

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

This study guide will assist you as a quick reference during your time as a Young Marine Recruit. It is not meant to replace the Recruit Guidebook and should be used in addition to the guidebook. Everything you do in the Young Marines is based on what you'll learn during recruit training. Take your training seriously and you will become an exceptional Young Marine.

As you go through your guidebook, fill in the blank areas in this study guide.

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

PO1 | CLOSE ORDER DRILL

There are two words of command that you will be given while conducting Close Order Drill. One is called the **preparatory command**, and the other is called the **command of execution**.

The **preparatory command** is the command that tells you to _____.
The **command of execution** is the command that tells you to _____.

To graduate recruit training, you will need to perform 12 basic movements and these 2 topics regarding close order drill. These basic movements will be used throughout your Young Marine career and in the everyday movements from one location to another. Practice and review these at home.

| | | |
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| 1 | ATTENTION | Feet are at a _____ degree angle. _____ are touching. Legs are _____ but not stiff. Hips and shoulders are facing to the _____. Don't forget to _____. Make a loose fist with the fingers curled and palms facing _____. Thumbs are placed _____. |
| 2 | parade, REST | This is a way to relax from the position of _____. On "parade" shift the weight of your body to the _____ leg. On "REST" move your _____ leg to the side so your heels are about _____ inches apart. Clasp your hands _____ while moving the _____ foot. Hands should be at the small of your back just below the _____. Palms should be facing the _____. The only command you can receive while in this position is _____. |
| 3 | AT EASE | This position is a way to relax from the position of attention. It is like parade rest except you can _____. You must maintain _____. |
| 4 | REST | Rest is another way to relax from the position of attention. You can make adjustments to your _____. You may speak in _____ _____ to Young Marines next to you. |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

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| 5 | fall, IN | When you hear “fall, IN” you will want to quickly move to the _____. Get into your _____ and adjust your _____ by raising your _____ arm straight out to your side with your fingers touching the shoulder of the person next to you. Once your fingers touch the shoulder of the person on your _____, you have proper distance and can drop your arm. Remain at the position of _____. |
| 6 | fall, OUT | “fall, OUT” means to _____. Remain in the _____. |
| 7 | dress right, DRESS | This command is given when the squad or platoon has fallen in but are not in line with one another. There are 3 commands: On the command _____ you raise your _____ arm shoulder height and turn your head to the _____. On the command _____, drop your left arm to your side and stand in the position of _____. On the command _____, squad ____ & ____ align themselves with the recruit in front of them. First squad doesn’t move. |
| 8 | right, FACE | “right, FACE” tells you to turn to the _____. The preparatory command is _____, and the command of execution is _____. |
| 9 | left, FACE | “left, FACE” tells you to turn to the _____. The preparatory command is _____, and the command of execution is _____. |
| 10 | about, FACE | “about, FACE” tells you to turn in the _____ and face to the _____. The preparatory command is _____, and the command of execution is _____. |
| 11 | Quick Time | Quick Time is the term for marching at a _____. The command is _____. Always step off with your _____ foot. Swing your arms in a natural arc. |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

| | | |
|----|--------------|---|
| | | You should always be in line with the Young Marine to your _____. |
| 12 | hand, SALUTE | On the command “SALUTE”, raise your _____ hand until the tip of your forefinger (or your index finger or pointer finger) touches the lower portion of your cover; slightly to the right of your _____ eye. Wrists and forearm are _____. Forearm is at a _____ angle. On the command “ready two”, return hand to the right side and assume the position of _____. |

| | | |
|---|---------------------------------------|---|
| 1 | Explain how to march in quick time. | At the command “forward,” shift the weight of your body to the _____ leg. On the command of “MARCH” take a normal step to the front with the _____ foot. Swing your arms in their natural arc, _____ inches to the front and _____ inches to the rear of your legs. Make sure you keep the same distance between you and the Young Marine in _____ and to the _____ of you. You should always be in line with the Young Marine to your _____. |
| 2 | Explain when to render a hand salute. | A salute shall be rendered to _____, all _____, and the _____ only. Salute when colors or the person to be saluted is at a _____ distance or at the nearest point of approach if it is within six paces. |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____







