

The Center for Spiritual Formation The Ministry of Spiritual Direction

Year 1

Theologies of God in Spiritual Direction

with Dr. David Mellott, PhD

Saturday, October 11, 2025

What is your understanding of the theologies and philosophies of God?

This class will explore several theologies and philosophies of God, including ones from West Africa, Europe, and the Bible. The class will begin thinking about their own theological and philosophical perspectives and how such understanding effects the spiritual direction relationship and the implications for the journey of the spiritual directee.

In Preparation for the Class Session

Read Chapters 3 and 4 of the book, *Roots of Wisdom* by Helen Buss Mitchell. A PDF of the reading is available on the documents page of the MSD website.