## **Problems And Solutions: Trust Issues**

Sunday AM 10/21/18

#### Introduction:

There are certain people we tend to trust—doctors, policemen, our spouse, preachers(?). There are people we tend to not trust—used car salesmen, politicians, door to door salesmen, preachers(?).

## I) Trust issues can develop in almost any relationship.

#### A) Reasons -

- 1. Bad experiences (Swans Salesmen)
- 2. Being let down- lies, promises made but broken, inability on the part of the other person to fulfill their task, betrayal.

#### B) Results of trust issues.

- 1. Become skeptical/critical/suspicious.
- 2. Think of worse case scenarios.
- 3. Tendency to hold back so as to not be disappointed.
- 4. Lack of growth in those relationships as we expect to be hurt and disappointed.

## C) See this in various relationships.

- 1. Employer/employee—each thinks the other is trying to cheat them.
- 2. Marriage- spouses question each other.
- 3. Child/parent relationship—when one doesn't trust the other.
- 4. Our relationship with God. We might know what God says but we hold back.
  - a. Examples—Gideon in *Judges 6.22, 36-40* he knew the angel was from God but still needed reassurance.
  - b. Paul with John Mark *Acts 13.13; 15.37-40*

## II) Why We Might Have Trust Issues With God

- A) We might doubt His truthfulness, *Hebrews 6.18* 
  - 1. We can take consolation that everything God says is true.
  - 2. In our relationships—marriage, child rearing, employee/employer, in the church.
  - 3. In helping us deal with sin, 1 Corinthians 10.13
- B) We might doubt His power and ability to fulfill His promises, 2 Samuel 22.3.
  - Shadrack, Meshack, and Abed-Nego had complete trust in God, *Daniel 3.16-18*

2. To answer our prayers, *Ephesians 3.20*.

# III) Trust Is Important

#### A) Faith, Trust, and Obedience are linked together.

- 1. Faith is based on God's word, *Romans 10.17*
- 2. Obedience is actually doing what God says to do. *Romans 1.5. Matthew 7.21*
- 3. Trust is based on faith and results in obedience sometimes despite what we want or think.

## B) Things we should not put our trust in:

- 1. Those aligned against God and His people. 2 Kings 18.22, 30
- 2. The power of men, *Psalm 20.7*. It was not until King Solomon do we read of Israel using horses in battle.
- 3. In man, *Psalm 118.8-9*.
- 4. In idols, *Isaiah 42.17*
- 5. In the uncertainty of riches, 1 Timothy 6.17.
- 6. In idle speculation and human philosophy, *Col.* 2.8,14

## C) Things we should put our trust in:

- 1. God—*Psalm 20.7b, Psalm 118.8-9b*.
- 2. Jesus John 1.17

- 3. The word of God Psalm 119 extols the power and virtue of God's word.
  - a. If the Bible is rightly studied and applied it will make us good servants of God.

#### **Conclusion:**

Psalms 56:3 -- What time I am afraid, I will trust in thee. Do you really trust God? If so then you will obey Him.