Introduction: John 6 is a key chapter in the Gospel. It is the height of Jesus' popularity as great multitudes are following Him. Early in the chapter Jesus feeds 5,000 men with a few fish and loaves of bread. They acknowledge Him as the Prophet in verse 14. Verse 15 explains the crowd was about to come and try to make Jesus their king. At which time Jesus goes toward Capernaum. The next day the crowd follows and comes to Capernaum seeking Jesus. This gets us to a key teaching of Jesus. Often misunderstood.

**A) Two Main Reasons People Follow Jesus v 26**

1. blessings (bread)

2. blessings

**B) Physical Blessings**

1. They wanted more bread, food, miracles to relieve physical ailments.

2. What were they working for? , **v. 27**

3. They want to know what works they need to do? **v. 28**

4. What proof have you give us to believe you are the Son of God? **v. 30**

5. Who actually gave them bread in the wilderness? **v. 32**

**6. What happened to those who ate of it?**  **v. 49**

\*\*\*Physical blessings are good but they are temporary and not comparable to spiritual blessings.

**C) Spiritual Blessings**

1. Endures to , **27**

2. The bread is a " " who came down from heaven, **33, 58**

3. Never or /spiritually, all spiritual blessings are in Christ.

b. Those who believe will be on the last day, **v. 38-40, 44**

4. Coming to Jesus requires , **v. 45**

5. Numerous times in this chapter Jesus stresses He came down from .

6. Numerous times He stresses one must to be saved, **v. 47**

7. Contrast between the manna and the bread of heaven, **v. 49-50.**

8. One must take Jesus and take on His and His , **v. 51**

9. How can one eat of His flesh? **v. 52,** we must feed on Him, **v. 57.**

**D) Two Possible Ways**

1. Literally eat on His flesh.

2. Spiritually -- His sacrifice on the cross, His word gives life, **v. 63**

Conclusion: This was a hard teaching. Many left and followed Him no more. Why? They wanted physical blessings without obedience. We must obey His word in order to receive His blessings.