

Up in Smoke Firearms Training (USFT), LLC

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RULES FOR SAFE DRY FIRE PRACTICE

Dry fire practice is an integral part of a successful firearms training program.

Strict safety rules must always be adhered to for the success of a dry fire practice regimen.

The four cardinal firearms safety rules ALWAYS apply even while conducting dry fire practice.

- #1:** Firearms are always considered loaded.
- #2:** Never point the firearm at anything you are not willing to kill or destroy.
- #3:** Keep your trigger finger along the frame/receiver and off the trigger until you are on target and have decided to fire.
- #4:** Be sure of your target and what is beyond the target.

The following rules are specific to safe dry fire practice

Rule #1: Select an area for dry fire practice that is free of distractions. Turn off your cellular phone, so you are not going to be distracted.

Rule #2: Remove the magazine, unload the firearm, then visually and physically inspect the firearm to insure that it is clear.

Rule #3: Remove all ammunition from the area where the dry fire practice will occur.

Rule #4: Point the firearm only in a direction that **IF** a negligent discharge occurred, nothing will be killed or destroyed.

Rule #5: If your dry fire practice is interrupted, review rules 1-4 before beginning again.

Rule #6: Dry fire practice should occur in one allotted time block. Once you finish the session, reload your weapon (*if you keep it loaded at all times*) and conduct a press check.

Always reinforce good habits.

NEVER mix alcoholic beverages or drugs with handling firearms.