



NIGAHBAN - CIVIL HOSPITAL KARACHI

TOUCHING

LIVES

YOUR ZAKAT
CAN CHANGE A LIFE

0304-1112028
0320-2072595

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How Can I Save All of Them Without Your Help?

Prof. Dr. Shahriyar Ghazanfar - General Secretary

In such dire circumstances, all of us need to step forward and support at least one patient, if not more. Each year, we treat thousands of patients who do not even know how serious their ailments are; and if not treated on time, they are headed toward their death.

In 2022 alone, Nigahban treated 2979 patients as health is a basic right of every individual, and it takes approx. 30,000 to 100,000 rupees to save a single patient's life. All of the patients we receive are critically ill and cannot afford expensive treatment at private hospitals. So, NWA is the only hope for them.

Each case we treat represents hundreds of patients, from young to old, who come to us with severe ailments. Patients come to Nigahban with hopeful eyes that we may ease their pain, and I feel a sense of responsibility for them.

As a community, let us not devalue the lives of these patients just because they lack the funds for treatment. Your Zakat/donations are the only hope that can help us save many lives. If you don't support them, they may not survive.

It is my obligation to spend your Zakat/donations wisely and heal these deprived souls. So, this Ramadan, I urge you to support as many patients as possible. Let us join hands and help as many of these patients as we can.

Call to make
a donation:
021-32749086
0304-1112028
0320-2072595

اس رمضان آپ کی زکوٰۃ
مستحق مریضوں کی نگہبان



YOUR ZAKAT COULD MAKE ALL THE DIFFERENCE FOR SOMEONE IN NEED

Patients Who Benefitted from Nigahban in 2022

Shakeela Represents 969 Patients With Gallstones

That Found Relief At Nigahban After Enduring Insurmountable Agony



Shakeela

because she could not afford to bear the expenses of treatment at a private hospital. Shakeela shared the pain she had to endure throughout her life saying, "Though I had been managing my life with this constant pain, but it had gotten so worse that I could not ignore it anymore. The expense of the surgery at other hospitals was more than we could bear. Thankfully, we were recommended to visit the Nigahban Civil Hospital."

One afternoon, my pain suddenly increased to a point where I thought I was going to die then and there.

– Shakeela

She was rushed to the Nigahban Civil Hospital where doctors removed her gallstones via surgery and saved her life. She was finally able to find relief from a decade old agony.

About 20% of people in Pakistan between the ages of 40 to 60 receive treatment for Gallstones each year. Most people live with this condition for years without getting treatment, but once the stones increase in size, it becomes painful to the point where they have no choice but to get an operation. Same was the case with 56-year-old Shakeela from Korangi, who had been living with this agony for over a decade (i.e., 11 years). She delayed her treatment

We have only been able to help Shakeela thanks to your generous donations. This Ramadan, step forward and help many more Shakeelas. Each rupee you donate is a lifeline for someone.

Nigahban ~ A Place of Relief for Those Who Have No One to Lean On

Dildar, a 20-year-old from Sehwan Shareef, is just one of the many patients who come to us from interior Sindh. Dildar had been struggling with appendicitis. As everybody knows, it can be fatal if not treated in time.

His father, who was already struggling to manage the family's expenses, journeyed all the way to Karachi for the sake of his son; hoping he may get a free surgery. He was referred to Nigahban Civil Hospital Karachi where he underwent free-of-cost surgery on 9th February 2023, and is now on the road to recovery. We receive so many time-sensitive cases like Dildar's, both from within Karachi and interior Sindh, where we cannot say no to our patients even when the hospital does not have enough funds. This Ramadan let's donate to the cause of saving the lives of these poor souls who have no one else to turn to.



Dildar



Yasmin

A Fight against Cancer Supporting them in Battle against Cancer

Every single day, Nigahban Civil Hospital Karachi performs 2 to 3 ERCPs (Endoscopic Retrograde Cholangiopancreatography) to identify gastrointestinal issues of the patients. In a normal private diagnostic lab, each ERCP procedure costs approx. Rs. 100,000/-, an amount that many can't afford to pay.

51-year-old Yasmin Tahir from Malir Town faced complications in her liver. To assess the gravity of her illness, she had to undergo some tests that were too expensive for her to even think about. The patient explained her situation saying,

"I am a widow, and my son who is the sole breadwinner for the family, barely earns a few thousand each month. So, continuing to paying for my diagnostics, worth thousands of rupees, was impossible for me".

