

...OUR TERM SO FAR



Celebrating Creativity: Talented Learner's Poem Shines in National Spotlight

We are thrilled to share an inspiring story from one of our talented learners, who has recently showcased her passion for women's football through the art of poetry. As part of the ASDAN Expressive Arts Short Course, she penned a heartfelt poem dedicated to her love for the Women's Super League (WSL).

Taking her creativity a step further, she transformed her poem into a rap, crafting her own beats using GarageBand. With the help of one of our enthusiastic teachers, she recorded and produced her rap, showcasing her dedication and artistic flair.

In a delightful twist of fate, one of our teachers submitted her original poem to a competition organised by Young Writers, aimed at celebrating poetry related to sports. A few months later, we received the exhilarating news that her poem has

been selected for publication in "The Poetry Games - Game, Set, Match!" by Young Writers. Not only will her poem be published, but it will also be archived in the National Museum, a remarkable achievement that highlights her talent and hard work.

We are immensely proud of this learner, who, despite facing challenges related to her special educational needs, continues to shine. Her journey reflects her resilience, as she often struggles with self-confidence and low self-esteem, making it difficult for her to recognise her own accomplishments. This achievement serves as a testament to her abilities, and we are honoured to support her in discovering and celebrating her potential.

Equine Therapy Sessions Launch at Alt-Ed

We are excited to announce the commencement of our Equine Therapy sessions at Jacob's Den, which took place earlier this month. Jacob's Den is a not-for-profit organization dedicated to enriching and nurturing well-being through interactions with horses, adhering to the HETI guidelines to ensure the welfare of these magnificent animals.



During their first session, our learners had the opportunity to meet Candi, a remarkable RSPCA rescue horse who overcame a tragic past as one of the worst cases of abuse in the local RSPCA's history. Initially wary of humans, Candi has made significant progress thanks to the compassionate environment provided by Jacob's Den and its visitors.

In addition to Candi, our learners also met Woody, Bailey, Hero, and Colours, each bringing their unique personalities to the experience. One of our learners, FSH, shared that his favorite horse was Bailey, describing him as "Chill," a sentiment that resonated with many.

Throughout the session, our learners engaged in hands-on activities, learning how to feed the horses and even administering their various medications. The joy of stroking and hugging the horses added to the enriching experience, leaving everyone with smiles and cherished memories.

These sessions not only provide therapeutic benefits but also foster a deeper connection between our learners and the horses, promoting empathy, responsibility, and emotional growth.



ALT-ED
LINGS



Culinary Adventures: Shop and Cook Sessions Ignite Passion and Independence

Our Shop and Cook sessions have officially kicked off, and they are already a hit among our learners! So far, we've whipped up a delightful array of dishes, including Chow Mein, Pizza Pasta, Tacos, and the comforting classic of Sausage, Mash, Peas, & Gravy.

One of the core principles of these sessions is to empower our learners to take charge of the cooking process. While our teachers provide guidance, demonstrate techniques, and share valuable tips, we step back to allow the learners to dive into the prep and cooking themselves. Through these hands-on experiences, they've developed essential skills such as knife handling, oven usage, air fryer techniques, and blender operation, along with mastering the temperature probe. They've also become familiar with a variety of kitchen utensils and apparatus, gaining insights into professional cooking tips and tricks.

On cookery days, the learners prepare lunch for everyone at our center, and the meals they produce have been nothing short of fantastic! It has quickly become a favorite day for our staff members, who look forward to enjoying the delicious results of our learners' hard work.

The feedback from our learners has been overwhelmingly positive, with many expressing how much they enjoy the sense of independence these sessions provide. One proud parent even shared photos of their child preparing a meal at home for the family, an accomplishment that marks a significant milestone as it was something they had never done before. We are thrilled to see our learners gaining confidence and skills in the kitchen, paving the way for a brighter and more independent future.

