

Illusions

(Hidden Traits)

Purpose: 1) To help students learn how to take a *close look* their relationships in identifying potential negative characteristics in potential friends and self.

Materials: Overhead Projector (ELMO,) 13 illusion/hidden object pictures (attached)
Student materials: One piece of paper and pencil/pen.

Time: 25-30 minutes.

Key Concepts: Obvious, Subtle, Hidden Dangers, Illusion

Introduce/Reintroduce: Self to students. Review eighth grade graduation criteria such as cumulative g.p.a., individual core subject requirements, and attendance. Talk briefly about your role as a school counselor in helping student's deal with a variety of concerns through activities/lessons like the one they will be doing today.

Part 1:

Inform: Students that you'll be doing a classroom activity that might have a lot to do with anyone of them talking to a counselor, psychologist or therapist one day.

Ask: Students to take out a sheet of paper, something to write with and to number their papers from 1-10.

Tell: Students that you will be showing them ten pictures and each picture must be given a name. Each picture will be shown for only a few seconds.

Paraphrase: "You must give each picture a name and write that name down. The first picture you're going to see will be picture number one. Every picture's number will be announced before it's shown. You will only have a second or two to look at the picture, decide upon a name for it (whether it's a person/place/thing) and to write that name down on your sheet of paper. Do not look at anyone else's paper and no talking for the next couple of minutes. "

Begin: To show each picture one at a time in *recommended order allowing just a few seconds for each picture to be seen.

1. Mona Lisa
2. Indian Chief
3. Ghost Portrait
4. Tiger
5. Pig
6. Barn
7. Rose

8. Rock Island
9. Mountain Stream
10. Surf

Part 2:

Tell: Students you're going to review each picture but that you're also going to give them something to look for in each picture.

(For Example)

Lay: The first picture down on the projector and

Say: "Once you know what you're looking for it's easier to see."

Ask: Students to raise their hand when they see the (cat & rabbit) subtle/hidden object.

Remind: Students not to point or shout out (this allows other students the experience of discovering the hidden objects on their own.)

Listen: For that "Aha!" sound.

Point out: As needed.

Repeat: (Be sure to lay each picture on the projector one at a time, say "Raise your hand if you named this picture (*obvious answer*.) Every now and then say the phrase "Once you know what you're looking for it's easier to see." Now ask, "How many of you called this picture (*subtle/hidden answer*)? Wait for the "Aha" sound and point out as necessary.

Tell: Students that once their able to see the subtle/hidden it also becomes obvious!

1. Cat & rabbit
2. Eskimo
3. Sleeping Dog
4. Person's Face
5. Owl
6. Old Car
7. Dolphin
8. Praying Woman & Child
9. Horses
10. Polar Bear

Part 3:

Direct: Students to turn their paper over and number it 1-10 (just like before.)

Ask: Students to write down the first names of ten friends they hang out with, spend time with and like being around.

Inform: Students that those names can be of classmates, teammates, people from the neighborhood, etc.

Once: That's completed, have students write the letters A, B, and C underneath their list of people's names. That is, on one line the letter A, on the line below that the letter B, and on the line below that the letter C.

Tell: Students to write the term "Self Serving" on line A, the word "Misleading" on line B and the word "Fickle" on line C.

Ask: Students to write a short definition for each word and if they don't know or are not sure what any of the words mean, just put a question mark by the word=)

Allow: A minute or two for students to complete their definitions and then,

Call on: Students to share their definitions.

Be Sure: To highlight what each word means:

Self Serving~ A person who does things only for oneself, has own best interests in mind, puts self first.

Misleading~ A person who deceitful, dishonest, not completely truthful.

Fickle~ A person who frequently changes loyalties, friends, affections, or interests.

State: "Now that we know what to look for it should be easier to see."

Instruct: Students to look closely at their list of ten friends names.

Ask: Students to circle the names of anyone on the list that they see as frequently being Self Serving, Misleading, or Fickle.

Direct: Students to cover up their paper keeping it private...no one else needs to see it.

Ask: For a show of hands if one or more names were circled on their list, if two or more names were circled, if three or more names were circled, etc (no shout-outs or pointing please.)

Part 4

Announce: “One reason people go see counselors is because it might have something to do with not being able to see certain things about the people we choose to hang out with, go out with, or call friends.”

Tell: The girls in the classroom you have a picture of someone you’d like them to meet: A nice looking guy who’s really super cool.

Place: The 11th picture (guy in sunglasses) on the ELMO/Projector and

Ask: The girls to raise their hand once they notice something disturbing (both obvious and subtle) about this guy.

Tell Girls: “Your parent’s and friends can see this pretty clearly!”

For Fun Ask: The girls in the class to close their eyes for a moment, then

Turn: The cool guy picture counter-clockwise until the cursive word *Liar* is revealed.

Ask: The girls to open their eyes and see the truth about this guy!

Paraphrase: One reason you might go see a counselor someday is because (as in these pictures,) you’re not able to see some things in people you’re choosing to spend time with who are misleading and don’t have your best interests in mind.

Tell the Boys: “I’ve got a picture of someone I’d like you to meet.”

