

We are funded 100% by donations & grants

The food you receive is NOT FREE. It has been purchased or donated.

Notice to Neighbors

If there are items you do not want or need, please decline or return them so they can be given to others who can use them.

Some items may be recently expired. The "Good Samaritan Law" permits us to offer recently expired (but still safe and usable) foods. You do not have to take these items if you would prefer, we just ask that you make your selections promptly.

We ask that you are kind and courteous to everyone at the food pantry. All our workers are volunteers and our clients visit based on their needs.

**Thank you, and
God Bless**

How Can You Help?



Volunteer

Contact us and let us know when you can help and we will get you plugged in!



Food Drives

Hold a food drive at your place of business, church or school.



Monetary Donations

Help keep this ministry alive with a one time, weekly, or monthly donation.



@lordscupboardfoodpantryminot

@lordscupboardminot

thelordscupboardfoodpantry@gmail.com

<https://thelordscupboardfoodpantry.com/>

The Lord's Cupboard FOOD PANTRY & Welcome Table



Feeding the Hungry in Ward County

Hours

Mon - 11am - 2pm

Tues - 5:30pm - 7pm

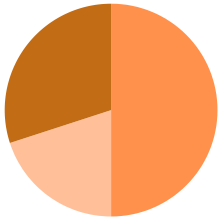
Wed - 11am - 2pm

Fri - 11am - 2pm

701-839-1990
(during business hours only)

1901 South Broadway, Suite 2,
Minot, ND 58701

Our Stats



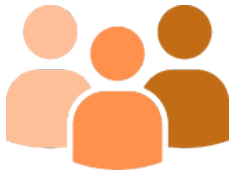
We Serve

- 50% adults (18-59)
- 30% children (0-17)
- 20% seniors (60+)

50,000+ lbs. Total Groceries per year

\$389 Average food expense per day

\$4,000+ Average food expense per month



1,500+ Monthly people served

20,000+ Annual Families & individuals served

32 weekly pickups from local businesses by volunteers



Our team is made up of 90+ volunteers.

Duties include management, statistical reporting, ordering groceries, receiving and processing groceries, interacting with clients, building maintenance and more.

About Us

Serving the community since 1994, The Lord's Cupboard Food Pantry is operated as a program of The Welcome Table, a 501(c)(3) non-profit organization providing for the people of Minot, ND and Ward County.

Who Do We Serve?

Anyone who is in need is welcome.

NO financial qualifications are required. This includes those who are not eligible for assistance because of income.

What Can You Get?

When available, we offer staple food items such as canned vegetables, fruit, canned meat, peanut butter, frozen meat, and more. In addition to that, when in season, we also offer fresh produce from our garden.

Minot Soup Kitchens

- Mon** 11am-12:30pm
Faith United Methodist Church
5900 Highway 83 North
701-838-1540
- Tues** 11:30am-12:30pm
Christ Lutheran
502 17th St NW | 701-838-9564
- Wed** 11:30am-12:30pm
Immanuel Baptist Church
1615 2nd St SE | 701-839-3694
- 5:30pm-6:30pm
Cornerstone Presbyterian
1000 3rd St NE | 701-852-0315
- Thur** 5:30pm-6:30pm
St. Leo's Catholic Church
218 1st St SE | 701-838-1026
- Fri** 11:30am-12:30pm
First Lutheran
120 5th Ave NW | 701-852-4853
- Sat** 10:30am-12pm
The Welcome Table
1901 S Broadway, Ste 2
701-839-1990
- Sun** 11:30am-12:30pm
Seventh Day Adventist
10 17th Ave SW | 701-839-6478