

Dealing With Disappointment(s)

A few days ago, Kentucky Wildcat fans had their hearts torn out and stomped flatter than a pancake. Our beloved team lost in the first round of the NCAA tournament. After a restless night of sleep, and much mental anguish, I thought of “dealing with disappointments.”

Disappointments are a part of life. Of those who went on line and fill out their NCAA brackets, approximately 98% had Kentucky winning this game and most had them going to the final four. This gets me to my first point, even the most successful in life face trials and disappointments. The key is to get up, brush yourself off, and keep going. No one ever obtains success by quitting.

There are “disappointments” and then there are “DISAPPOINTMENTS.” You know what I mean, some of our disappointments are trivial in the long run, they are trivial. Perspective is important in life as we must keep our eye on the big picture. Going to heaven and helping others get there is really important and we don’t want to be disappointed on the day of judgement. The most disappointing words we will ever hear is recorded in Matthew 7.23; “And then I will declare to them, ‘I never knew you; depart from Me, you who practice lawlessness!’”

Disappointments often come from our failures or perceived failures. Early in my preaching days, I gave a lesson which was way to long. It was bad, let me stress this, “IT WAS BAD!” I learned a lot from that lesson and tried to make changes. Let us use our disappointments to learn and do better. - - Dennis Tucker