

Nigahban



TOUCHING LIVES

Surgical Unit V, 2nd Floor, Civil Hospital Karachi, Baba-e-Urdu Road, Karachi-74200 Phone: 021-2749086

UPGRADATION OF SURGICAL UNIT V, CIVIL HOSPITAL ANOTHER STEP TOWARDS BETTER SERVICE

Surgery is one of the most sensitive procedures which needs expert hands, excellent tools, and total care both pre- and post-operation.

To meet with the requisite of care in every sense, NIGAHBAN has taken the initiative exactly in line with its objective:

to provide quality care in a properly equipped and hygienic environment to facilitate the treatment and recovery of poor patients.

The beginning was at Surgical Unit V, Civil Hospital, consisting of two Male wards, two Female wards, High Dependency Unit and Gastrointestinal Investigation Unit-engaged in the treatment of digestive ailments. This has been possible in partnership with generous and

caring citizens who have stood behind Nigahban to give a complete new look to Surgical Unit V. This important Department covers every area for best services starting from minor to major post operative care.

From walls and flooring to equipment, every thing has been

refurbished to give a new lively look to the Unit. The Endoscopy equipment now installed at the Unit is not available anywhere else throughout Sindh. Moreover, special teaching facilities for under graduates, post graduates and para-medical staff have been provided to make the Unit a perfect place for the beginning of their careers and providing best service to the Hospital. This major refurbishment effort has been completed at a cost of Rs. 10 million.

With a capacity of 36 beds, the Unit is now serving its patients like never before. The output of the Department has also increased tremendously and there has been a sudden jump in the number of patients treated in Surgical Unit V since the establishment of Gastrointestinal

Investigation Unit.

The Unit was formally inaugurated on October 18, 2006 by Provincial Health Minister, Syed Sardar Ahmed. Members of Nigahban, Civil Hospital Management,

and other distinguished personalities were also present on the occasion.

Despite this major effort, the Unit still needs Rs. 7 million for important surgical and supporting equipment.

Nigahban appeals to you to come forward and help maintain this Care for Health especially of the under-privileged.



Provincial Health Minister, Syed Sardar Ahmed, inaugurating upgraded Surgical Unit V



State-of-the-art Endoscopy Suite

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High Dependency Unit



A view of the Endoscopy Unit



Female Ward



Male Ward



Patients recuperating after endoscopy

High Dependency Unit taking care of life to smile again

With a dedicated and highly skilled staff of 15, the High Dependency Unit at Surgical Unit V of Civil Hospital Karachi works round-the-clock. There are four beds in this Unit providing 24-hours special care to non-affording.

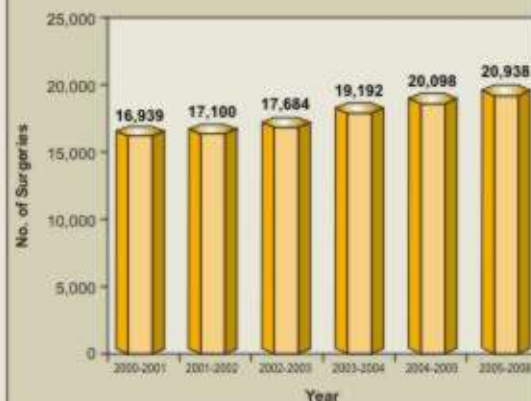
High Dependency Unit (HDU) plays a vital role in providing specialized care and monitoring patients in critical conditions after surgery, ensuring relief and confidence of recovery.

The Unit has most modern equipment including Central Oxygen System, suction system monitoring by each bed, Defibrillator and ECG machine. As much as Rs. 3,000 to Rs. 4,000 per patient are spent at this unit every day for their best care and usually the stay of any patient at the HDU is at least five days.

With rising inflow of patients at Civil Hospital, there is a dire need for more such units. The construction plan for a new unit is underway for which Nigahban needs help. Most importantly, the High Dependency Unit needs to be converted into an Intensive Care Unit. Some of the requirements for the upgradation of this Unit are Syringe Pumps, Patient Control Analgesia machines and a ventilator.

We need your support in making this important facility available for more patients who come to us with only a lingering hope of kindness and care.

Surgeries Performed (2000-2006)



Responding to care!



Quality treatment in pristine environment

What is Endoscopy & Why is it Performed?

Endoscopy allows physicians to peer through the body's passageways. It is an examination & inspection of the body organs or cavities using a flexible tube called an endoscope. Video endoscopes are now used in conjunction with a video recorder and the images of any endoscopic procedure can be documented.

