

EDDY LINES

June 2017

A PUBLICATION OF GREAT LAKES PADDLERS, SOUTHEAST MICHIGAN'S CANOE & KAYAK CLUB



Paddlers on Kent Lake during the Paddle, Picnic, Pedal Event. See page 3 for the trip report. Photo courtesy of Gus Stinstrom.



Next Meeting:

July 11, 2017

**Redbrick Kitchen & Bar
8093 Main St.
Dexter, MI 48130
Phone: 734 424-0420**

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Mind Body Paddle with Anna Levesque



Anna Levesque getting a core workout on the SUP board. Photo courtesy of Mind Body Paddle.

Anna Levesque is the leading expert on paddling instruction for women and yoga for paddling, including SUP Yoga. She is the author of the book [Yoga for Paddling](#), published by Falcon Guides. Anna was voted 2017 Most Inspirational Outdoors Person in Best of the Blue Ridge from Blue Ridge Outdoors Magazine, and named one of the most inspirational paddlers alive by Canoe and Kayak Magazine. Her twenty-plus years of experience as an accomplished international competitor and instructor has landed her in mainstream publications such as TIME, SHAPE and SELF magazine.

She is the founder/director of Girls at Play and Mind Body Paddle and has taught and empowered thousands of paddlers worldwide. Anna has produced 4 instructional kayaking DVDs for women, a Yoga for Kayaking DVD and short downloadable yoga for kayaking segments on Vimeo that have sold over 6500 copies combined.

Anna is an American Canoe Association (ACA) Whitewater Kayak Instructor Trainer, Stand Up Paddleboard Instructor Trainer and a member of the ACA SUP Standards Committee. On the health and wellness side, Anna is a 500 hour Registered Yoga Teacher with Yoga Alliance and a certified Ayurveda Wellness Counselor.

As an athlete Anna was a member of the Canadian Freestyle Whitewater Kayak Team from 1999 to 2003 and earned a bronze medal at the Freestyle Kayak World Championships in 2001. She placed in the top 3 in several freestyle competitions and extreme races during that time and has paddled in over 12 countries around the world.

She is a brand ambassador for Dagger Kayaks, BIC SUP, Kokatat Watersports Wear, Werner Paddles and Shred Ready helmets.

Instagram: [@annaclevesque](#)

Facebook: <https://www.facebook.com/anna.levesque2>

<https://www.facebook.com/girlsatplay/>

Website: mindbodypaddle.com

Six Rivers Land Conservancy

Six Rivers Land Conservancy started out in 1990 as the Oakland Land Conservancy, which was launched as a committee of the Oakland Parks Foundation. The occasion was part of "Protecting the Natural World," a conference celebrating their 20th anniversary. The founding of the Conservancy was inspired by the release of a study in 1988 by Michigan Natural Features Inventory identifying 37 remaining high quality natural areas in Oakland County. In 2007, Macomb County Land Conservancy combined its membership with Oakland County. The merger of the two organizations was completed in May, 2008, creating the Six Rivers Land Conservancy.

Six Rivers Land Conservancy is now a private non-profit land conservation organization that believes it is important to sustain the quality and character of the natural resources around us. Recognizing and understanding the value of an inviting landscape and a strong and vibrant natural resource base in our communities; making them attractive and healthy places to live that attracts people and institutions that create prosperity. Six Rivers is supported through grants, donations, and sponsorships.

They work with private landowners who share these values for our natural heritage and choose to act on them in measurable, permanent ways. Though they are not a government or regulatory agency, on occasion they may partner with them in a project they are involved in.

The work of Six Rivers supports vibrant and healthy economies, communities, and natural resources. They invite you to join them as they work to sustain the best qualities of our region by making a donation or volunteering your time.

For additional information on how you can help, please see

<https://www.sixriversrlc.org/index.php/get-involved/support-our-work>



Green Heron
Artist - Steve Sapienza
2016 People's Choice Winner - Enthusiast Category

Photo by Steve Sapienza. Courtesy of Six Rivers



Paddle, Picnic, Pedal

By Linda Kortesoja



Rick Lalonde and Sandie Schulze at the shore fishing site. Photos courtesy of Vicki Schroeder.

On Saturday, June 10, we had 16 paddlers and 13 bikers come to our paddle, picnic, and pedal event! It's been a long time since I have done an event like this and Sharon had it so well organized. About half of our group came over from the Windsor, ON area from our sister club, Windsor Essex County Canoe Club. We launched our kayaks and canoes at the fisherman's launch on Kent Lake. This area was very easy to carry down to the water from the parking lot. It was free fishing day so the area was filled with Cub Scouts and their families all trying to catch a fish. Everyone was in a happy mood and very excited to be out at Kensington Metropark enjoying the great weather and the activities that the area has to offer.

