



Happy Monday, ISO FIT NATION!

This week's menu is now available! Go to isofitmeals.com and check out our latest offerings, as well as some classic ISO FIT favorites. Please place your order by noon on Friday, May 3rd, to take advantage of our delicious and nutritious meals.

Your Monday Motivation for the Week of April 29th

Buy a set of medium-weight dumbbells or resistance bands so you can work out while you watch TV.

Promo of the Week: Early Bird Discount



Place your order before Wednesday at 5:00 p.m. ET and use one of the coupon codes below to earn spectacular savings.

- Earlybird15pack for 20% off your order of 15 meals or more!!!
- Earlybird10pack for 15% off your order of 10 to 14 meals
- Earlybird5pluspack for 10% off your order of 5 to 9 meals

Save BIG on Our 21 Meal Pack!

We are reducing the price of our 21 Meal Pack to \$149, a savings of over 20% off of our regularly priced meals!*



Click [HERE](#) to order

When you order one of our Value Meal Packs, our chefs will choose 21 of our delicious meals for you to enjoy including:

- 7 Breakfast &/or Snack Selections
- 7 Lunch Selections
- 7 Dinner Selections

So give our Chef's Selections meal program a try and let us customize your meal experience!

*Value Meal Packs are not eligible for promo/discount codes.



F45
8 WEEK
CHALLENGE
29 APRIL - 23 JUNE

DAILY MEAL PLANS
WEEKLY BLOGS & VIDEOS
45 POINT PLAN



ISOFIT Partnering with F45 Training North Smyrna

ISOFIT is proud to announce our new partnership with F45 Training North Smyrna! Their facility will be featuring ISOFIT as a healthy meal option as part of their latest 8 Week Challenge, which kicks off today!

New to F45? F45 is a revolutionary training system that is changing lives around the globe. Born in Australia, this phenomenal system is the most innovative, challenging, and systemised team training workout in the world.

Their F45 Challenge program is designed to help you achieve your goals in every way possible. Whether you are looking to reach your goal weight, tone up, or increase your fitness level, F45 can provide you the tools and support you need to succeed.

Want to know more about F45 or interested in joining the F45 8 Week challenge? Email us at Support@ISOFITmeals.com or visit F45 North Smyrna at 2440 Atlanta Rd SE Suite 400 Smyrna, GA 30080 for more information.



REMINDER: New COOL Meal Delivery Option

Have you checked out our new Cooler Bag Meal Delivery option?

If not, here's how it works. On your meal delivery day our team will place your meals in an insulated cooler bag packed with ice packs. Your delivery driver will then deliver your meals to your door during our delivery window of 10 am to 3 pm. If you miss your delivery, no worries! The driver will leave your meals at your door. The insulated bags will keep your meals cold for up to three hours, allowing you extra time to get your meals into your fridge.

To take advantage of this option, simply select "Cooler Bag Delivery" at check out. Note that there is a \$5 surcharge for the bag and ice packs. However, the bags and ice packs are reusable, which means you can use them again for future orders and skip additional surcharges.

When placing a future order, select the regular delivery option and indicate in the notes section that you will be using your cooler bags. Then, simply place your bag(s) outside your door with the re-frozen ice packs on delivery day and our drivers will place your meals in your bags.

Note that this option is available for orders over \$30. Food will not be left at the door without a cooler bag and no refunds will be given for deliveries missed due to customer not being home or forgetting to leave a cooler bag for drivers.

Customers who forget to leave cooler bags for drivers will need to make arrangements to pick up their orders from our store front location.

"Your body can withstand almost anything; it's your mind you have to convince."

– Unknown



©2019 ISOFIT Meals | Austell, GA 30106, USA

[Like](#) [Tweet](#)

[Web Version](#)

[Preferences](#)

[Forward](#)

[Unsubscribe](#)

Powered by
GoDaddy Email Marketing®