Knowing that further treatment depended upon accurate identification, she came to Nigahban Civil Hospital Karachi. Here, she was diagnosed with liver cancer after free-of-cost ERCP, blood tests and biopsy.

If your contribution was not there, no one would have known what she was carrying. Now, that her disease has been identified, she is being cured for it. With your kind donations, we can continue the cause of standing with these people in their battles for survival.



can give Someone a LIFELINE!

A Special Thanks!

Nigahban Welfare Association is most grateful to

Bawa Securities

for their continuous support in helping us reach out to caring people.

Standing With Patients In Their Tough Times

According to a study published in 2018 in the Journal of Surgical Oncology, Colorectal Cancer is one of the most common cancers in Pakistan with an overall 5% prevalence rate. People who are above the age of 50 are more likely to suffer from this illness.

52-year-old Muhammad Moosa from Karachi is only one of the thousands of such patients. One year back, he felt abdominal pain and difficulty in bowel movements and went for a check-up at a local hospital. An initial CT scan at a local hospital showed complications in the colon.

"My father was jobless, so we were really worried about the expense of his treatment," said Sajid, Moosa's son who is just a student.

They were then referred to Nigahban Civil Hospital in Karachi where a colonoscopy

revealed that he had colon cancer. Doctors started him on chemotherapy, and then a few months later performed a colectomy (surgery to remove the affected part of the colon). The son expressed his gratitude saying,

"We were relieved that from diagnosis to surgery, his entire treatment was free. Otherwise, we couldn't have afforded to save my father's life. I am now happy that my father's condition is improving."

This Ramadan, help us prevent the sufferings of many people through your donations.



M. Moosa

Moosa is not the only patient of colon cancer who was treated here. In 2022, we performed 463 colonoscopy procedures for diagnosis and provided free treatment.

Because Every Life Is Worth Saving



Dhani Bux

52-year-old Dhani Bux had been experiencing severe abdominal pain for past several years. His son, a laborer by profession, was the only earning member of the family. Though they lived hand to mouth, Dhani's son had no choice but to bring his father to a local hospital for checkup when his pain suddenly became unbearable.

An initial examination revealed serious complication in his intestines that could only be removed via surgery. He shared his plight with us saying, "When the doctors told me about the cost of operation, it felt as if a mountain had been dropped on me. The amount was more than I make in a year."

Luckily, a friend referred him to Nigahban Civil Hospital Karachi, where his father underwent free-of-cost surgery. Dhani is now recovering well and his son feels grateful to all the donors who helped save his father's life when he couldn't.



Waqas

Nigahban Did It Once Again

"As the single breadwinner of my family, I was already struggling to make both ends meet when I started experiencing severe abdominal pain. The skyrocketing inflation combined with my deteriorating health had pushed me into a corner."

Struggling to find relief from my pain, Nigahban was nothing less than a miracle for me.

"I was given the best possible treatment and that too, without paying a penny. The staff and the doctors were very cooperative and caring. Now that I am recovering well, I can see myself living a normal life again."

Waqas represents all of those patients who come to Nigahban with abdominal pain and intestinal issues who find relief from their sufferings.

Help us save more lives! We can't leave the lives of these patients to chance just because they cannot afford the treatment for their ailments. Come forward and donate as much as you can.

Back to Life from the Deathbed

Patients come to Nigahban whenever they have a problem. 30-year-old Muhammad Ali came to us initially at a point where his appendix had burst. Sensing the grave danger to his life, doctors immediately performed the surgery to save him.

A few months later, Ali returned to Nigahban with a serious stoma problem knowing that it was the only place that could save his life. He has a daughter and an abundance of responsibilities. Being a salesman at a clothing store in Lalu Khet, he did not have enough funds to pay for such a complex surgery as he barely makes Rs. 18,000/- in a month.

He underwent surgery on 15th February 2023. By the time you will be reading this, he will be living a healthy life. As per doctors, his condition is improving and he is recovering quickly.

Many poor people suffer from similar and multiple diseases but they are only able to seek the cure when they don't have to pay for it.



M. Ali

Giving Hope to Those Who Have Nowhere Else to Go

Fistula (in men) occurs in the form of a small tunnel that develops between the end of the bowel and the skin near the opening of the bottom, which is usually caused by an infection. It rarely occurs in males and is very difficult to manage.

Kamil, a 35-year-old Karchobi (کرجوبی) from Malir, was the only breadwinner in his family. As his work required sitting for long hours, he had developed a wound on his hip which later got infected and transformed into a fistula.