We paddled three miles upriver to the group camping site for our picnic lunch. It's a perfect place for a lunch as they have picnic tables and logs set up around a fire pit and it is right on the river. The group camping site also had Cub Scouts camping overnight. It brought back happy memories of when I used to camp there as a volunteer for the Sunset District Boy Scouts Camporees. In the early morning you would be able to hear the owls calling each other. I would lie in my tent listening to them. It was so peaceful.



Paddlers stopping for a picnic.

After lunch we paddled back to the fisherman's launch site. It was a good workout with the wind blowing at us as our colorful group of boats made our way back towards Kent Lake. The wind made it feel cool and pleasant even though temperatures were in the mid 80's.

After we loaded up our canoes and kayaks, thirteen of us went for a ride around Kent Lake. It is a little over eight miles on a hilly and curvy paved trail and it is a beautiful ride. I love to do this ride at least once a year. The trail wasn't too busy and the wind helped to keep us cool. The scenery around the lake is wonderful and they have benches all along the trail for people to take a break and truly enjoy the view.

Keeping with our tradition, after the event some of us went to Baker's of Milford and had a wonderful supper. All of us were still so happy that even our waitress mentioned that she had never seen such a happy group. This was a wonderful event and it put us all in great spirits! Thank you Sharon for sponsoring this event!

Wouldn't it be great if we could do this paddle, picnic, pedal event more often? Remember; anyone can sponsor an event!



Tom Gochenour on the Kent Lake Trail.



Paddlers heading upriver.

A Year in the Boundary Waters to Raise Environmental Awareness



Pictures courtesy of Dave and Amy Freeman

Last year we spent an entire year in the Boundary Waters, drawing attention to this special place and the threat it faces from sulfide-ore copper mining. (If you haven't yet watched the short film *Bear Witness* that documented our journey, <https://www.savetheboundarywaters.org/BearWitness>)

Recently, federal agencies in charge of managing and protecting this area announced a two-year "time out" on mining activities in order to thoroughly study the watershed of the Boundary Waters and determine if this is the wrong place for sulfide-ore copper mining. This is a great first step as we work to establish permanent protection, but our work is not done. Please ask your family and friends to join you in signing our petition, thanking decision-makers for taking this first step, and urging them to enact permanent protection for the Boundary Waters: <https://www.savetheboundarywaters.org/take-action/Comment>



When we enter the Boundary Waters, we are always awestruck by the beauty of the Wilderness lakes -- the serenity and peacefulness that you can find here. There are hundreds of miles of canoe trails that allow you to explore the 1.1 million acres of the Boundary Waters. When you explore a place like this it gives you an appreciation for why clean air, fresh water and wild places are important.

We know many people across the country love the Boundary Waters, but they don't know that destructive sulfide-ore copper mining has been proposed on the edge of the Wilderness and along waterways that flow into the heart of the Boundary Waters. We need to reach those people and add their voices to help save this place.

Thank you for helping us save the Wilderness we love.

Dave & Amy Freeman

Club Business

Steve Pollack has been busy working with Armadillo Printwear on the club's 25th anniversary shirt. They have been ordered and will be in soon. Please plan to pick up your shirt order at the July 11th meeting or the club's 25th anniversary paddle and picnic on July 15th. If you are unable to attend the meeting or event, please contact Steve to make arrangements to pick up your order.

Steve Pollack - Phone 248.933.1986 or email srpollack@hotmail.com

The "Eating Club" that likes to paddle.



Have an idea for a club event or informal paddle? Please contact Tom Gochenour and Sharon Clark to schedule.

Check the GLP website for upcoming events and informal paddles as well as frequent updates on the club's Facebook page.

Tom - president@greatlakespaddlers.org
Sharon - editor@greatlakespaddlers.org



Ric Perry and Gus Stinstrom on Pontiac Lake during a recent informal paddle. Photo courtesy of Vicki Schroeder.

Boats for Sale



Bill Dunphy in his Current Designs Kestrel kayak at Lime Lake in 2008.

For Sale:

Current Designs Kestrel kayak

12 ft. Rotomolded plastic, one bulkhead with hatch cover.

Weight: 47 lbs.

Recommended maximum load limit: 275 lbs.

