

LEARNING IS A PROCESS



I can challenge myself with more difficult tasks.

I can do it on my own quickly and correctly.

I can do this on my own, but I need more practice and time.

I can do most of this on my own, but I may need help.

I can do this with someone guiding me through the process.

I can do this with someone explaining the steps on how to get started.



NON-LEARNERS

WHAT THEY SAY

- I can't
- I don't know
- I already know
- I'm bored
- I give up
- I'm not good

WHAT THEY DO

- Avoids challenges
- Blames others
- Causes distraction
- Makes excuses
- Refuses to change

HOW THEY VIEW LEARNING

- Does not like learning
- Hates mistakes
- Focused on looking smart



LEARNERS

WHAT THEY SAY

- I'll try
- I'll challenge myself
- I need more information
- I'll ask for help

WHAT THEY DO

- Attempts challenges
- Reflects on failures
- Finds solutions
- Focuses on task

HOW THEY VIEW LEARNING

- Loves learning
- Focused on getting better
- Uses mistakes as opportunities



Change your
MINDSET!

INSTEAD OF THIS...

I'm not good at this

This is good enough

I can't make this any better

This is too hard

I'll let someone else do it

SAY THIS...

What do I need to help me?

There's always something I can improve

I can do even better than this

This is challenging, but I will try

I need help from someone. I'll learn from them.

