



Breakfast

Mon-Sat 9-11am

Sunday all day



Super food Granola with Fresh Fruit

Granola topped with fresh fruit, sliced banana, coconut flakes,
yogurt + honey

Choice of dairy or plant-based milk

£5.50

Smashed Avocado on Sourdough Toast

Smashed Avocado with pomegranate seeds on sourdough toast

£5.95

add smoked salmon or bacon

£7.95

Peanut Butter + Banana Toast

Peanut butter + jam topped with sliced banana + apple,
sprinkled with cinnamon + seeds on artisan toast

£5.50

Springs Full English

Local butchers pork sausage + bacon, mushrooms, roasted vine
tomatoes, baked beans + fried eggs. Served with artisan toast.

£9.95

Breakfast Sandwich

2 x Bacon, 2 x sausage + fried egg

1 filling

£3.50

2 filling

£5.00

3 filling

£6.50

+ half avocado for £1

Artisan bread toast with butter + homemade jam

£2

Real Patisserie Pastries

(See counter for what's available)

If you have any allergies, please inform a member of staff.

