



Heart Healthy Maryland Special Event

Heart disease in communities of color-How do we minimize the disparities in detection, care and outcomes. A candid discussion with prominent leaders to close the gap in Maryland.

Robert Kaufman Theater of Performing Arts, Anne Arundel Community College
101 College Pkwy, Arnold Maryland 21012
February 22nd 7:00 p.m. – 9:00 p.m.
Free Admission

Cardiovascular disease (CVD) is the leading cause of death in Maryland and across the globe. One million deaths occur every year from heart attack, stroke, and other cardiovascular disorders in the USA alone. Additionally, 62% of men and 42% of women with cardiovascular disease are first diagnosed at the time of sudden cardiac death. This is far too common and represent a missed opportunity for early detection and prevention of these life changing events. This is unacceptable at a time when we have established therapies that are inexpensive and effective.

These statistics are even more dramatic and troubling in communities of color. Health inequity is pervasive and impacts diagnosis, treatment and outcomes. The color of one's skin should not determine outcome, but it clearly does and its indisputable. The driving forces are multifactorial and systemic. Racial bias is a driver but there are many others including social, economics, physical environment, education, and healthcare access. Almost half of Marylanders identify as individuals of color, therefore before we can have a significant impact on heart disease in our state, we must acknowledge the gap and work together to close it, rapidly. Our families, friends and neighbors' lives are depending on it.

Join our distinguished Panelists as we address our greatest health challenge, review current data, highlight existing programs, and plot a course to Heart Health Equity for all regardless of skin color.

Join Co-Moderators:

John Martin, MD, MBA, FAcS, President Heart Health Foundation

Roderick K. King, MD, MPH SVP and Chief Equity, Diversity and Inclusion Officer UMMS

Panelists

RDML Aisha K Mix – Assistant Surgeon General, Chief Nurse Officer, US Public Health Service

*Tich Changamire, MD – VP, Chief Medical Officer, CareFirst BlueCross Blue Shield

Brian Sims – Vice President Quality & Equity, Maryland Hospital Association

Barbara Hutchinson, MD, PhD, FACC, Past President Association of Black Cardiologists

Bishop Antonio Palmer – President, United Black Clergy of Anne Arundel County