Place: Picture #12 of the young girl/old woman on the projector and

Ask: “Raise your hand if you see a young pretty girl or someone else”

Remind: Students that it’s important to look closely at the people we choose to spend time with and call friends. That it’s important to open our eyes and notice the obvious, subtle and sometimes hidden traits not only in the people we surround ourselves with, but in ourselves as well.

Place: Picture #13 (The Hidden Tiger) on the projector.

Tell: Students to look closely for the hidden tiger in the picture and to raise their hand when they see it.

Wait: For students to see it.

Call: On someone to point out the letters/stripes on the tiger that read “The Hidden Tiger.”

State: Even though your parents, teachers, counselors and other friends can see that some of the people you’re hanging out with have “Trouble” written all over them, you may not be able to see it at first. Be sure to trust the people you know who have your best interests in mind to help you see things you have a difficult time seeing.

Review & Summary:

- We talked about graduation requirements today and all the stuff you need to take care of in order to graduate.
- We did a counseling activity that was about learning to see/realize how to look closely at the people we decide to make as our friends.

(Activity pictures begin below.)



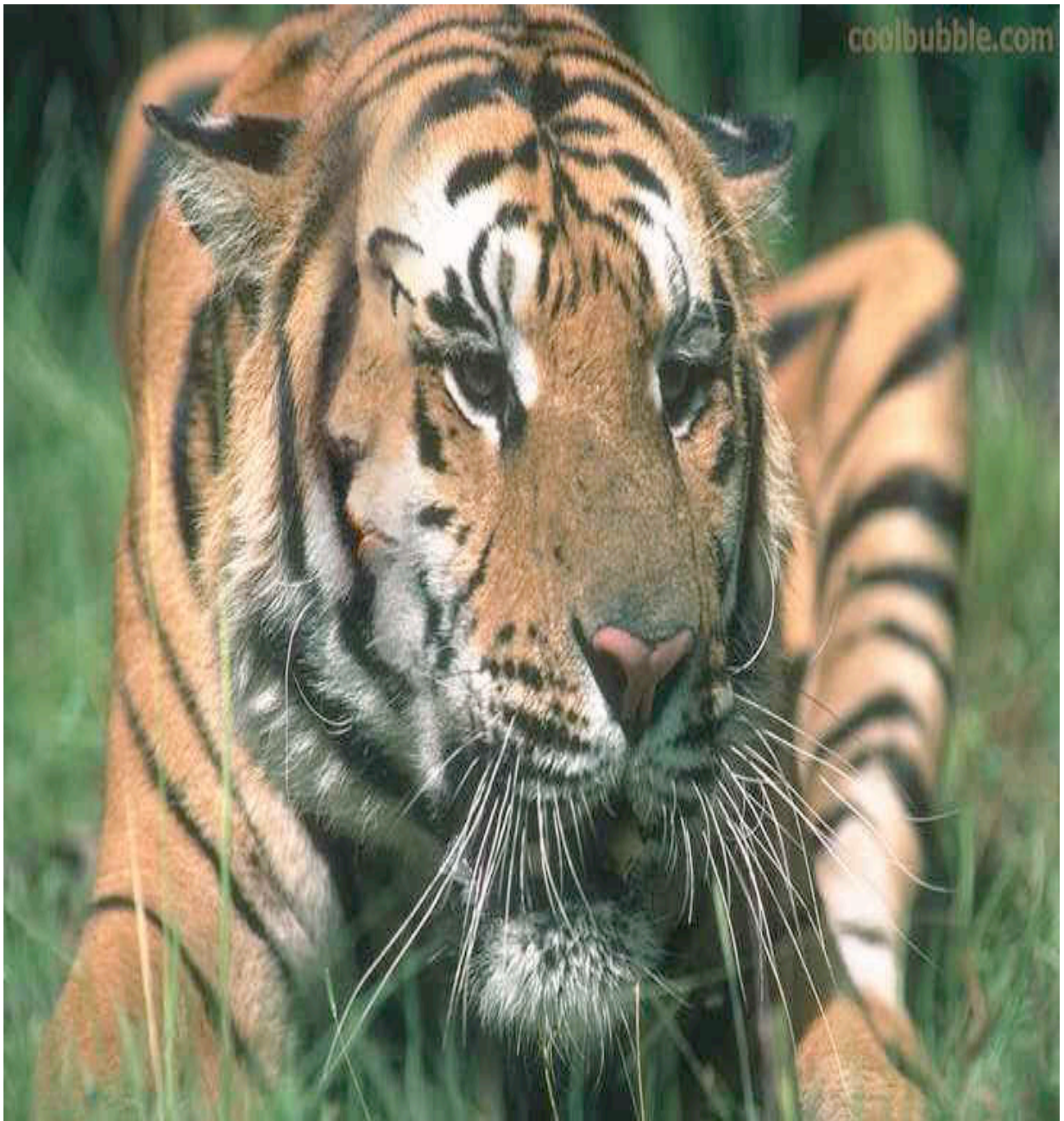
Picture # 1



Picture # 2



Picture #3



Picture # 4



Picture # 5



Picture # 6



Picture # 7



Picture # 8



Picture # 9



Picture # 10



Picture # 11



Picture # 12



Picture # 13