PO2 | GENERAL KNOWLEDGE

To graduate recruit training, you will need to know and understand these 12 topics regarding general Young Marine knowledge. Understanding these practices will help you remember these basic uniform regulations; key features of the program and military terms and jargon used every day in the program. Practice and review these at home.

| | | |
|---|---|--|
| 1 | Wear all uniforms correctly. | There are 4 types of uniforms a Young Marine can wear: _____, _____, _____ and _____. |
| 2 | Unit Commander can make these modifications to the uniform. | The camouflage uniform can only be modified by substituting the _____ or the _____ for the _____. This is the only modification that can be made at the Unit Commander's discretion. |
| 3 | Accessories worn with the uniform. | An _____ nametape is worn centered over the _____ pocket. Ribbons are positioned so the lowest row of ribbons is _____ inch above _____ breast pocket patch. Chevrons are worn on _____ collars. They're placed pointing _____ and centered with the point of the collar. _____ or _____ socks are worn with your boots. |
| 4 | Correctly marking uniform items. | All uniform items and items used during Young Marine activities must be marked with the Young Marine's _____ name and _____ initial with a permanent black laundry marker. See page 9 of the guidebook on where to mark each piece. |
| 5 | Regulation hairstyles. | Male hair will be _____ and _____. Beards are _____. Female hair may not fall _____ the collar's lower edge. |
| 6 | Permitted jewelry. | The only jewelry permitted are _____, _____, _____ or _____. All jewelry will be removed for physical training activities. |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

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| 7 | Displaying clean and pressed uniforms. | You will show up for Young Marine meetings and events in a _____ and _____ uniform | |
| 8 | Young Marines birthday. | _____, _____. | |
| 9 | Where and when Young Marines was founded. | In _____ in _____, Connecticut. | |
| 10 | Young Marines Obligation. | From this day forward, _____, I will set an example for _____ to follow and I shall never do anything that would bring _____ upon my God, my _____ and its flag, _____, myself, or the _____. These I will _____ and respect in a manner that will reflect credit upon them and myself. _____. | |
| 11 | Young Marine ranks. |  | _____ (YM / _ _ _) |
| | |  | _____ (YM / _ _ _) |
| | |  | _____ (YM / _ _ _) |
| | |  | _____ (YM / _ _ _) |
| | |  | _____ (YM / _ _ _) |
| | |  | _____ (YM / _ _ _) |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

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| | |  | _____ (YM / _ _ _ _) |
| | |  | _____ (YM / _ _ _ _ _) |
| | |  | _____ (YM / _ _ _ _ _) |
| | |  | _____ (YM / _ _ _ _ _) |
| 12 | Military terms and jargon. | As you were | _____ |
| | | Bulkhead | _____ |
| | | Chow | _____ |
| | | Deck | _____ |
| | | Evening Colors | _____ |
| | | Fire Watch | _____ |
| | | Gear | _____ |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

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| | | Gung Ho | _____ |
| | | Head | _____ |
| | | Mess Hall | _____ |
| | | Overhead Pipe Down | _____ _____ |
| | | Police | _____ |
| | | PT | _____ |
| | | Scuttlebutt | _____ |
| | | Semper Fidelis | _____ |
| | | Square Away | _____ |
| | | Starboard | _____ |
| | | Swab | _____ _____ |
| | | Uncover | _____ |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

PO3 | FIELD SKILLS

To graduate recruit training, you will need to know and understand these 7 topics regarding field skills. Having an understanding of these practices will help you during encampments and trips to stay safe and to help others stay safe. Practice and review these at home.

