

# **The Center for Spiritual Formation**

## **The Ministry of Spiritual Direction**

### **Common Reading Experience**

Friday, November 7, 2025

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#### **“The Practice of Spiritual Direction”**

Barry and Connolly

#### **Questions for Written Reflection**

*Students are asked to reflect on the following questions, and to prepare a written response in light of their own reading and experience. Responses should aim to be a couple of paragraphs in length. They should bring their responses with them to Friday evening’s group session and be prepared to discuss.*

- How do you describe spiritual direction?
- What do you look for in a spiritual director and why?