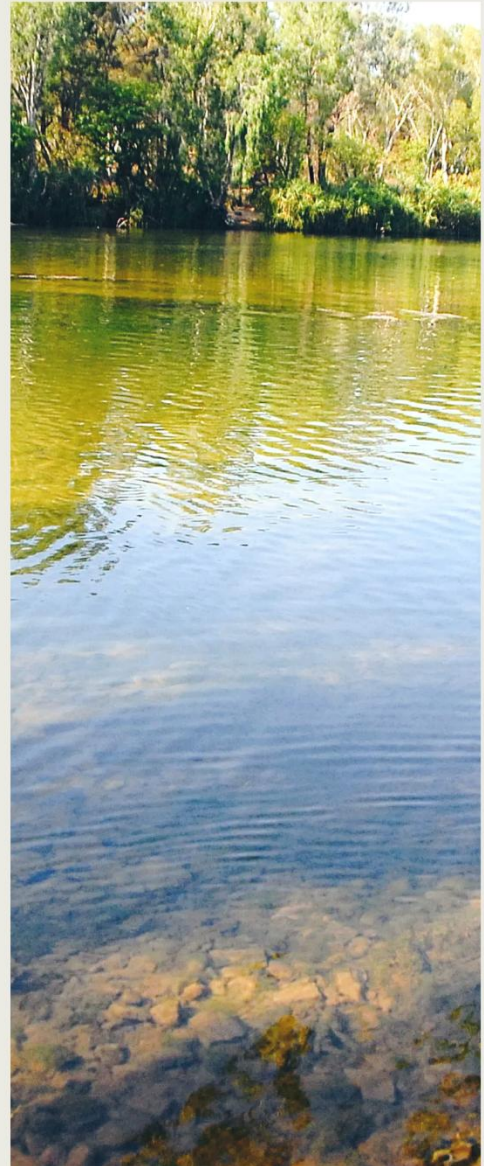


# CULTURAL FOUNDATIONS TRAINING PROGRAM

**BEFORE WE SEEK TO UNDERSTAND OTHERS  
WE MUST FIRST UNDERSTAND OURSELVES**



Have you ever felt uncertain, even hesitant, when engaging across cultures or wondering if you're saying or doing the right thing? That moment of doubt isn't a weakness. It's a signal. A signal that you care. That you want to show respect, build trust, and connect in a meaningful way. But here's the truth: cultural awareness doesn't begin with learning about others.

**IT BEGINS WITH LEARNING ABOUT YOU**

NB: THIS IS NOT CULTURAL AWARENESS TRAINING - IT'S A CULTURAL READINESS PROGRAM.

**FOR MORE INFORMATION:**

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