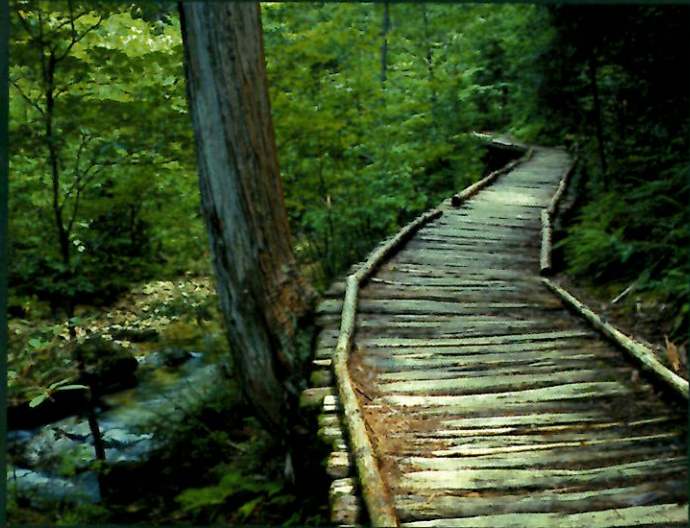


HIDDEN SPRING



The Spiritual Dimension of Therapy

THOMAS HART

SECOND EDITION

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...d God do not find such
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...Often they are liberating.
...n. Always they highlight

the presence and activity of God in the matters the client is grappling with, enabling the client to make a more conscious response to that.

In sum, the principles are these:

1. God wants life for us.
2. The purpose of our life is to learn how to love.
3. Where the action in our life is, God is present and active.
4. God does not send us pain and suffering, but works with us in them for good.
5. The paradigm of death/resurrection is key to understanding our existence.
6. God can and should be imaged in countless ways, no image being adequate to the mystery.
7. God often appears in human form.
8. We are neither naturally good nor naturally evil, but immensely malleable and ultimately responsible for our own becoming.
9. God's will for us is found within our own deepest wanting.
10. Good people are tempted by what seems morally or spiritually good.