Additional specifications on manufacturer's website: <https://www.cdkayak.com/Kayaks.aspx?id=8>

Cockpit cover

Paddle

\$600

Call Bill Dunphy at 734 981-3044



For Sale:

Bell Merlin Solo Canoe

Layup: Kevlar

Hull: 15'6", w/ 30" max beam, 29" at the 4" waterline and 27.5" molded rail width, slightly asymmetrical, with significant tumblehome, shear 15.5", 11.5" and 14.5" front to back.

Weight: 38 lbs.

Great flatwater tripping canoe.

\$750

Call Rick Lalonde at 519-981-2287 or email:

otter.b.paddlin@gmail.com



Bill Dunphy in his Blackhawk Combi Canoe on the Huron River in 2009.

For Sale: Blackhawk Combi Canoe

Layup: Fiberglass

Length: 15'8", Hull width: 32.5" Weight: 50 lbs.

Recommended maximum load limit: 500 lbs.

Easy in/out center solo seat for paddling solo or tandem.

\$1,000 or best offer

Call Bill Dunphy at 734 981-3044



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Plus view a great informational video on this product. For additional specifications on this paddle see <http://wernerpaddles.com/paddles/touring/low-angle/kalliste>

HRWC Update



Boat lockers are now available along the Huron River in Ann Arbor. This prototype, designed and manufactured in Ann Arbor by Hosford & Company, can accommodate the majority of kayak and canoes. The lockers have six compartments that can fit up to two boats each. Each locker is modular so more lockers can be added as demand grows.

The City of Ann Arbor accepted the lockers as a donation from the Huron River Watershed Council, and its Parks and Recreation Department will manage the lockers. The lockers provide a convenient option for paddlers who would like to secure their boats while walking into town to enjoy one of the many local restaurants near the Huron River. Rental fees for May through October are \$150 for residents and \$225 for non-residents. See <http://www.a2gov.org/news/pages/article.aspx?i=372> for additional details.



Each of the six compartments can fit up to two kayaks, canoes, or paddleboards. Photos courtesy of HRWC.



Canoe Clinic Report



Rick Lalonde on the water.

Canoe clinics for a number of years have been organized for members to tune up their skills or for novice paddlers to gain new found skills. Bob Man and I have enjoyed sharing with others our passion and I am ever grateful to have Bob with his experience joining in.

Response for this year's clinics was a bit more lukewarm than usual and as the events neared, weather became a bigger factor and the reason for this short report. The Saturday morning tandem clinic had a threat of rain and enough wind for us to seek out an alternative paddle site, so at Bob Man's suggestion we found the perfect place, Pickerel Lake. It is small, sheltered with tiny links to a no name pond and Crooked Lake, ideal for four of us to practice tandem strokes. We then explored every nook while predicted weather held off making for a good day.

A strong overnight storm and predicted storms with wind turned the solo clinic into much of a wash so the event was put off to a yet determined date.

These scheduled events were originally geared to established paddlers so as to review and practice paddle skills but were adapted each year to accommodate the participant's learning needs. The clinic set-up has been roughly the same since its inception so it may be time to try something different in way of dates or format. As always if there are members who are looking for informal instruction or gear/skills related questions Bob and I are glad to help.

Paddle safe. Rick Lalonde



Upcoming Events & Symposia

Events

GLP 25th Anniversary Paddle and Picnic

July 15, 2017

Location: Dexter, MI

Meet time: 10:30 am

Skill level: Intermediate, Difficulty: Moderate

Location: Rapids View inside Hudson Mills Metropark.

We will put in at Rapids View in Hudson Mills Metropark, paddle down to Dexter-Huron where we will have a picnic (food provided by GLP), and then finish the day by continuing down to W. Delhi. You are welcome to join us for any part of the event. Come to paddle one or both parts of the trip; join us for the picnic; or do it all.

A Huron-Clinton Metropark pass is required for park entry.

Annual pass \$35, daily pass \$10

Contact: Jamie Myles at jdmyles42@hotmail.com or Sharon Clark at editor@greatlakespaddlers.org or 734 268-6016

Burt Lake Area Weekend

August 25-27, 2017

Location: Brutus, MI

Skill level: Intermediate, Difficulty rating: Moderate

On August 26 we will kayaking Indian River starting at Burt Lake State Park finishing at the launch by The Landing in Indian River leaving my house at 9:00 am to drive to Burt Lake State Park. August 27th we will be kayaking at Douglas Lake leaving my house at 9:30 am.

PFD use required. RSVP required.

Contact: Linda Kortesoja at ljkwater@gmail.com or 734 634-5638.

