



Verano Strawberry Avocado Salad

Ingredients

- 1 Cup VeggUP Goddess Dressing
(recipe available on our site)
- 1 pkg (4oz) Lettuce Mix [*Blue Barn Farms]
- 1 pkg (4oz) Spinach Baby Greens
- 1 pkg (4 oz) Goat Cheese [*Percy's Mills Farm]
- 1 Pint Strawberries fresh-picked, quartered
(put some aside for garnish)
- 1 Large Avocados Ripened - diced
- ½ Cup Walnuts or Slivered Almonds
- 2 Tbls Pumpkin Seeds
- ½ Red Onion, small and thinly sliced
(optional)



Directions

Summer Time Salad

- Wash and dry all salad greens
- In large salad bowl toss all salad greens
- Crumble and add Percy's Farm Goat Cheese
- Add in fresh Strawberries quarters and Avocado
- Toss in pumpkin seeds and walnuts or slivered almonds
- Pour VeggUP Goddess Dressing over gently combine using salad tongs
- Garnish with reserved fresh Strawberries quarters and Avocado

Make it your Own - add in your combination of greens and Enjoy!

* Support your local farmer's market wherever possible