



# TOUCHING LIVES



Patients in Medical Ward of Surgical Unit IV

## HIGHLIGHTS

- Free treatment and medicine for poor patients
- Forty-nine departments
- Well qualified staff
- Over two million patients treated in 2009
- Surgery : The most expensive treatment
- Installation of the latest ERCP and SCD Compression System to provide best facilities to patients



Female patients in Medical Ward of Civil Hospital



حضرت ثوبانؓ سے روایت ہے کہ رسول اللہؐ نے فرمایا: ”پیارا پرسی کر نیوالا جب تک مریض کے پاس رہتا ہے بہشت کے باغ میں ہوتا ہے۔“ (مسلم)

## جب تیمارداری اور عبادت کا اس قدر اجر ہے تو سوچئے ایک مریض کے علاج کیلئے زکوٰۃ و عطیات دینے کا کتنا اجر ملے گا۔

سول ہسپتال کراچی میں ہر سال بیس لاکھ سے زائد مریضوں کو علاج فراہم کیا جاتا ہے ان میں سے تقریباً 90 فیصد آپ کی زکوٰۃ و عطیات کے مستحق ہوتے ہیں۔ نگہبان ویلفیئر ایسوسی ایشن اس سلسلے میں ہر سال ہزاروں مستحق مریضوں کو بلا معاوضہ علاج فراہم کر رہی ہے۔ اس کے علاوہ جدید آلات کی فراہمی کے ذریعے علاج معالجے کی سہولیات بہتر بنائی جا رہی ہیں۔ یہ سب کوششیں آپ ہی کی مدد سے سول ہسپتال کے نادار مریضوں تک پہنچائی جا رہی ہیں۔

جیسا کہ آپ سمجھتے ہیں یہ ایک ہمہ وقت کام ہے اور آج کل کی بگڑتی معاشی صورت حال غربت میں مسلسل اضافے کا باعث بن رہی ہے۔ جس کی وجہ سے سول میں آنے والے مستحقین کی تعداد میں بتدریج اضافہ ہو رہا ہے۔ صورت حال یہاں تک پہنچ گئی ہے کہ علاج مہنگا ہونے کے باعث سفید پوش طبقہ بھی معیاری رعایتی علاج کیلئے سول ہسپتال کا رخ کرتا ہے۔ نگہبان کی ہمہ وقت کوشش رہتی ہے کہ ہر مریض کو مکمل علاج فراہم کیا جائے۔

آپ سے گزارش ہے کہ آپ ہمارے ساتھ اس نیک کام میں شامل ہوں اور اپنی زکوٰۃ و عطیات ایسے مریضوں کے لیے بھجوائیں جو درحقیقت اس کے مستحق اور اصل حقدار ہیں۔



## Renovation of Dental OPD and Wards at Civil Hospital

### More Than Just Medical Care

Medical care, in true sense, includes treatment in an environment conducive to recovery. Patients need a good hygienic environment along with medicines. Keeping this in mind, the following departments were renovated in 2009.

a) The Dental OPD of Civil Hospital was completely overhauled and a modern hygienic look was given to it. This department annually caters to more than 40,000 patients.

b) Medical Wards No. 1 & 2 and Surgical Wards No. 1, 2 and 4 were renovated along with new equipment for cleanliness and hygiene. Each of these wards has 50 beds.

The total cost on these renovations was more than Rs. 240 million. These renovations were done with the support of Government of Sindh and the generous help from the corporate sector and individuals.

With these renovations we are now able to provide even better health care to every patient.

سبحہ حادثات  
فوری طبی امداد



A view of the entrance of Civil Hospital's Accident & Emergency Department

More than 900 patients arrive at Civil Hospital's Accident & Emergency Department every day. Many of them could have gone to other hospitals but the quality care and their poor financial status brings these people here.

Even better, this care is now much more enhanced as a result of Rs. 36.3 million invested in Civil Hospital's Accident and Emergency Department through the support of the Government of

Rs. 36.3 million were invested in Civil Hospital's A&E Department. This project was supported by Government of Sindh.

Sindh.

Serving 24 hours a day and seven days a week, the staff of Civil Hospital's Accident & Emergency Department is now serving patients through newer and updated facilities.

The department now has a new C.T. Scan, X-Ray and Ultrasound facility.

Sixteen Slice CT Scanner worth \$400,000 have also been added with the generous support of Edhi

Foundation & anonymous donors. In the present law and order situation, Civil Hospital is efficiently serving the injured with the best available resources in its Emergency Department.

Such upgradations are critical to keep up the services for the heavy influx of patients. This requires continuous and generous support from everyone so that the facilities at Civil Hospital keep on improving along with free and quality treatment for an increasing number of poor patients.

## Trusted For Our Expertise, Chosen For Our Care

With 1,840 beds, Civil is the largest hospital in Sindh serving patients since 1895. The otherwise expensive facilities are strategically made available in this Hospital which is **dedicated to the poor**. An average of two million patients enter the gates of this mammoth hospital every year of which 90% are non-affording who, **if not provided medicines, will not use them at all!** Rs. 760 million are spent on the upkeep of the facilities and provision of free medical care every year.

With forty-nine departments, Civil Hospital is providing all kinds of health facilities. *The first Burns Unit of Pakistan was set up in Civil Hospital and for a long time it was the only Burns Unit in the country.*

Nigahban Welfare Association is providing assistance to Civil Hospital through Surgical Unit IV which is upgraded and refurbished. It is also helping to provide treatment on a large scale to poor patients. Medical services worth Rs. 12 million were provided by Nigahban in

2008-09. Apart from this, Nigahban's management is ensuring renovation of the wards and keeping the campus hygienic and clean. We are very grateful for the continued assistance of the business community to improve facilities and increase our treatment to the poor.