GLP Au Sable Weekend

Location: Grayling, MI

September 29-October 1, 2017

Skill level: Intermediate, Difficulty rating: Moderate

We will meet Friday evening at Canoe Harbor Campground.

This is a state campground and has pit toilets and a pump for water supply. You will be able to place 2 tents on a site, with a couple of sites that can hold more than 2. You cannot make reservations. Payment is either cash or check and it is deposited in a safety lock box.

Saturday we will paddle on the South Branch. We will shuttle and paddle from Steckert Bridge (Roscommon) to Smith Landing. This is a 12-13 mile paddle. We should be on the water NLT 10:00 am.

On Sunday we will shuttle and paddle from Connors Flats to Parmalee Bridge (12 miles). We should be on the water NLT 10:30 am.

This should be considered a cold water paddle, no children or pets please.

Contact: Tommy Clay tommybclay@yahoo.com or 734 476-4237.

Symposia

GLP Solo Canoe Clinic

July 16, 2017

Location: TBA

Meet time 9:30 AM

DESCRIPTION & PREREQUISITES

Paddlers should have good basic skills and be comfortable in a canoe. Previous flat water instruction would be an asset. This six-hour clinic will go over basic strokes and maneuvers used in paddling canoes solo.

Instructors are ACA or ORCKA Certified. Free to members, \$5.00 fee for those who are not GLP members. Please indicate in your RSVP a short description of past paddling experience. Limit 5 canoes.

Skill Level: Intermediate, Difficulty: Moderate

For more details on the clinic contact Rick Lalonde @ 519-981-2287 or email: otter.b.paddlin@gmail.com

Great Lakes Sea Kayak Symposium

July 19-23, 2017

Location: Grand Marais, MI

Cost: Starts at \$350

Skill level: Novice, Difficulty rating: Easy to Moderate

Great Lakes Sea Kayak Symposium gives you an exceptional learning opportunity in one of the premier sea kayaking destinations.

Connect with other paddlers from around the country and share your experiences and adventures.

Preregistration and deposit are required. See <http://http://greatlakessea kayaksymposium.net/> for details or call The Power of Water at 517 484-3515 or email them at info@thepowerofwater.net.

Ladies of the Lake

Women's Sea Kayak Symposium

August 17-20, 2017

Location: Munising, MI

Cost: Starts at \$225

Skill level: Novice, Difficulty rating: Easy to Moderate

Munising is a paddler's paradise with great access to Lake Superior. Classes, tours, demos and social events.

Man camp available on Saturday for bored spouses.

Preregistration and deposit are required. See

<http://downwindsports.com/lol/> for details or call Down Wind Sports at 906 226-7112 or email them

bill@downwindsports.com.



Eddy Lines

Newsletter of the Great Lakes Paddlers Club
Sharon Clark, Editor

This newsletter is published monthly for distribution to the club members. Submission of local and statewide canoe and kayak news is encouraged and should be in writing. Members may place classified ads without charge.

Deadline is the 25th of the month for the following month's newsletter.

Letters to the editor should be addressed to:

Sharon Clark, Editor
11816 Oakridge Ct.
Pinckney, MI 48169

E-Mail: editor@greatlakespaddlers.org
Phone: 734 268-6016

Club Officers

| | |
|--|--------------|
| President: Tom Gochenour | 248 738-8277 |
| Vice President: Kim Harper | 734 558-2393 |
| Treasurer: Bill Dunphy | 734 981-3044 |
| Secretary: John Scislowicz | 248 379-7218 |
| Webmaster: Tom Brandau | 734 268-6016 |
| Acting Newsletter Editor: Sharon Clark | 734 268-6016 |
| Equipment Manager: Sharon Clark | 734 268-6016 |
| International Liaison: Rick Lalonde | 519 735-4691 |
| Members at large: Linda Kortesoja | |
| Ric Perry | |
| Vicki Schroeder | |

WEBSITE: www.greatlakespaddlers.org



Club Meetings:

Meetings are held the 2nd Tuesday of every month. The locations of the meetings are announced in this newsletter and the website. Maps are available on the website. Double check to see if a new site has been designated for the month. Email reminders go out on the Monday before the meetings with details.

Kayaking Advice:

Kat Kulchinski

katkoff@ameritech.net or
517 795-8360

FreeStyle Canoeing Advice:

Bob Man 734 449-0849

Club Dues:

Payment is due January 1st of the calendar year. The fees are as follows:

| | |
|--------------|----------|
| Individual: | \$ 15.00 |
| Family: | \$ 20.00 |
| Contributor: | \$ 35.00 |
| Corporate: | \$100.00 |

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