

 **Search**

Advanced

User Guide

[Save](#) [Email](#) [Send to](#) [Display options](#) 

› [Homeopathy](#). 2021 May;110(2):102-107. doi: 10.1055/s-0040-1721062. Epub 2021 Mar 4.

FULL TEXT LINKS



ACTIONS

 [Cite](#)

 [Collections](#)

SHARE



PAGE NAVIGATION

◀ [Title & authors](#)

◀ [Abstract](#)

[Conflict of interest statement](#)

[Similar articles](#)

[MeSH terms](#)

[Substances](#)

[LinkOut - more resources](#)

## Impact of Homeopathic Treatment on the Quality of Life of Women with Chronic Diseases: A Randomized Controlled Pragmatic Trial

Natália S Champs <sup>1 2 3</sup>, Julia G Lopes <sup>2</sup>, Paula C Sousa <sup>2</sup>, Clariana C Souza <sup>2</sup>, Barbara L T Justo <sup>2</sup>, Dayane M Dutra <sup>2</sup>, Adrienne M S Mendes <sup>1</sup>, **Claudia Prass Santos** <sup>1</sup>, Rubens L C Tavares <sup>2 3</sup>

Affiliations [+ expand](#)

PMID: 33662995 DOI: [10.1055/s-0040-1721062](https://doi.org/10.1055/s-0040-1721062)

### Abstract

**Background:** Despite the increasing demand for complementary and integrative medicine, only a few studies have evaluated the effect of these types of treatments on the quality of life (QoL) of patients with chronic diseases. The objective of this study was to evaluate the QoL of women treated with homeopathy within the Public Health System of Belo Horizonte, Brazil.

**Methods:** This is a prospective randomized controlled pragmatic trial. The patients were divided into two independent groups, one group underwent homeopathic treatment in the first 6-month period and the other did not receive any homeopathic treatment. In both randomized groups, patients maintained their conventional medical treatment when necessary. The World Health Organization Quality of Life abbreviated questionnaire (WHOQOL-BREF) was used for QoL analysis prior to treatment and 6 months later.

**Results:** Randomization afforded similar baseline results in three domains of QoL analysis for both groups. After 6 months' treatment, there was a statistically significant difference between groups in the physical domain of WHOQOL-BREF: the average score improved to  $63.6 \pm (SD) 15.8$  in the homeopathy group, compared with  $53.1 \pm (SD) 16.7$  in the control group.

**Conclusions:** Homeopathic treatment showed a positive impact at 6 months on the QoL of women with chronic diseases. Further studies should be performed to determine the long-term effects of homeopathic treatment on QoL and its determinant factors.

Faculty of Homeopathy. This article is published by Thieme.

[PubMed Disclaimer](#)

### Conflict of interest statement

None declared.

### Similar articles

[Homeopathic treatment of patients with migraine: a prospective observational study with a 2-year follow-up period.](#)

Witt CM, Lüdtke R, Willich SN.

*J Altern Complement Med.* 2010 Apr;16(4):347-55. doi: 10.1089/acm.2009.0376.

PMID: 20423206

## Homeopathy and health related Quality of Life: a patient satisfaction survey in six European countries and Brazil.

Van Wassenhoven M, Goossens M, Anelli M, Sermeus G, Kupers P, Morgado C, Martin E, Bezerra M.

Homeopathy. 2014 Oct;103(4):250-6. doi: 10.1016/j.homp.2014.08.005. Epub 2014 Oct 7.

PMID: 25439041

## Pediatric homeopathy: a prospective observational survey based on parent proxy-reports of their children's health-related Quality of Life in six European countries and Brazil.

Van Wassenhoven M, Goossens M, Anelli M, Sermeus G, Kupers P, Morgado C, Martin E, Bezerra M.

Homeopathy. 2014 Oct;103(4):257-63. doi: 10.1016/j.homp.2014.05.003. Epub 2014 Jun 25.

PMID: 25439042

## Homeopathy for treatment of irritable bowel syndrome.

Peckham EJ, Nelson EA, Greenhalgh J, Cooper K, Roberts ER, Agrawal A.

Cochrane Database Syst Rev. 2013 Nov 13;(11):CD009710. doi: 10.1002/14651858.CD009710.pub2.

PMID: 24222383    **Updated.**    Review.

## The placebo-controlled trial as a test of complementary and alternative medicine: observations from research experience of individualised homeopathic treatment.

Weatherley-Jones E, Thompson EA, Thomas KJ.

Homeopathy. 2004 Oct;93(4):186-9. doi: 10.1016/j.homp.2004.06.002.

PMID: 15532696    Review.

[See all similar articles](#)

## MeSH terms

- › Adult
- › Aged
- › Brazil
- › Chronic Disease / drug therapy
- › Chronic Disease / psychology\*
- › Female
- › Humans
- › Materia Medica / standards\*
- › Materia Medica / therapeutic use
- › Middle Aged
- › Pragmatic Clinical Trials as Topic
- › Prospective Studies
- › Quality of Life / psychology\*
- › Surveys and Questionnaires

## Substances

- › Materia Medica

## LinkOut – more resources

### Full Text Sources

[Georg Thieme Verlag Stuttgart, New York](#)

### Other Literature Sources

[scite Smart Citations](#)

### Medical

[MedlinePlus Health Information](#)



Connect with NLM



National Library of Medicine

8600 Rockville Pike  
Bethesda, MD 20894

Web Policies

FOIA  
HHS Vulnerability Disclosure

Help  
Accessibility  
Careers

NLM | NIH | HHS | USA.gov