

## PRESS RELEASE

Rae of Sunshine/ Naomi Rae announces new book: 'Deep Calls Unto Deep - Wisdom from the Heart'.

'Deep Calls Unto Deep' is a 31-day devotional echoing wisdom from the heart. Naomi Rae uses her faith, scriptures, personal testimonies and anecdotes from dreams to encourage the reader towards spiritual growth and enlightenment with her poetic writing style.

Naomi Rae Wharton is a writer, artist and a mentor. She is passionate about purpose, personal development, mental wellbeing and helping young people thrive.

As a graphic designer, design consultant, founder and writer of Rae of Sunshine®, she encourages and supports people with their faith and wellbeing needs.

"The deep.

The place where a lot of people fear to go. The fear of the unknown. The reality of circumstances. The vulnerability of oneself.

But how can we truly discover the depths of our souls, the depths of our true authentic self without launching into the deep.

Wisdom is depth and depth is substance like a body of water." –

Naomi Rae

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'Deep Calls Unto Deep' can be ordered at: www.raeofsunshine.uk