## Renovation of Civil Hospital's Accident and Emergency (A&E) Department

One of the best performing Accident & Emergency Departments in Pakistan got even better!



## KESC Provides Civil Hospital With Double Electricity Back Up

We are delighted to announce that Karachi Electric Supply Company has completed double electricity supply backup project at Civil Hospital to ensure uninterrupted power supply to Civil Hospital.

With our adding new high technology surgical equipment such as Video Laparoscopy System, ERCP equipment, and complete renovation of the Emergency Operation Theatre, the electricity needs of the Hospital have increased considerably.

The KESC has carried out this fast track project under the Corporate Social Responsibility program at its own capital cost.

Dr. Muhammad Saeed Quraishy, General Secretary, Nigahban Welfare Association of Civil Hospital expressed his appreciation of KESC's voluntary contribution towards one of the busiest medical facilities in Karachi and said that this would continue to benefit the patients in the years to come.

## Nigahban keeping up with advancement in Health Care.

Hospitals today look drastically different than they did as little as a hundred years ago. The major change has been in the availability of new medical equipment. Today, the hospitals have far better equipment than ever before. This equipment has helped advance medicine greatly and saved millions of lives.

Nigahban Welfare Association at Civil Hospital Karachi has also been facilitating its patients with advanced medical care system. In this effort, the continuous addition of new equipment is an integral effort of Nigahban Welfare Association. In the past six months, we have managed to

acquire the following essential equipments with the generous support of caring organizations and corporate entities:

1. **ERCP Equipments** have been installed at Surgical Unit IV and these have been in operation since the first week of June 2010. This installation has upgraded the facilities and made the diagnostic capabilities more comprehensive. This has made a special difference to the diagnosis and treatments of bile ducts and cancer of the abdominal area.

*The installation of this much needed equipment has been made possible with the generous help of Pakistan State Oil, INFAQ*

*Foundation and Bank Alfalah, Al Abid Silk Mills & PPL.*

2. An **SCD Compression System** has been installed at Surgical Unit IV, Civil Hospital Karachi. This critical equipment has been in operation since the beginning of June 2010. This equipment is essential to maintain the blood flow and prevent it from clotting during surgeries which is essential for the survival of the patient.

*We are deeply grateful to Artistic Garments, ORS Corporation and IGI Insurance who have helped us in our effort of installing the SCD Compression System.*

## Still a Lot more to be done:

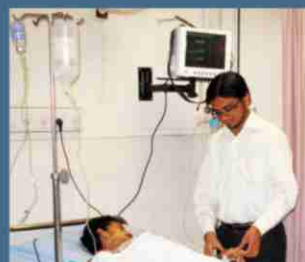
Nigahban Welfare Association needs to bring in the following surgical equipment for the poor patients of Civil Hospital in which we require your help. Please remember that these life saving equipments provide relief to Zakat deserving patients:

1. **Colono-video-scope** is used for diagnosis, thorough observation & biopsy, and treatment of ulcers, bowel diseases, cancers and polyps in the large intestine. It uses an endoscope with a camera and a light at the distal end. Nigahban at Civil provides this critical service to hundreds of patients every year. We now require an updated version of this equipment for better services to the deserving. One

Colono-video-scope costs Rs. 2,650,000.

2. **Gastro-intestinal Videoscope** allows the doctor to look inside the patient's food pipe, stomach and some part of the small intestine with the help of a tube containing a small camera and a light. To make this facility more efficient, Nigahban plans to purchase the latest Gastro-intestinal Videoscope at an outlay of Rs. 2,450,000.

To make these facilities available, we need the generous support of the corporate sector in the form of partial and full sponsorships.



Dedicated patient care at Surgical Unit IV





Message by  
Dr. Muhammad Saeed Quraishy  
General Secretary  
Nigahban Welfare Association and  
Medical Superintendent  
Civil Hospital Karachi

My work with Civil Hospital and Nigahban has been to look after the rights of the patients. We strive each day to improve our efforts and provide solace to our patients. I am very happy that we are able to provide good medical care to two million patients every year. We are also focused on replacing old equipment so that we can provide even better care to our patients. I am proud to announce that we not only introduced Video Laparoscopy in Surgical Unit IV but also instituted a new Endoscopic Retrograde Cholangio

Pancreatography and SCD Compression System at an outlay of Rs. 7 million. These are great additions to our facilities and we are now able to provide even better services to our patients.

The world is continuously progressing and we aspire to stay apace with the most modern advancements in health care. In this

regard we have initiated our project of complete refurbishment of the Emergency Operation Theatre.

We need your participation and

support to continue our journey to provide comfortable and respectable health care to poor patients of Civil Hospital Karachi.

Please send your Zakat to Nigahban so that more and more poor patients can benefit from your giving.

### A Special Thanks!

Nigahban would especially like to thank BAWA Securities for generously sponsoring our newsletters. Their continuous support to the cause of Nigahban is deeply valued.

“ Prayer carries up half way to Allah Almighty, fasting leads up to the doors of paradise and alms (poor due) procure us admission!”

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(All donations must be in the form of a crossed cheque in favour of “Nigahban Welfare Association”).

**Please send your contribution to:** The Resource Development Department

Nigahban Welfare Association, Surgical Unit IV, 2nd Floor, Civil Hospital

Baba-e-Urdu Road, Karachi -74200. Phone: 021-32072595, 32749086, E-mail: nwa\_chk@yahoo.com.

