

The Center for Spiritual Formation The Ministry of Spiritual Direction

Year 1

Spiritual Discernment: Practice and Prayer

with Rev. Gregory Favazza

Saturday, February 14, 2026

How do we discern God's will and response versus our own in spiritual direction?

As part of this session, the class will explore the role and process of spiritual discernment for the spiritual director and the spiritual directee.

There is nothing to prepare in advance of class.