Endoscopy can be used to diagnose various conditions by close examination of internal organs and body structures. Endoscopy can also

guide therapy and repair, such as the removal of polyps, banding of varices, insertion of stents in cancer patients and removal of CBD stones. Biopsy (tissue sampling for pathologic testing) may also be performed under endoscopic guidance.

Internal abnormalities revealed through endoscopy include: cancer, inflammation, ulcers, bleeding, varices polyps, CBD and pancreatic stones and other abnormalities.



Can Live Through With Care

For a poor man, nothing is cheap - not even daily food. So health care is out of the question.

Sixteen years old Mohammad Usman is a son of a penniless labourer hailing from Hyderabad. His story sounds ordinary until you know that he has been living with a tumour and with no money to get it treated. With monthly wage of Rs. 2,000, and Usman's father's family of seven to feed every day, there was no hope for them! Had it not been for his ailing son's referral to Civil Hospital, this

ordeal would have crushed him completely!

Muhammad Usman has now undergone a second phase of surgery fully funded by Nigahban and the family has not been burdened with any cost. Usman is getting the best treatment available today at Surgical Unit V. Up to Rs. 75,000 have been spent on him during the last one and a half months from daily medicines to surgery to post-operative care.

Nigahban is a hope for many more Usmans with support from kind people.



Commitment to serve!

Gratitude From Nigahban For ZVMG Rangoonwala Trust's Valuable Support



Eleven Oxygen Systems worth more than three hundred thousand rupees have been very kindly provided by the ZVMG Rangoonwala Trust for Surgical Unit V. These life saving systems are installed throughout the Unit and the oxygen is provided free of cost by the Hospital administration to the many patients who are unable to afford this facility.

This important contribution is not merely a facility but actually the form of

care which we aspire for poor patients.

We are grateful to ZVMG Rangoonwala Trust for this

magnanimous and thoughtful contribution that will keep on improving the quality of treatment provided to the patients.



Endoscopy Suite: Another Helpline Facilitating Poor Patients at Civil Hospital

With the kind support of caring people, we have established the Endoscopy Suite in Civil Hospital. The suite is renovated and equipped with top-of-the-line equipment including: ERCP Equipment, high resolution endoscopes and endoscopic ultrasound.

This facility is the only one available in the Sindh province and the equipment has been fully funded by the Government of Sindh.

More than 15 to 20 endoscopies are performed

twice a week and the treatment is provided to poor patients totally free of cost. Disposables and surgical tools worth Rs. 70,000 to Rs. 80,000 are purchased every week thus maintaining the highest level of sterilization.

We, at Nigahban, are delighted with this contribution that we have made. This is our latest project after our on-going project of refurbishing and supporting Surgical Unit V at Civil Hospital.

Thank You!

Nigahban would specially like to thank all the friends who have helped our cause a step further without coming out of the curtain. These people do not give or participate in worthwhile causes to make a name for themselves. Rather, their aim is simply to serve along with organizations like Nigahban which are trying to make a difference in our society.



Message by Dr. M. Saeed Quraishy, General Secretary, Nigahban Welfare Association

I have had the honour of serving patients at the Civil Hospital for a number of years both as a surgeon and as the Medical Superintendent of the Hospital. Each day of my life carries scores of true stories relating to the poor, their empty pockets, and bandage of care by Civil Hospital.

Having gone through this experience, I decided that there has to be a circle of support around Civil Hospital which helps this huge health care facility of Pakistan with better equipment and more resources.

Nigahban is a circle of support Touching Lives for the revival of healthy life at Civil Hospital of which I am a part. Comprising of some kind-hearted citizens and members of the corporate sector, we started

Nigahban not only to provide free treatment, but also to ensure care and kindness which the ailing rightfully deserve!



We have initiated our work by developing an area of the Hospital and upgradation of Surgical Unit V was the first step. Every patient recovering and leaving Civil Hospital is an achievement and each one increases our urge to do more.

We have visualized Civil as the health care provider where each and every step of the treatment is our only priority. We need your support in transforming this vision into a reality!

Name: _____ نام:

Company: _____ کمپنی:

Address: _____ ایڈریس:

Telephone: _____ ٹیلی فون:

E-mail: _____ ای میل:

Amount donated: _____ رقم عطیہ:

Donation / Zakat: _____ عطیہ / زکوٰۃ:

I am enclosing a cheque for Rs. _____ Only

(All donations must be in the form of a crossed cheque in favour of "Nigahban").

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LIVES



Please send your contribution to:

The General Secretary, Nigahban
Surgical Unit V, 2nd Floor, Civil Hospital Karachi, Baba-e-Urdu
Road, Karachi -74200. Phone: 021-2749086 Fax: 021-9215708
E-mail: nigahban@gmail.com