| | | |
|---|--|--|
| 1 | Importance of personal hygiene. | High standards of personal hygiene are important because they help _____ and others from _____ and _____. |
| 2 | Maintaining personal hygiene in the field. | Wash yourself _____ as completely as possible with _____ and _____. Wash your _____ with biodegradable soap after dirty work or _____ and _____. Keep your hair _____ and wash with soap or shampoo at least _____ a week while in the field. Brush your teeth and use floss at least _____ a day. Always treat injuries properly and _____. |
| 3 | Understanding deep water rules. | Do not go into water _____ without supervision and an _____. Water currents can be unknown and unexpected. You should treat all bodies of water as _____ and proceed with caution and supervision. |
| 4 | Demonstrating proper behavior before leaving a campsite. | Inform your _____ before leaving the campsite and _____. |
| 5 | Meaning of C.O.L.D. | C = _____ O = _____ L = _____ D = _____ |
| 6 | Personal equipment items to carry in your pockets. | _____ _____ _____ _____ _____ |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

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| 7 | Packing for a daytime and overnight encampment. | When preparing for outdoor activities of any kind, it is important to consider _____ such as _____ and _____ before selecting clothing and equipment. You also need to consider how any changes in _____ could affect your choices. |
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YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

PO4 | NAVIGATION

To graduate recruit training, you will need to know and understand these 5 topics regarding navigation. Having an understanding of navigation and its importance will help, not only on an encampment, but in your everyday life. Practice and review these at home.

| | | |
|---|--------------------------------------|---|
| 1 | Basic colors on a topographical map. | ____ = _____ ____ = _____ ____ = _____ ____ = _____ ____ = _____ |
| 2 | Contour lines on a map. | A contour line is a line on the map joining points of equal elevation _____. Contour lines are used on maps to _____. |
| 3 | Depressions on a map. | A depression is a _____ or _____ in the ground surrounded by _____. Circles of contour lines are also used to show depressions, but they will have _____ on them as well, similar to cliffs that point into the lower ground. |
| 4 | Date of the map. | Dates on the map can help indicate _____ since the map has been printed. This information is printed in the bottom _____ and _____ corners. |
| 5 | Legends on the map. | Legends help you to _____ on the map. This can be found both in the _____ margin and on the _____ of the map. |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

PO5 | DRUG RESISTANCE

To graduate recruit training, you will need to know and understand the negative effects of common gateway drugs. Resisting the need or want to do drugs because of peer pressure or general inquiry will keep you on the path to a happy and productive lifestyle. Practice and review these at home.

| | | |
|---|--|---|
| 1 | Identify the negative effects of common gateway drugs. | <div><div>_____ = _____</div><div>_____</div><div>_____</div><div>_____</div><div>_____ = _____</div><div>_____</div><div>_____</div><div>_____</div><div>_____ = _____</div><div>_____</div><div>_____</div><div>_____</div><div>_____ & _____</div><div>_____</div><div>_____</div><div>_____</div><div>_____</div></div> |
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YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

PO6 | PUBLIC SPEAKING

To graduate recruit training, you will need to know and understand the importance of public speaking. Public speaking will be used in school, at work and in the Young Marines program. Practicing at home in front of a mirror, parents or siblings will help you gain confidence to stand in front of a larger group and speak. Practice and review these at home.

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YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

PO7 | LEADERSHIP

To graduate recruit training, you will need to know and understand these 8 topics regarding leadership. Having a good leadership style will help with your success in and out of the Young Marines Program. Practice and review these at home.

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| 1 | Comply with rules and orders. | Demonstrate this by listening to what is told to you and following orders. |
| 2 | Responsible decisions for personal safety. | Demonstrate this by making good decisions during the day, watching out for your safety and for those Young Marines around you. |
| 3 | Positive words and encouragement. | Demonstrate this by using positive words of encouragement towards other Young Marines. |
| 4 | Cooperating with others and working as a team. | Demonstrate this by working well with others. |
| 5 | Accepting constructive criticism. | Demonstrate this by accepting constructive criticism and understand there may be a better way of doing something. |
| 6 | Taking care of personal and group equipment. | Repair or report items of _____ and _____ when they break or become damaged. |
| 7 | Encouraging teammates. | Demonstrate this by encouraging other Young Marines to do their best. |
| 8 | Reciting the 7 Young Marine General Orders (YMGO). | <p>YMGO #1 – I will take charge of this _____ and all Young Marines’ _____ in view.</p> <p>YMGO #2 – I will walk my post in an _____, _____ everything that takes place within sight or hearing, and _____ any unauthorized personnel.</p> <p>YMGO #3 – I will _____ all violations of orders and instructions I have been given.</p> <p>YMGO #4 – I _____ quit my post until properly</p> |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

