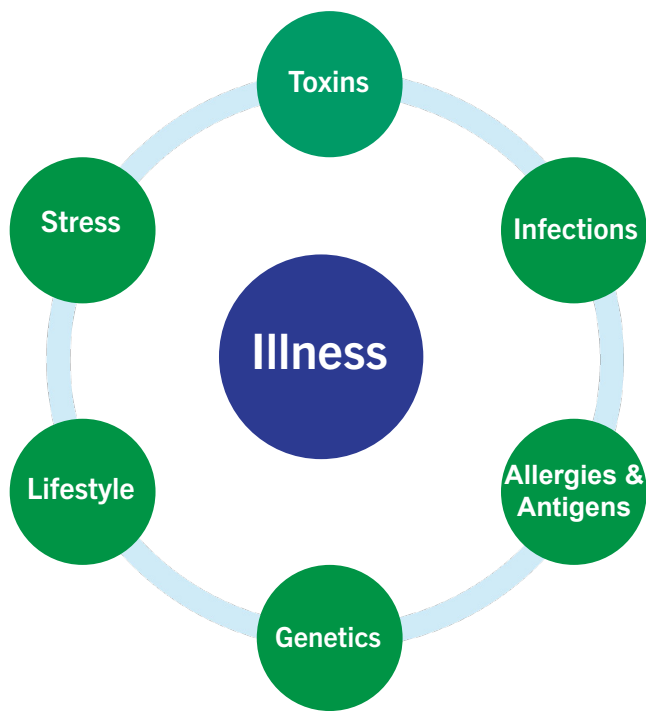


Optimal Health is NOT just the absence of disease or absence of symptoms but it's the body and all of its organs and systems functioning at their absolute best



Six Root Causes of Most Illness



Five Ingredients for Wellness