

The Center for Spiritual Formation

Ministry of Spiritual Direction Webinar

The Center is providing the webinar “Dreamwork in Spiritual Direction” to our current MSD students. The webinar video is available on the student portal; you will find it on a new page in the navigation menu below your class videos.

Although you can watch this at your convenience, we have scheduled an online follow-up session with the presenter, Joan Alexander. The follow up session is not required.

For your convenience, the follow-up session will be held at two different times. Space is limited in each of these sessions and will be open on a first-come, first-serve basis. Use the “SIGN UP” button on the webpage to register for one of these sessions.

The session times are: Friday, April 4 at 10:00 am (EST)
 Wednesday, April 30 at 6:30 pm (EST)

The session should last about 90 minutes, but we are allowing 2 hours to ensure that there is adequate time to answer everyone’s questions.

Participants are invited to bring a dream that you are willing to share with the group. One or more of these dreams may be chosen to be shared with the entire group.

What to Expect at the Session ...

Opening: Welcome and introductions

Q & A: Dream video presentation

Large Group: We will engage with a dream and use the group method of dreamwork entitled, “If This Were My Dream...”

Break-Outs: Dreamer, Guide & Observer
Each small group will include a “dreamer” who will share details of their dream, a ‘guide” who will ask several questions and encourage the dreamer to ‘own the interpretations’, an “observer” will share their observations when all return to the large group.

Large Group: Discussion and affirmations.

Closing: Blessings for deep sleep and rich dreams.