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| | | <p>relieved.</p> <p>YMGO #5 – I will speak to _____ except those who are also in the line of duty.</p> <p>YMGO #6 – I will sound the _____ in case of _____.</p> <p>YMGO #7 – I will call an _____ or _____ if any event occurs that has not been covered by instructions.</p> |
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YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

PO8 | US HISTORY & CITIZENSHIP

To graduate recruit training, you will need to know and understand these 4 topics regarding US history and citizenship. Practice and review these at home.

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|---|-------------------------------------|---|
| 1 | Recite or sing the National Anthem. | Oh, say can you see, by the dawn's early light. What so proudly we hailed, at the twilight's last gleaming? Whose broad stripes and bright stars, through the perilous fight. O'er the ramparts we watched, were so gallantly streaming. And the rocket's red glare. The bombs bursting in air. Gave proof through the night, that our flag was still there. Oh say does that star spangled banner yet wave. For the land of the free, and the home of the brave. |
| 2 | Who wrote the National Anthem? | _____ |
| 3 | Recite the Pledge of Allegiance. | I pledge allegiance to the flag of the United States of America. And to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all. |
| 4 | Who wrote the Pledge of Allegiance? | _____ |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

PO9 | FITNESS, HEALTH & FIRST AID

To graduate recruit training, you will need to know and understand these 9 topics regarding your fitness, health and first aid. Practicing these things will keep you in peak shape and healthy. Practice and review these at home.

| | | |
|---|---|--|
| 1 | Physical fitness. | The ability to perform daily tasks _____ and _____, with energy left over for enjoying leisure-time _____ and _____ meeting _____. It is the ability to _____, to _____, to _____, to _____ in circumstances where an unfit person could not continue, and is a major basis for _____ and _____. |
| 2 | Importance of good physical fitness. | Physical fitness involves the performance of the _____, _____, and the _____ of the body. Since what we do with our bodies also affects what we can do with our _____, fitness influences, to some degree, qualities such as _____ and _____. |
| 3 | Components of physical fitness. | C _____ E _____ M _____ S _____ M _____ E _____ F _____ |
| 4 | Fitness goals based on PFT scores. | Take a look at your last PFT scores. What are some goals to work towards your next test to improve your scores? You can ask a senior Young Marine to assist you with setting goals. _____ _____ _____ _____ |
| 5 | Passing and continually improving your PFT. | Are you continually improving your PFT scores? [] Yes - awesome job! [] No - seek assistance from a senior Young Marine. |

YOUNG MARINES RECRUIT TRAINING STUDY GUIDE

Recruit Name: _____

| | | |
|---|---|--|
| 6 | Creating fitness goals that lead to improved scores. | <p>S = _____ Do you know exactly what your goal is?</p> <p>M = _____ Attach some numbers to your goal.</p> <p>A = _____ Based on your current level of fitness, is this something you can accomplish in the time you've set for yourself?</p> <p>R = _____ Will this goal help you be a better Young Marine?</p> <p>T = _____ Can this goal be accomplished in a reasonable amount of time? Have you set a time limit?</p> |
| 7 | First Aid. | <p>Immediate care given to an _____ until _____ or _____ can arrive.</p> |
| 8 | Importance of knowing basic first aid. | <p>First Aid training is an important piece of being a _____. In the event of a major catastrophe or emergency, medical and hospital services may be _____ unavailable. Citizens must rely on caring for _____ injuries as well as _____.</p> |
| 9 | Who should be first aid certified in the Young Marines Program. | <p>In the Young Marines, each member, whether _____ or _____, should be first aid trained</p> |