

CENTER FOR SPIRITUAL FORMATION

2025-2026 MSD YEARLY OVERVIEW

YEAR ONE SESSIONS

YEAR TWO SESSIONS

September 12-13, 2025

Defining Spiritual Direction

Rev. Laura Baber

Integrity in the Work of Spiritual Direction

Joan Alexander

October 10-11, 2025

Theologies of God in Spiritual Direction

David Mellott, PhD

The Important Role of Supervision

Joan Alexander

November 7-8, 2025

Spiritual Disciplines Overview

TBA

Tools of Discovery

Kathy Milans

December 12-13, 2025

A History of Spiritual Direction

Rev. Dr. Russell Hart

Noticing the Stages of Faith

Deb Gregory

January 9-10, 2026

The Role of Listening in Spiritual Direction

Rev. Dr. Deborah Heisley-Cato

The Group Direction Experience

Rev. Dr. Michelle Bodle

February 13-14, 2026

Spiritual Discernment: Practice and Prayer

Rev. Greg Favazza

Expressions of Spiritual Direction

Panel

March 13-14, 2026

Soul Care in African American Tradition

Rev. Dr. Barbara Peacock

April 10-11, 2026

Discerning the Dark Night

Rev. Greg Favazza / Rev. Dr. Russell Hart

Trauma-Informed Spiritual Direction

Kimberly Preske, MSW, LSW

May 8-9, 2026

The Gift of Pain and Suffering

Rev. Dr. Deborah Heisley-Cato / Rev. Jan Hughes

The Nuts and Bolts of Spiritual Direction

Rev. Laura Baber

June 12-13, 2026

Infusing Creativity in Spiritual Direction

Kathy Milans

Dream Interpretation in SD

Joan Alexander

July 10-11, 2026

Practical Application of Spiritual Direction

Rev. Laura Baber

Commencement