Five Things about Couples

Introduction: Recently I read an article “Science Says These 5 Things Happen To Couples Who Have Been Together a Long Time.” I will admit that some of the following might be disturbing but they are true.

**I) Five Things With Couples**

**A) You and your partner develop your own private language**

1. Described as “inside language”

2. It establishes a unique, shared identity. Such as nicknames, inside jokes

3. The more often couples used secret words and phrases, the happier they tend to say they were.

**B) You stop self –censoring**

1. The way most of us speak with strangers, acquaintances and close friends is markedly different from how we talk when were are with our partner.

2. This develops over time and as we develop a sense of trust and closeness to each other.

**C) You start to sound alike**

1. In addition to having their own private vocabulary, long term couples eventually “start to match each other in their basic rhythms and syntactical structure of their speech.

2. “Emotional contagion” basically when two people spend time together, they begin to match each other speech pattern. Accent, pauses, sentence structure, even text messages.

**D) You start to look alike**

1. They start to mirror each other.

2. Muscle patterns start to mirror each other, they have the same lifestyle.

3. “Shared coordinative structure” we harmonize our gazes, body sway, mannerisms and how we speak.

**E) You have a bunch of inside jokes that no one else thinks are funny**

1. Shared expressions and memories.

2. Perhaps what your children did when they were young, just mentioning a vacation spot, etc.

**II) What These Five Things Tells Us**

**A) Good marriages have good communication, Colossians 4.6**

1. Be open with each other, think Song of Solomon and the open expression of love.

2. Good communication involves speaking to each other often, **Ephesians 4.25-27**

3. Don’t hold grudges but don’t use open communication to be hurtful.

**B) The influence we have on each other for better or worse, Genesis 1.24-5**

1. Christian married to non-believers can have a great influence on the un-believer, **1 Corinthians 7.14.**

2. The example of a godly person on both their spouse and children, **1 Peter 3.1ff.**

3. See the negative side of this with Solomon, 1 Kings 11.4.

4. We should make it our goal to be an influence for good, to help each other go to heaven, to help our children know the truth.

**C) Building our lives together makes everyone unique.**

1. You and your marriage is special, **1 Corinthians 7.1.**

2. There will be times of trials and troubles that will make your bond closer.

**III) What This Says About Our Relationship With Jesus**

**A) The closer we get to Jesus the more we will have these attributes.**

1. Good communication, prayer, **Romans 8.26-28, Matthew 6**

2. Good communication requires listening and speaking, **1 Thess. 5.17.**

3. Our prayers become our hearts desire without censoring. **1 Peter 5.7**

**B) The longer we live with Jesus the more we trust in Him and His word, 1 Corinthians 2.26-31**

1. Faith is developed and not inherited.

2. Takes a lot of faith to trust in God.

**C) The longer we walk with Jesus the more we should start looking like Him**

1. Paul bore the marks of Jesus, **Galatians 6.17**

2. **Acts 4.13** they had been with Jesus.

3. We are not going to look like Him physically but spiritually.

a. Jesus came to do the Father’s will, **Luke 22.42**

b. Jesus came to do good to all men, **Matthew 5.44**

c. Jesus came to seek and save the lost, **Luke 19.10.**

**D) Our Christian life should be an example of Christ. Matthew 5.13-16**

1. How can we be salt and light? By exhibiting the life of Christ in our daily walk.

2. The best evangelistic tool we have is our manner of life.

**E) Every Christian is unique in the sight of God, 2 Timothy 2.19.**

Conclusion: How is your marriage? What kind of marriage do you want to have? What kind of relationship do you have with Jesus?