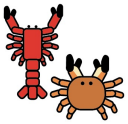
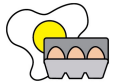
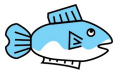
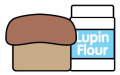
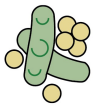
DISHES AND THEIR ALLERGEN CONTENT - Opera Catering Ltd - Opera Cafe Jericho

OPERA CAFE
OXFORD

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Spicy Chicken Wrap		X		X			X		X				M.C.	X
Roast Chicken Wrap		X		X			X		X				M.C.	X
Aubergines Wrap (V)		X		X			X		X				M.C.	X
Falafel Wrap (VE)		X										X		X
Tomatoes, Basil and Pesto Toasties (V)		X					X			X	M.C.			
Mushroom & Spinach Toasties (V)		X					X							
Kimchi Toasties (V)		X					X							
Harrisa Chicken, Rockets & Mozzarella Toasties		X		X			X			X				
Falafel Salad (VE)	X	X										X	X	X
Chicken Ceasar Salad		X		X			X			M.C.		M.C.	M.C.	X
Moussaka (GF if served without bread) (VE)		X												X
Lentil Soup (Gf if served without bread) (Ve)		X												X

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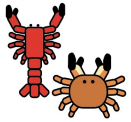
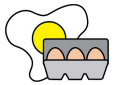
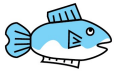
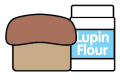
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OPERA CAFE
OXFORD

DISHES														
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Eggs Royale		X		X	X		X						X	X
Eggs, Smoked Salmon & Avocado		X		X	X		X						X	X
Eggs Funghi (V)		X		X			X						X	X
Shakshuka Eggs (V)		X		X			X						X	
Eggs & Avocado (V)		X		X			X						X	X
Moroccan Egg Wrap (V)		X		X			X		X				X	X
Tahini Broad Beans & Avo Toast (VE)		X										X	X	X
Sufra		X		X			X		X			X	X	
Avo & Hash Fry Up (Low Gluten)				X			X					X		X
Breakfast Bun		X		X			X							X

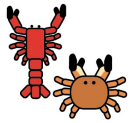
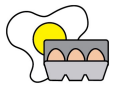
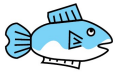
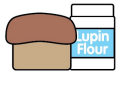
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Plain Toast & Butter		X					X							
Hummus & Toast		X										X		
Poached eggs & Toast		X		X										
Scrambled eggs & Toast		X		X			X							
Mashed Avocado & Toast		X												X
Tiramisu Blondie		X		X			X						X	
Ultimate Carrot Cake (VE)		X								X			X	
Burnt Cheese Cake (Low gluten)				X			X							
Pistachio Cannoli (Low Gluten)				M.C.			X			X	M.C.		X	
Pistachio Cookies		X		X			X			X			X	
Pistachio Baklava		X					X			X	M.C.	M.C.		
Blueberry Muffin		X		X			X							

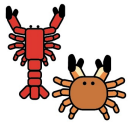
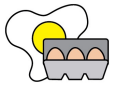
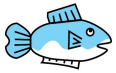
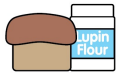
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Maple & Pecan Pie Bar (Ve)		X								X			X	
Lemon Pistachio Blondie (GF)				X			X			X			X	
Chocolate chip muffin		X		X			X						X	
Croissant (V)		X		X			X							
Pain Au Choc		X		X			X							
Cardamom & Chocolate Bun (V)		X		X			X						X	
Cinnamon Bun (V)		X		X			X						X	
Billionaire's Shortbread		X		X			X						X	
Pistachio Creme Brookie		X					X			X			X	
Ultimate Brownie		X		X			X						X	
Banana Bread		X											X	
Walnut & Carrot cake		X								X				X
Chocolate & beetroot Cake		X		X			X						X	

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