Burden Bearing

Introduction: My recent surgery gave me cause to think about certain things. One of those deals with “burden bearingIn the Bible we read about burdens and burden bearing.

**I) Different Biblical Burdens**

**A) burdens placed on us by others, Matthew 23.2-4**

1. They were of the “don’t do as I do but do as I say” variety

2. This is terribly unfair because it demands from others what you are not willing to do.

3. There are various burdens people can place on others.

**B) Burden of carrying or harboring a , Lev. 19.18**

1. This is demanding perfection from others.

2. Vengeance seeks to take revenge on others for what they have done to us, **Romans 12.19.**

3. The fact is the one bearing the burden is not the other person but it is the one harboring a grudge.

**C) The Burden of the , Acts 15.10**

1. Let us understand the point Peter is making.

a. The Law of Moses was God’s Law, it was perfect in its justice.

b. However, justice demands punishment of the unjust, the law breaker.

c. A Jew could offer sacrifices to appease the Law and delay punishment but it could never grant forgiveness.

2. Therefore the burden was always present, year after year. **Hebrews 10.3-4**.

**D) The burden of , Genesis 4.13**

1. Sin and guilt will weigh us down and deprive us of our life.

2. Sad to go to a funeral where there is no hope.

3. The burden of perfection is heavy for none of us will meet that standard.

**II) What The Bible Says About Burden Bearing**

**A) Be fair and with others, Matthew 5.20**

1. Don’t demand more from others than what God demands from them.

2. How many times do we place more conditions on forgiveness than God does? **Matthew 15.6.**

**B) Help one another , Galatians 6.2**

1. Some burdens can be made lighter by sharing the load

2. There are burdens we all share and there are burdens we must handle by ourselves. But we need to know the difference.

**C) Doing the right thing can make burden bearing easier**

1. The right thing is? Seek forgiveness from God. Lighten the load**, Matthew 11.29-30**

2. The right thing is seek forgiveness from others

3. The right thing is forgive others, **Luke 17.3-4**