Struggling to make ends meet, Kamil could not afford to delay his treatment and

sought relief at a local hospital. However, despite undergoing two surgeries, he couldn't find a cure to his ailment. His wife shared the desperation they had felt at the time saying,

“His surgeries had emptied out our pockets but his fistula still hadn't been cured and it worried us beyond measure.”

A relative referred them to Nigahban where Kamil finally found respite from the



Kamil

agony that he had been enduring for months. From tests to surgery, the entire treatment was free. Kamil, like all our other patients, will be able to live a fuller life only because of the generosity of people like you, our donors.

It is Not Every Day That We See Someone Coming to Nigahban with Their Intestines Hanging Out of the Abdomen...



Ali Raza

Every year Nigahban receives patients from all over Sindh, who are in dire need of help. 18-year-old Ali Raza from Hyderabad met a horrible bike accident that resulted in fatal injuries. While his legs and arms were fractured, he had also sustained major internal injuries. Ali underwent an operation at a local hospital but it didn't help him recover. To make matters worse, his family had no means to pay for his treatment. Ali shared his desperation saying,

“My father passed away and my uncle, a farmer, is the only earning member who supports a family of 10.”

When Ali came to Nigahban Civil Hospital, his intestines were hanging out of his abdomen. Moreover, his fractured legs and arms also had not healed. A group of doctors sat down to discuss multiple issues Ali was facing and to decide the right course of treatment to help him heal. Several tests were conducted to get a clear picture of the situation that included a CT scan, X-Rays, and Biopsy. Today, he is receiving the treatment and care he needs and we are hopeful that he will be going home soon.

Whether it is a simple case or a complex one like Ali's, we need your support on a daily basis.



آپ کی امداد ضروت مند افراد کی نگہبان

آپ کی زکوٰۃ نے نگہبان ویلفیئر ایسوسی ایشن کے لئے ممکن بنادیا کہ سول ہسپتال کراچی اور اس کے گرد و نواح میں بروقت مفت علاج اور مفت ادویات کی سہولت فراہم کی جائیں۔ ہر سال ہم ہزاروں نادار مریضوں کو آپ کی زکوٰۃ کی بدولت جدید آلات کی مدد سے ایسی طبی سہولیات فراہم کر رہے ہیں جو کہ پرائیویٹ ہسپتالوں میں ان کی پہنچ سے دور ہیں، جیسا کہ وہ ان سہولیات سے استفادہ اٹھانے کا تصور بھی نہیں کر سکتے۔ ہر سال بہت سے مستحق اور سفید پوش لوگ ان سہولیات سے فائدہ اٹھا رہے ہیں۔

اس رمضان آئیے ان نادار مریضوں کے لئے اپنی زکوٰۃ و عطیات نگہبان ویلفیئر ایسوسی ایشن سول ہسپتال کراچی بھجوائیں، تاکہ مشکل وقت میں ہم ان کا سہارا بن سکیں۔

Name: _____ Company: _____

Address: _____

Telephone: _____ E-mail: _____

Amount donated: _____ Donation / Zakat: _____

I am enclosing a cheque for Rs. _____

0304-1112028 0320-2072595

(All donations must be in the form of a crossed cheque in favour of "Nigahban Welfare Association").

1 Sponsor Disposable Items:

- ☐ Rs. 10,000
- ☐ Rs. 25,000
- ☐ Rs. 50,000
- ☐ Others: _____

2 Sponsor Equipments:

- ☐ Rs. 500,000
- ☐ Rs. 1 million
- ☐ Rs. 2 million
- ☐ Others: _____

3 Sponsor Surgeries / Procedures:

- | | | | |
|--|-------------|--|-------------|
| <input type="checkbox"/> Gastroscopy | Rs. 30,000 | <input type="checkbox"/> Sigmoidoscopy | Rs. 30,000 |
| <input type="checkbox"/> Colonoscopy | Rs. 40,000 | <input type="checkbox"/> Appendix | Rs. 40,000 |
| <input type="checkbox"/> ERCP | Rs. 100,000 | <input type="checkbox"/> Gallbladder | Rs. 70,000 |
| <input type="checkbox"/> Endoscopic Ultrasound | Rs. 150,000 | <input type="checkbox"/> Colon Cancer | Rs. 150,000 |

Please send your contribution to: The Resource Development Department,
Nigahban Welfare Association, Surgical Unit IV, 2nd Floor, Civil Hospital Baba-e-Urdu Road, Karachi - 74200.
Phone: 0304-1112028, 0320-2072595, 021-32749086, E-mail: nwa_chk@yahoo.com.



Surgeries performed since 2016

