

Review of Systems

Patient Name: _____

Today's Date: ____ / ____ / ____

INSTRUCTIONS: Type X if you have it NOW. Type O if you have had it in the past but do Not have it now. If NONE of the conditions apply to you in an area select "None." Please take your time and answer completely!

Constitutional:

- None**
- Alcohol or Drug Abuse
- Arthritis OA | RA
- Artificial Bones or Joints
- Blood Pressure: High | Low
- Cancer of _____
- Chemotherapy
- Chills
- Chicken Pox
- Do you feel well: Yes No
- Daytime drowsiness
- Fatigue
- Fever (Recent or Chronic)
- Fracture of _____
- Guillain-Barre Syndrome
- Hepatitis
- HIV+ / AIDS
- Lyme Disease
- Mumps / Measles
- Night Sweats
- Osteoporosis | Osteopenia
- Polio or Post Polio
- Recent or chronic Infection
- Recent Changes to Bowel
- Rheumatic or Yellow Fever
- Scarlet Fever /Typhoid
- Shingles
- Weight Loss past 6 months
- Venereal Disease

Teeth and Dental:

- None**
- Amalgams. How many? ____
- Dentures or implants
- Extractions
- Root Canals or Crowns

Eyes/Vision:

- None**
- Blindness
- Blurred Vision
- Cataracts/Cataract Surg
- Change in Vision
- Double Vision
- Eye Pain
- Eye Movement Disorders
- Glaucoma
- Wears Glasses/Contacts

Ears, Nose and Throat:

- None**
- Chronic Cough
- Dental Implants | Dentures
- Difficulty Swallowing
- Dizziness | Vertigo
- Ear Drainage
- Ear Infection(s)
- Ear Pain
- Headaches (Sinus) (Other)
- Head Injury- Current | Past

- Hearing Loss
- Hoarseness
- Loss of Smell
- Nasal Congestion
- Nose bleeds (*frequent*)
- Post Nasal Drip
- Rhinorrhea (*runny nose*)
- Sinus Infections
- Snoring
- Sore Throats
- Tinnitus -*ringing in the ears*
- TMJ Disorder

Respiration:

- None**
- Asthma
- Blood Production
- Bronchitis
- COPD
- Difficulty Breathing
- Emphysema
- Shortness of Breath
- Sleep Apnea
- Tuberculosis
- Use C-Pap or B-Pap
- Wheezing

Cardiovascular:

- None**
- Angina (*chest pain*)
- Artificial Valves
- Carotid Artery Blockage
- Carotid Artery Ultrasound
- Chest Pain Other causes
- Claudication (*leg pain*)
- Congenital Heart Defect
- Congestive Heart Failure
- Deep Vein Thrombosis
- Heart Attack | Stroke | TIA
- Heart Murmur
- Heart Disease or Problems
- Heart Stint/bypass Surgery
- Orthopnea (*difficulty breathing while lying down*)
- Mitral Valve Prolapse
- Pacemaker | Defibrillator
- Palpitations (*irregular or rapid heart beat*)
- Rheumatic Fever
- Shortness of Breath
- Swelling of Leg(s)
- Ulcers
- Varicose Veins

Gastrointestinal:

- None**
- Abdominal Pain
- Belching
- Black, Tarry Stools
- Constipation or Diarrhea
- Colitis or Celiac Disease

- Heartburn
- Hemorrhoids
- Indigestion
- Jaundice (*yellowing skin*)
- Nausea
- Rectal Bleeding
- Abnormal Stool Caliber
- Abnormal Stool Color
- Abnormal Stool Size
- Ulcers
- Vomiting

Female:

- None**
- Birth Control _____
- Breast Lumps / Pain
- Burning Urination
- Frequent Urination
- Hormone Issues/Therapy
- Irregular Menstruation
- PCOS
- Urine Retention
- Vaginal Bleeding
- Vaginal Discharge

Skin:

- None**
- Changes in Nail Texture
- Changes in Skin Color
- Hair Growth
- Hair Loss
- History of Skin Disorders
- Itching | Rash | Hive
- Paresthesia (numbness, pricking, or tingling)
- Skin Lesions or Ulcers
- Varicosities

Nervous System:

- None**
- Balance Issues
- Epilepsy
- Fainting | Syncope
- Facial Weakness
- Headaches or Migraines
- Limb Weakness
- Loss of Consciousness
- Loss of Memory
- Numbness of _____
- Seizures
- Sleep Disturbance
- Slurred Speech
- Stress
- Tremors
- Unsteadiness of Gait
- Urine Retention

Psychological:

- None**
- Anxiety
- Appetite Changes

- Attempted Suicide
- Behavioral Change(s)
- Bipolar Disorder
- Confusion
- Convulsions
- Depression
- Hospitalized for evaluation
- Insomnia
- Memory Loss
- Mood Change(s)
- Psychiatric Problems
- PTSD
- Sadness | Tearfulness

Allergy:

- None**
- Anaphylaxis (*history of*)
- Food allergies
- Itching
- Nasal Congestion
- Seasonal allergies
- Sneezing

Hematology:

- None**
- Anemia
- Bleeding or bleed easy
- Blood Clotting Issues
- Blood Disease(s)
- Blood Transfusion(s)
- Bruises Easily
- Lymph Node Swelling

Male:

- None**
- Burning/Frequent Urination
- Erectile Dysfunction
- Hesitancy or Dribbling
- Hormone Issues
- Prostate Problems
- Urine Retention

Endocrine:

- None**
- Cold/ Heat Intolerance
- Diabetes Type I or II
- Excessive Appetite
- Excessive Hunger
- Excessive Thirst
- Frequent Urination
- Goiter
- Hair Loss
- Renal or Kidney problems
- Thyroid Disorders
- Unusual Hair Growth
- Voice Changes

Other not listed:

I agree that it is my responsibility to keep this information up to date. I will report any changes in my conditions, diagnosis, or symptoms to the Doctor. Further, I will report any Doctor visits with my primary care physician or specialist physicians. I understand that the providers (Doctors) I am seeing shall NOT act as or be my primary care physician. This practice is limited to functional medicine. I further assume full responsibility for seeking other doctors as needed for treatments of my conditions, diagnosis, or symptoms.

Patient Signature _____

Doctor Signature: _____