fried and coated with Marty's spices.
With a side of ranch dressing

DELUXE CLUB SKINS*

Smoked turkey, crumbled bacon, green onions and
mozzarella cheese atop potato skins

CLASSIC CHICKEN WINGS*

Hot and Spicy! Served with a side of ranch

BACON AND CHEDDAR SKINS*

Potato skins with melted cheddar cheese and
crumbled bacon

BUFFALO CHICKEN DIP

Chicken, hot sauce, ranch, cheddar and cream
cheese. Served warm with nacho chips and celery.

SALADS

HOUSE SALAD

Green leaf, Iceberg and Romaine lettuce and
shredded carrots topped with cucumber, red onion,
Roma tomato and croutons
(Request NO Croutons)

GRILLED CHICKEN SALAD

Grilled chicken breast on mixed greens with red
onion, Roma tomato, sliced almonds, artichoke
hearts green pepper and cucumber

VEGETARIAN CHEF SALAD

Fresh greens with cucumber, green pepper, tomato,
onion, croutons, hard-boiled egg, artichoke hearts
Cheddar and mozzarella **(Request No Croutons)**

CAESAR SALAD

Romaine lettuce, croutons and parmesan cheese
tossed with Caesar dressing
With grilled Chicken Breast add
With Grilled Med Rare Yellowfin Tuna
(Request No Croutons)

CHEF'S CLASSIC

A generous portion of greens topped with turkey,
ham, crumbled bacon, cucumber, green pepper,
Roma tomato, mushroom, red onion, croutons,
hard-boiled egg, cheddar and mozzarella cheese
(Request No Croutons)

Dressings: *Bleu Cheese, Fat-free Italian, Parmesan Peppercorn Ranch, Honey Dijon,
Thousand Island, Balsamic Vinaigrette and Vinegar & Oil*

BURGERS & SANDWICHES

(Request to leave the bun off your burger or sandwich)

CERTIFIED ANGUS BURGER

Served with lettuce, tomato and pickle
With American Cheese

CHICKEN GRILLE

Marinated chicken breast, Swiss cheese, lettuce and
tomato

CAJUN BURGER

Coated with Cajun spices and charbroiled, topped
with pepper jack cheese

BACON AND CHEDDAR CHICKEN

Marinated chicken breast broiled and topped with
melted Cheddar and bacon strips

HEIDELBURGER

Certified Angus burger with American cheese and
bacon strips

CAJUN CHICKEN

Chicken breast coated with Cajun spices and broiled,
with pepper jack cheese

FAVORITES

(Request your meal without Garlic Bread)

KANSAS CITY STRIP STEAK

A 10oz. choice strip seasoned and grilled to your
liking. Choice of two sides

CAJUN TUNA DINNER

Medium Rare Yellowfin tuna with Cajun spices
and a side of Cajun remoulade, served with two
sides

All sandwiches come with your choice of:

Cole Slaw or German Potato Salad

Substitute one of the following for the above side selections:

House Salad or Side Caesar

*Sweet Potato Fries**

EXTRA SIDE OF:

Ranch, Sour Cream or Honey Mustard

Wing/Hot Sauce, Bleu Cheese, Cheddar Cheese Sauce or Salsa

****Certain items do not contain Gluten, but the same oil is used to fry items with
Gluten and Gluten free items.***