

FRUIT/VEG	£	
APPLES PINK LADY	3/KG	
APPLES BRAMLEY	3/kg	<b>ESSENTIAL BOX £30</b>
APPLES COX	2.50/KG	<i>Box of fresh, seasonal fruit and vegetables,</i>
ASPARAGUS	3 BUNCH	<i>2 pints local milk, 6 free range eggs, artisan</i>
AUBERGINE	7/KG	<i>loaf of bread baked fresh that morning</i>
AVOCADO	1.50 EACH	
BANANAS	2/KG	
BEETROOT	1.50 BUNCH	
BLOOD ORANGES	0.50 EACH	<b>MEAT</b>
BLUEBERRIES	2.50 EACH	pack of 6 sausages £4.20
BROAD BEANS	4/KG	pack of ham £3.85
BROCCOLI	4.20/KG	beef mince £5.40
BRUSSEL SPROUTS	2/KG	smoked bacon £6.50
BUTTERNUT SQUASH	1.5/KG	unsmoked bacon £5.25
CABBAGE HISPE	1.50 EACH	whole chicken £10
CABBAGE SAVOY	1.50 EACH	<i>These prices are estimates</i>
CABBAGE WHITE	1/KG	
CABBAGE RED	1/KG	
CARROTS LOOSE	1.10/KG	<b>DAIRY</b>
CARROTS BUNCH	1.75 BUNCH	<b>MILK</b>
CAULIFLOWER	2.75 EACH	<i>2 pints £1.10</i>
CELERY	1.50 EACH	<b>CREAM</b>
CHARD	5/KG	<i>Double/single £1.60</i>
CHILLI	9/KG	
COURGETTE	5/KG	
CUCUMBER SMALL	0.90 EACH	
CUCUMBER	1.70 EACH	
FENNEL	2 EACH	
FIGS	0.50 EACH	
GINGER	7/KG	
GRAPEFRUIT	0.80 EACH	
GRAPES	4.5KG	
GREEN BEANS	8/KG	
HERBS	2/PACK	
KIWI	0.70 EACH	
KALE	3.50/KG	
LEEKs	3/KG	
LEMON	0.6 EACH	
LETTUCE ICEBERG	1.40 EACH	
LETTUCE LITTLE GEM	2.25 EACH	
LIME	0.50 EACH	
MUSHROOM PORTOBELLO	7/KG	
MUSHROOM CHESTNUT	5.50/KG	
ONIONS RED	1.50/KG	
ONIONS WHITE	1.50/KG	
ONIONS SPRING	1 BUNCH	

ORANGES	0.60 EACH
PARSNIPS	2.50/KG
PASSION FRUIT	0.50 EACH
PEARS	2/kg
PEPPERS	3.50/KG
POMEGRANATE	2 EACH
POTATOES HOMEGROWN	1/KG
POTATOES MARKET	1.20/KG
NEW POTATOES	3/KG
RADISH	1.50 BUNCH
RHUBARB	8/KG
ROCKET	2 EACH
SATSUMA	3/KG
SPINACH	2 EACH
SPRING ONIONS	1.50 EACH
STRAWBERRIES	3 PUNNET
SWEETCORN	1 EACH
TENDERSTEM BROCCOLI	2.5 BUNCH
TOMATOES L	5/KG
TOMATOES M	6.50/KG
TOMATOES S	8/KG
SEVILLE ORANGE	3/kg
SWEDE	1.20/KG
SWEET POTATO	2.50/KG

*Our vegetable price vary week to week but this is an aproximate price*

## HOME BAKING

### WHOLE ROUND CAKES

MEDIUM - £15

LARGE - £20

VICTORIA SPONGE

CARROT

CHOCOLATE

COFFEE

### LOAF CAKE

£12

BANANA AND CHOCOLATE

VEGAN LEMON AND BLUEBERRY

### QUICHE

9 INCH £18

12 INCH £25

LORRAINE

ROASTED VEGETABLE

### COOKED SAUSAGE ROLL

£2.50